

CASEY FAMILY PROGRAMS

Resource Parent Training Session



casey family programs

fostering families. fostering change.

Title: Understanding and Addressing Multigenerational Trauma within the African American Community

Facilitator: Kimberly Bradley, PsyD
Location: Casey Family Programs –
491-9th Street, Oakland, CA
Date: Saturday, 8/6/2016
Time: 10am-3pm with 1 hour lunch
(10:00am – 3:00pm, *Lunch 12 – 1pm*)

Training Summary:

The tragic and nationally publicized deaths of African Americans at the hands of law enforcement here in California and across the United States are re-traumatizing a community already enduring the legacy and injury of multigenerational trauma. By viewing the African American experience through a trauma lens, there will also be an opportunity to explore and process the role of historical and current racial traumas on the community.

In this training, participants will learn about and examine:

- The roots of multigenerational trauma in the African American community and how the accumulation of this trauma is transmitted generation to generation
- How trauma and racial oppression intersects within the African American community and the unseen psychological wounds this racial trauma creates
- How does multigenerational trauma impact parenting behavior and result in child welfare involvement?
- What can be done to help heal the wounds of multigenerational and racial trauma?

Childcare and lunch provided

RSVP and childcare needs to be submitted by Monday, August 1st to Donnarcia Scurry at 510.350.2962