

PREP:

Alameda County Prevention & Recovery in Early Psychosis

Provided by Family Paths (CEU Provider #62239) in conjunction with Chabot-Las Positas Community College District and Alameda County through Title IV-E Funding.

*Target Audience: This training is geared towards family advocates, community health workers, outreach workers, mental health providers and those working with children in foster care or at risk in Alameda County. This workshop is available to you **free of charge**.*

Workshop Description

There is a continued need to assure that youth in foster care receive equal access and quality health and mental health care services. This is true when it comes to those at risk for schizophrenia and related disorders. This training will cover best practices and referrals when supporting foster youth experiencing psychosis. Schizophrenia usually strikes in adolescence and can last a lifetime. Recent research shows that early identification, interventions and treatment of psychosis may reduce deterioration and improve lifelong outcomes. The prodromal phase, in relation to psychosis is the period preceding the onset of the first psychotic episode, when there is increasing symptomatic presentation and functional deterioration (NIMH). Results of early intervention trials that seek to improve identification of prodromal phase psychosis have also indicated that treatment during this period, before the onset of full psychosis, may prevent severe outcomes, improve youth's mental health and cut long term service costs. This training will give an overview of psychosis, prodromal phase symptoms and symptoms of schizophrenia. Family dynamics and how PREP offers support to youth, their caregivers and their family will be described. How and when to refer and to consult in support of early intervention will be reviewed.

Breakfast provided.

To register send an email to
kmichaels@familypaths.org

Please include any requests for accommodations for disability.

The Trainer

PREP is designed to serve youth and adults who are within two years of their first psychotic break or first episode psychosis. PREP services help the individual struggling with these issues and their support network.

Christy Tillotson, LMFT, is the Clinical Program Manager for PREP (Prevention and Recovery in Early Psychosis) Alameda located in Hayward. Christy has a background in serving SMI, dually diagnosed clients in Alameda County, San Francisco, and San Mateo Counties and has worked in a wide variety of community mental health settings including: homeless shelters, jails, and community case management teams.

Workshop Goals

Describe prodromal phase symptoms, psychosis and schizophrenia

Identify when to refer and when to consult

Summarize how to make a referral with youth and their caregivers for early intervention support

When

Friday January 13, 2017

9:30 am to 11:30 am

Where

Family Paths Oakland Office
1727 Martin Luther King Jr. Way
Oakland CA 94612
ROOM 108

Workshop Schedule:

9:30 Introduction and overview of the workshop

- ~ Overview of psychosis
- ~ Identifying prodromal symptoms in youth
- ~ Identifying symptoms of schizophrenia
- ~ Family Dynamics and how PREP offers support to youth and caregivers
- ~ Review of when and how to make referrals

Workshop ends at 11:30

CEUs: Course meets the qualifications for 2 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. CEUs will be awarded in person at the end of the training. Provided by Family Paths, Provider #62239 thru CAMFT CEPA. We will be unable to provide attendees with certificates of completion if more than 15 minutes of each course content is missed.

Training Grievance Policy: Family Paths is committed to providing a work/learning environment in which all individuals are treated with respect and dignity. A participant of trainings has the right to seek a remedy for a dispute or disagreement through Family Paths' policies for filing complaints/grievances for participants. Training participants may use available informal means to have decisions reconsidered before filing a formal complaint/grievance. No retaliation of any kind shall be taken against a participant for filing a complaint/grievance. In an effort to provide the highest quality services to participants in our trainings, you are encouraged to report immediately any concerns regarding your training experience to the Clinical Training Coordinator who will provide the complaint form. All participant complaints/grievances should be in writing (which may be in your own language) to the Clinical Training Coordinator, Family Paths, 1727 Martin Luther King Jr. Way, Suite #109 Oakland, CA 94612 or by email to kmichaels@familypaths.org. Once a complaint or grievance has been submitted, you can expect a response no later than ten (10) business days. Upon receipt the Clinical Training Coordinator will conduct a formal review of the complaint/grievance and will attempt a timely resolution, taking appropriate corrective action if warranted by the investigation. If no resolution is forthcoming, or the problem is not satisfactorily resolved, the participant may direct any complaint/grievance to the Program Administrator, Family Paths' Clinical Director.

Cancellation Policy: We do not charge for our trainings at present and space is limited. **If you cannot attend we ask that you contact us as soon as possible in order to open up that seat to someone else.** If a training is cancelled, participants are notified via email no later than one week prior to the training if possible. If a trainer has an emergency and notifies the training department in less than week, those registered for the training are notified as soon as possible. Training registrants are provided the makeup date that is scheduled for the training.

Disability Accommodation: Family Paths will make reasonable efforts during the training to accommodate qualified individuals with disabilities and/or medical conditions in accordance/compliance with the State Fair Employment and Housing Act (FEHA), Federal Americans with Disabilities Act (ADA) and applicable statutes. To request an accommodation due to a disability/medical condition during this training, please contact the Clinical Training Coordinator no later than 5 days before the training. The buildings where most of our trainings are conducted are wheelchair accessible and have disabled parking available.

If you have a complaint about the performance of Family Paths staff or instructors, and/or you feel you or someone else has been treated unfairly or discriminated against you may call 510-893-9230 to speak with the Program Administrator. See Training Grievance Policy below for details.