



FamilyPaths

This Issue
Greetings From Our
Executive Director

24 Hour Support
For Families

Ways We Can Support
Our Community

Family Paths Along The Way eNewsletter

Family Paths promotes the development of nurturing, responsible and resilient families within our diverse communities by providing comprehensive services that foster positive change, empowering parents and children

Greetings From Our Executive Director

Quick Links
Our Website
Donate Now
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Welcome Our
New Support Line
Volunteers



We would like to thank everyone who joined us for our Support Line Volunteer Training last month. Six new volunteers joined our team. Our next training will be held in mid-April. Please visit our website for more details.

We have experienced an historic event this past month, the election of the first African American President. This incredible change in our nation's leadership brings hope to our community. Hope that we too can overcome obstacles, and achieve more than we ever dreamed possible. There is a renewed sense of connectedness within our community, as well as the larger world, but there is no denying that we face hard economic times ahead. Everyday we hear news about families losing their homes, the unemployment rate is growing rapidly as thousands of workers are being laid off, and the unemployment rate in Alameda County is disproportionately higher than the rest of the State.



Our newly elected President has called this the worst economic crisis in over 20 years, and is urging all of us in a new spirit of service to help rebuild our communities. "It can't happen without you, without a new spirit of service. So let us summon a new spirit of patriotism, of responsibility, where each of us resolves to pitch in and work harder and look after not only ourselves but each other." In that spirit of coming together, I am asking all of you to join us in making an investment in the children and families of our community. A donation to Family Paths will help children and families in our community get the services they need to cope with what lies ahead of us, and that is undoubtedly more layoffs, more families sinking into poverty, and more parents worried about how they will provide basic needs to their families.

While nobody can ignore the economic difficulties facing all of us, the excitement so many people are expressing in our new leader is also impossible to ignore. I am asking for your help to empower the children and families we serve. I am asking you to join with us in the fight to support our community through these difficult times. I am asking you to stand beside us as we provide the helping hand our families need to heal

from trauma, violence, and pain. I am asking you to help build a stronger and more hopeful community.

24 Hour Support For Families



We will continue our efforts in healing and supporting children and families in Alameda County. We are here for you 24 Hours a Day. If you, or someone you know who is a parent or caregiver, is going through difficult times please refer them to our

24 Hour Support & Resource Line. We have trained clinicians available to you around the clock with over the phone support, and can also refer families to our services or services throughout Alameda County. You do not need to go through it alone, we are here to help.

Ways We Can Support Our Community

From waking up early, to driving the kids to school, yourself to work, coming home to help your children with their homework, making dinner, and getting everyone off to bed, most parents have little time to think about volunteering. But our busy schedules do not have to mean that we can not support our community. Below is a list of simple and easy ways for us to help support each other.



- Pick up garbage while you walk through your neighborhood.
- Shop with locally owned businesses. A percentage of your sales tax goes directly to your community.
- Find positive aspects of your community to share with others. Review some of the wonderful restaurants and local businesses online to attract others from outside neighborhoods.
- Attend a local event or fundraiser. Usually proceeds go to support local community-based organizations and non-profits.
- Encourage your employer or organization to sponsor local events and organizations.
- Look for opportunities to give in your community. Go to non-profit, church, and school websites to see how you can help support their efforts.
- Vote! While the presidential election is over, local elections happen every year. Check out candidates within your neighborhood to support.

By doing our part to contribute to our community, we build relationships with our neighbors, and demonstrate what it means to be a good citizen to our children.

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24 Hour Support & Resource Line
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