

**FOR IMMEDIATE RELEASE**

Friday, October 1, 2015

**Contact:** Kimberly Cohn (510) 893-9230 x262, [kcohn@familypaths.org](mailto:kcohn@familypaths.org)

**FAMILY PATH'S 4<sup>TH</sup> Annual Women's Leadership Luncheon**

**at the Gardens at Lake Merritt, Oakland**

**Oakland, CA** (September 14, 2015) – For over 43 years, Family Paths has served the kids and families of Alameda County with a free 24-hour Parent Support Hotline staffed in English and Spanish and more than 10 different clinical, mental health and supportive services. Our Hotline features a database of more than 900 community Referrals and Resources.

**Join Honorary Chairwoman Courtney Ruby and Keynote Speaker, Sudha Shetty on October 14<sup>th</sup>, 2015. This year, in recognition of October as Domestic Violence Awareness and Prevention Month,** funds raised will provide crucial mental health services to survivors of domestic violence and victims of violence and crime.

**Wednesday, October 14, 2015**

**11:30am-1:30pm**

**Vista Room, Garden Center at Lake Merritt**

**About Family Paths**

Family Paths, Inc. (formerly Parental Stress Service) is a non-profit organization of mental health professionals and dedicated volunteers that provide a number of mental health, counseling and therapy services to low income, multi-stressed individuals and families. We are a multicultural agency committed to serving families of Alameda County regardless of age, ethnicity/race, financial status, language, sexual orientation, immigrant status, class, religion, gender, mental or physical ability. We serve the mental health needs of children and families since 1972, and today we offer services from offices in Oakland, Hayward and Fremont. These services include a 24-hour Family Support and Resources Hotline, a 24-hour Foster Parent Advice Line, CalWORKs Case Management, and Positive Parenting Classes. We also provide counseling for infants, children, adolescents, adults and families.

**Women's Leadership Luncheon**

Our annual luncheon provides networking opportunities with stimulating themes on current issues to better inform your understanding and enhance your capacity to make a difference in this community! Previous luncheons have featured local women entrepreneurs from Twitter, Revolution Foods and SF Media.

Join our Sponsors Kaiser Permanente, Lane Partners and Uptown Station, and Friends of the Gardens at Lake Merritt, Southwest Airlines and Children's Fairyland Oakland to make an immediate impact on kids and families in Alameda County.

**Registration begins promptly at 11:30am**

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