



PARENT EDUCATION CLASSES

JULY 2016—JUNE 2017

Our Positive Parenting Classes are appropriate for all types of families – *expecting parents, parents of children of all ages, foster and kinship care providers, adoptive parents, LGBT families and others involved in parenting roles*. Our curriculum is designed to provide parents with an understanding of parenting skills and knowledge, particularly in the areas of child development, communication, discipline and self-awareness, while emphasizing the importance of self-care. Our goal is to provide parents with the tools they need to create a healthy, safe, and nurturing environment. **TO REGISTER: Call our hotline at 800-829-3777. Classes are offered in both English and Spanish** and in several locations throughout Alameda County. Free childcare is provided onsite. (Our classes are 12 weeks in length, unless noted otherwise) * **Denotes holiday in Session.**

JULY—SEPTEMBER 2016

				Instructor
July 11-Sep 26*	Mondays	7-9pm	OAKLAND	Chantal Myllymaki
July 12-Sep 27	Tuesdays	7-9pm	SAN LEANDRO	Chantal Myllymaki
July 6-Sep 28 (10 week)	Wednesdays	7-9pm	FREMONT-Spanish	Debora Roca

OCTOBER-DECEMBER 2016

Oct 3-Dec 19	Mondays	10am-12pm	OAKLAND	Chantal Myllymaki
Oct 4-Dec 20	Tuesdays	7-9pm	SAN LEANDRO	Debora Roca

JANUARY-MARCH 2017

Jan 9-Feb 27 (6 week) *	Mondays	7-9pm	FREMONT	Chantal Myllymaki
Jan 3-Mar 21	Tuesdays	7-9pm	SAN LEANDRO	Chantal Myllymaki
Jan 11-Mar 29	Wednesdays	6:30-8:30pm	OAKLAND– Spanish	Debora Roca

APRIL-JUNE 2017

Apr 3-June 19	Mondays	7-9pm	OAKLAND	Chantal Myllymaki
Apr 5-June 21	Wednesdays	7-9pm	SAN LEANDRO - Spanish	Debora Roca
Apr 6-May 11 (6 week)	Thursdays	7-9pm	FREMONT	Chantal Myllymaki

TO REGISTER FOR CLASSES, CALL OUR PARENT SUPPORT HOTLINE AT 800-829-3777

Location details will be given at time of registration.