



Family Paths assures parents they are not alone

Page 40



The Fremont Youth Symphony Orchestra

Page 40



Bikes for Tykes

Page 7



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December 13, 2016

Vol. 15 No. 49

A Nutcracker to captivate audiences of all ages

By **JOHNNA M. LAIRD**

How long has it been since you've seen a live, marionette show?

When the Reverend Steve Norman of New Hope Community Church and his wife, Shannon, gave out candy at Halloween this year, they also handed out tickets to the church's upcoming "National Puppet Theatre's Nutcracker Suite." Children took candy and stared at the tickets before giving quizzical looks, followed by: "What's a puppet show?"

At this season of giving, Fremont's New Hope Community Church is offering "Nutcracker

continued on page 32



Free *Holiday Concert and Sing-Along*

SUBMITTED BY **JIM CARTER**

The Newark Symphonic Winds (NSW) treats the Tri-Cities to an evening of holiday music at the annual "Free Holiday Concert and Sing-Along" Sunday, December 18.

The symphony will be performing many new and exciting compositions. The concert starts off with the Spanish piece, "Ritual of Fire Dance" from the ballet "El Amor Brujo" (the bewitched love) by de Falla, followed by two pieces by Gustav Holst - "First Suite in E-flat" and the

amazing "Mars," the first movement from "The Planets." We'll then lighten it up a bit by performing the fun piece, "Music from a Bug's Life." As is tradition, the first half of the performance will end with "Twas the Night before Christmas" set to music and read by our renowned former mayor, the Honorable Dave Smith. Toward the end of the reading, the annual visit by Santa and Mrs. Claus will likely be the highlight of the evening for the children attending.

The second half of the performance will begin with music performed by Newark's

own - the Newark Saxophone Quartet, which will get everyone into the holiday spirit. The symphony will then perform a number of holiday pieces including "Pat-A-Pan," "The Christmas Waltz," a jazzy version of "Go Tell it on the Mountain," and a swinging "All I Want for Christmas is You." We'll end the performance with our holiday signature piece - "Sleigh Ride" by Leroy Anderson - but not before we join in as a community to sing a number of traditional carols.

We are once again extremely fortunate to have this performance sponsored by

the Fremont Bank Foundation. As always, the concert is free of charge and no tickets are necessary. Simply come and enjoy the evening, and be certain to bring all your friends. Since we have experienced near full-house attendance at our recent performances, you might want to plan on arriving somewhat early to get the seating you prefer.

Find more information about performances and a map of Newark Memorial for parking and theatre location at <http://newarksymphonic.org>.

Holiday wishes to all and we look forward to seeing you.

Newark Symphonic Winds Free Holiday Concert and Sing-Along
Sunday, Dec 18
7 p.m. - 9 p.m.

Newark Memorial High School Theatre
39375 Cedar Blvd, Newark
(510) 552-7186
<http://newarksymphonic.org/>
Free



INDEX

Arts & Entertainment 21
Bookmobile Schedule 24
Business 8

Classified 25
Community Bulletin Board . . . 38
Contact Us 29
Editorial/Opinion 29
Home & Garden 13

It's a date 21
Kid Scoop 18
Mind Twisters 16
Obituary 30
Protective Services 33

Public Notices 34
Real Estate 15
Sports 26
Subscribe 37

Hospital Brings Back Fitness Program Designed Especially for Women



According to the U.S. Centers for Disease Control and Prevention, "regular physical activity helps improve your overall health and fitness, and reduces your risk for many chronic diseases."

Since 2008, the U.S. Department of Health and Human Services has recommended that adults do at least 150 minutes of moderate-intensity aerobic activity each week and muscle strengthening activities two or more days a week. In 2015, the National Centers for Health Statistics conducted a study that showed about 49 percent of American adults are meeting these guidelines. It also found that women are less likely to meet the federal physical activity guidelines than men.

Early this year, Washington Hospital Healthcare System launched a program called "Ladies Choice" to help healthy adult women of all ages be more physically active. During the

twice weekly class, a certified personal trainer guides women through a range of activities, including aerobic endurance training, strength and balance training, hand weights, core strengthening, and other mat exercises.

"Some women prefer to exercise with other women in a relaxed, non-competitive environment, and that is what we offer," said Lani dela Rama, MSN, RN, manager of the Cardiac Rehabilitation Program at Washington Hospital. "The Hospital had this program in the past, and our administration decided to bring it back because many women in our community asked for it."

Women enjoy the program's personalized assistance and comfortable environment. Many also take the opportunity to connect and socialize with other women in the class.

Classes are held from 4 to 6 p.m. on Tuesdays and Thursdays in the large, well-equipped Cardiac Rehab

Washington Hospital offers a Ladies Choice fitness program for women who are seeking regular physical activity guided by a certified personal trainer. The classes are held on Tuesdays and Thursdays from 4 to 6 p.m. in the well-equipped Cardiac Rehab gym at Washington West, 2500 Mowry Ave., suite 210 in Fremont. The fee is \$50 per month. For more information, call (510) 608-1301.

gym located on the second floor of Washington West, located at 2500 Mowry Ave. in Fremont. After the first hour of working out individually in the gym under the trainer's guidance, class members participate in an hour of floor exercises and aerobic activity.

Class size is limited to 18 people and drop-ins are accepted, based on available space. The class fee is \$50 per month, with a drop-in fee of \$12 per class. Discounts are available for Washington Hospital employees and volunteers. Although the class

is held in the Cardiac Rehab gym, women do not have to have a history of heart disease to participate.

"Also, if a woman would like to try a class before deciding to join, she is welcome to do so," reported Jessica Neely, Wellness Services concierge.

"Women enjoy having someone knowledgeable who can assess their fitness level and work with them on a one-on-one basis. The trainer also helps to motivate each woman to meet her personal exercise and fitness goals," Neely continued.

For more information, or to register for the Ladies Choice Program, call the Washington Wellness Center at (510) 608-1301.

Learn more.

To learn more about the Washington Wellness Center or Washington Hospital's Cardiac Rehabilitation Program, go online to www.whhs.com and click on "Services." You'll find information about Cardiac Rehabilitation under "Heart & Vascular Program."

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	12/13/16	12/14/16	12/15/16	12/16/16	12/17/16	12/18/16	12/19/16
12:00 PM - 12:00 AM	Sports Medicine Program: Think Running is a Pain? It Doesn't Have to Be	Deep Venous Thrombosis	Get Your Child's Plate in Shape	Learn About the Signs & Symptoms of Sepsis	Surgical Treatment of Obstructive Sleep Apnea	Sidelined by Back Pain? Get Back in the Game	Inside Washington Hospital: The Green Team
12:30 PM - 12:30 AM	Diabetes Matters: Type 1.5 Diabetes		How Healthy Are Your Lungs?	Strengthen Your Back! Learn to Improve Your Back Fitness	Alzheimer's Disease		Menopause: A Mind-Body Approach
1:00 PM - 1:00 AM	Nerve Compression Disorders of the Arm	Superbugs: Are We Winning the Germ War?	Arthritis: Do I Have One of 100 Types?	What Are Your Vital Signs Telling You?		Relieving Back Pain: Know Your Options	
1:30 PM - 1:30 AM					Keys to Healthy Eyes		Voices InHealth: Washington's Community Cancer Program
2:00 PM - 2:00 AM	Strengthen Your Back	Washington Township Health Care District Board Meeting November 9, 2016	Preventive Healthcare Screening for Adults	Pain When You Walk? It Could Be PVD	Diabetes Matters: Diabetes & Heart Disease	Dietary Treatment to Treat Celiac Disease	Minimally Invasive Options in Gynecology
2:30 PM - 2:30 AM	Keeping Your Heart on the Right Beat						
3:00 PM - 3:00 AM	Prostate Cancer: What You Need to Know	Good Fats vs. Bad Fats	Diabetes Matters: Diabetes Chat	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	Washington Township Health Care District Board Meeting November 9, 2016	Family Caregiver Series: Coping as a Caregiver	Diabetes Matters: Understanding Labs to Improve Diabetes Management
3:30 PM - 3:30 AM							
4:00 PM - 4:00 AM	Get Back On Your Feet: New Treatment Options for Ankle Conditions	Learn More About Kidney Disease	Learn If You Are at Risk for Liver Disease	Heart Health: What You Need to Know	Kidney Transplant	Family Caregiver Series: Advance Healthcare Planning & POLST	Diabetes Matters: Understanding Labs to Improve Diabetes Management
4:30 PM - 4:30 AM	Diabetes Matters: Diabetes & Polycystic Ovarian Syndrome	Raising Awareness About Stroke	The Weigh to Success	Heart Health: What You Need to Know			Palliative Care Series: Palliative Care Demystified
5:00 PM - 5:00 AM	Learn About Nutrition for a Healthy Life				Vertigo & Dizziness: What You Need to Know	Family Caregiver Series: Recognizing the Need to Transition to a Skilled Nursing Facility	
5:30 PM - 5:30 AM	Learn About Nutrition for a Healthy Life	Washington Township Health Care District Board Meeting November 9, 2016	Minimally Invasive Surgery for Lower Back Disorders	Don't Let Hip Pain Run You Down			The Real Impact of Hearing Loss & the Latest Options for Treatment
6:00 PM - 6:00 AM	Diabetes Matters: Insulin: Everything You Want to Know				Voices InHealth: Healthy Pregnancy	Diabetes Matters: The Diabetes Domino Effect: ABCs	
6:30 PM - 6:30 AM	Family Caregiver Series: Caregiving From A Distance	Washington Women's Center: Cancer Genetic Counseling	Diabetes Matters: The Diabetes Domino Effect: ABCs	Shingles			Latest Treatments for Cerebral Aneurysms
7:00 PM - 7:00 AM	Washington Township Health Care District Board Meeting November 9, 2016				Voices InHealth: Healthy Pregnancy	Diabetes Matters: The Diabetes Domino Effect: ABCs	
7:30 PM - 7:30 AM	Diabetes Matters: Insulin: Everything You Want to Know	Voices InHealth: Healthy Pregnancy	Diabetes Matters: The Diabetes Domino Effect: ABCs	Shingles			Latest Treatments for Cerebral Aneurysms
8:00 PM - 8:00 AM	Family Caregiver Series: Caregiving From A Distance				Voices InHealth: Healthy Pregnancy	Diabetes Matters: The Diabetes Domino Effect: ABCs	
8:30 PM - 8:30 AM	Washington Women's Center: Cancer Genetic Counseling	Voices InHealth: Healthy Pregnancy	Diabetes Matters: The Diabetes Domino Effect: ABCs	Shingles			Latest Treatments for Cerebral Aneurysms
9:00 PM - 9:00 AM	Washington Women's Center: Cancer Genetic Counseling				Voices InHealth: Healthy Pregnancy	Diabetes Matters: The Diabetes Domino Effect: ABCs	
9:30 PM - 9:30 AM	Washington Women's Center: Cancer Genetic Counseling	Voices InHealth: Healthy Pregnancy	Diabetes Matters: The Diabetes Domino Effect: ABCs	Shingles			Latest Treatments for Cerebral Aneurysms
10:00 PM - 10:00 AM	Washington Women's Center: Cancer Genetic Counseling				Voices InHealth: Healthy Pregnancy	Diabetes Matters: The Diabetes Domino Effect: ABCs	
10:30 PM - 10:30 AM	Washington Women's Center: Cancer Genetic Counseling	Voices InHealth: Healthy Pregnancy	Diabetes Matters: The Diabetes Domino Effect: ABCs	Shingles			Latest Treatments for Cerebral Aneurysms
11:00 PM - 11:00 AM	Washington Women's Center: Cancer Genetic Counseling				Voices InHealth: Healthy Pregnancy	Diabetes Matters: The Diabetes Domino Effect: ABCs	
11:30 PM - 11:30 AM	Washington Women's Center: Cancer Genetic Counseling	Voices InHealth: Healthy Pregnancy	Diabetes Matters: The Diabetes Domino Effect: ABCs	Shingles			Latest Treatments for Cerebral Aneurysms

Vitamin D Deficiency and Health Concerns

You may know that vitamin D is essential for strong bones because it helps with bone mineralization, but you may not know that vitamin D deficiencies can cause a variety of health complications.

"Vitamin D is often called the 'sunshine vitamin' because it is produced by the body when the skin is exposed to ultraviolet B (UVB) radiation from the sun," says Vijaya Dudyala, MD, a board-certified internal medicine physician with Washington Township Medical Foundation. "Vitamin D occurs naturally in a few foods – including fish such as salmon, tuna and mackerel, as well as in fish liver oils and egg yolks. Vitamin D can also be found in fortified dairy products and cereal grains. If you shun the sun, suffer from dairy allergies or adhere to a strict vegan diet, you may be at risk for vitamin D deficiency."

The most well-known consequences of vitamin D deficiency include rickets in children and osteomalacia in adults. Rickets can result in soft bones and skeletal deformities in children. Osteomalacia, which

primarily affects bones in adults, results from problems with bone mineralization or with the bone-building process. Increasingly, however, research is indicating that vitamin D may play a much broader role in protecting against a variety of other health problems.

"Low blood levels of vitamin D have been associated with increased risk for cardiovascular disease, cognitive impairment in older adults, severe asthma in children and various types of cancer," Dr. Dudyala notes. None of this research is conclusive, as yet, and we definitely need to conduct more studies into the links between vitamin D and cardiovascular disease and various other health conditions."

According to Dr. Dudyala, symptoms of bone pain and muscle weakness may indicate a vitamin D deficiency.

"For many people, the symptoms of vitamin D deficiency are subtle," she says. "Some people may experience unexplained fatigue or a lack of energy. Lately, I have been testing for vitamin D levels in my

patients who complain of fatigue, lack of energy and muscle pain because the problem is widespread and often goes undiagnosed."

Vitamin D deficiency apparently is more common than previously thought. The Centers for Disease Control and Prevention has reported that the percentage of adults achieving vitamin D sufficiency has declined from about 60 percent in 1988 -1994 to approximately 30 percent in 2001 - 2004 in whites and from about 10 percent to approximately 5 percent in African Americans during this same time. According to the Harvard University School of Public Health, an estimated 1 billion people worldwide have inadequate levels of vitamin D in their blood.

"The most accurate way to measure how much vitamin D is in your body is the 25-hydroxy vitamin D blood test," says Dr. Dudyala. "This is the type of vitamin D that circulates in the blood. It is considered a good reflection of how much vitamin D you have absorbed from sun exposure and taken in from foods."

Dr. Dudyala explains that a variety of factors and conditions can put you at risk for vitamin D deficiency:

- You don't consume the recommended levels of the vitamin over time. This is likely if you follow a strict vegan diet, because most of the natural food sources of vitamin D are animal-based.
- Your exposure to sunlight is limited. Because the body makes vitamin D when your skin is exposed to UVB radiation, you



Vijaya Dudyala, MD, board-certified in internal medicine, is a physician with Washington Township Medical Foundation.

may be at risk of deficiency if you are homebound, live in northern latitudes, wear long robes or have an occupation that prevents sun exposure. Sunscreen also inhibits vitamin D production.

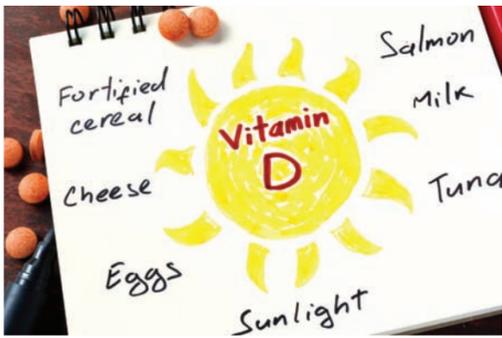
- You have dark skin. The pigment melanin reduces the skin's ability to make vitamin D in response to sunlight exposure.
- Your kidneys cannot convert vitamin D to its active form because of kidney disease.
- Your digestive tract cannot adequately absorb vitamin D because of conditions such as inflammatory bowel disease, Crohn's disease or celiac disease.
- You are obese. Vitamin D is extracted from the blood by fat cells, altering its release into the body's circulatory system. People with a body mass index of 30 or greater often have low blood levels of vitamin D.

"Doctors often treat vitamin D deficiencies by prescribing or recommending vitamin D supplements," Dr. Dudyala says. "The amount you should take usually depends on how low your vitamin D levels are. For

example, some people may reach their recommended vitamin D intake by taking a multivitamin. These usually have between 400 and 800 international units (IU) of vitamin D with each dose. Guidelines from the Institute of Medicine increased the recommended daily allowance (RDA) of vitamin D to 600 IU for everyone ages 1-70, and raised it to 800 IU for adults older than age 70. People who are very deficient in vitamin D may need higher levels of supplementation, however. The safe upper limit was also raised to 4,000 IU.

"Your doctor can determine the type of supplement and how much vitamin D you need every day," she adds. "It's important to note that vitamin D deficiency does not necessarily indicate a need for calcium supplements in addition to vitamin D supplements."

If you need help finding a primary care physician, visit the Washington Township Medical Foundation website at www.mywtmf.com and click on the tab for "Your Doctor."



Vitamin D deficiency is more common than previously thought. Symptoms of bone pain and muscle weakness may indicate a vitamin D deficiency. Research is being done to look at the link between vitamin D and other health conditions, including cardiovascular disease. Vitamin D levels can be measured through blood tests that physicians can order for their patients.

Ask the Doctor

This is an ongoing column in which community physicians answer your health-related questions. Questions should be emailed to Ask the Doctor at: askthedoctor@wtmh.com

Is Too Much Sleep Bad?

Dear Doctor,
Sometimes on weekends I love to sleep in late. I can sleep 12 hours or more on occasion. Is this bad for me?

Dear Reader,
Believe it or not, too much sleep can be a bad thing. It changes the release of chemicals in our brain and can actually make us more tired. It can also lead to headaches and backaches. Most physicians recommend seven to nine hours per night, unless you are recovering from an illness or surgery.

Mary S. Maish, MD



Dr. Maish is a board-certified thoracic and general surgeon. She holds a master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the medical staff at Washington Hospital.



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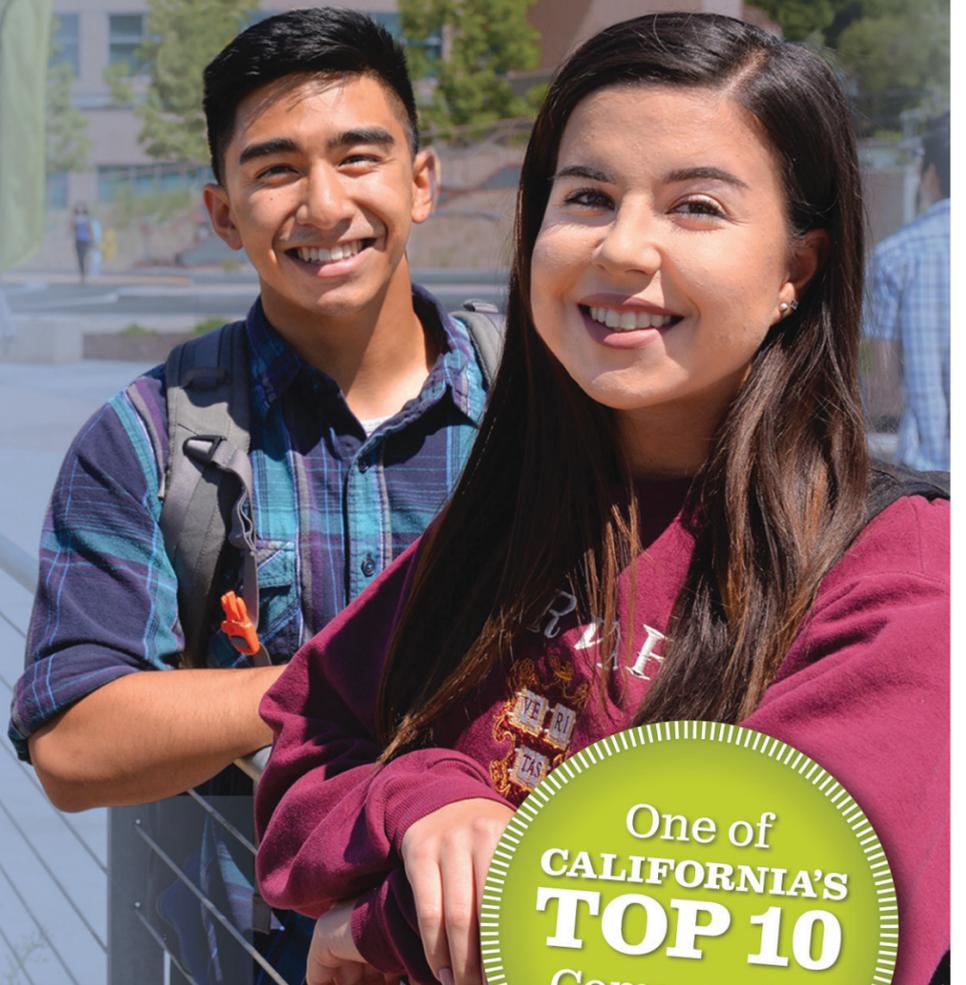
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Giving Hope this holiday season



SUBMITTED BY
JANE O'HOLLAREN

The City of Fremont Human Services Department's Giving Hope Holiday Program is back for its 17th year! Last year, with your help, we raised over \$75,400 in gift items and contributions to help 700 family members and seniors during the holidays, as well as 40 seniors' pet companions. Other families and seniors in crisis were helped throughout the year. Please join us again as we work to make the Giving Hope Holiday Program more successful in 2016.

Personalized wish lists for the holiday program include items such as Barbies, LEGO, sketching notebooks, bikes, Nerf guns, clothes, and household items like laundry detergent and toilet paper.

The families and seniors who will receive assistance are currently being served by the Family Resource Center, the Youth and Family Services Counseling Center, Aging and Family Services, and Life Elder Care.

The Giving Hope Fund allows our social workers, nurses, and counselors resources they can

draw upon to assist families and individuals in crisis throughout the year. In the last year, funds were used for the following:

- Placing a homeless family into a hotel while a care manager negotiated a space in a shelter for them.
- Providing a grocery gift card to a family in which the father or mother had recently lost their job or a senior that couldn't afford food for the month.
- Providing transportation vouchers to a mother and child who needed to go to the hospital.
- Helping seniors keep their utilities on during the winter and buy necessary medications, food, pet food, or health care quipment such as a walker.

If you are interested in receiving a personalized wish list for the holiday fundraiser please contact Jane O'Hollaren by Friday, December 16 at johollaren@fremont.gov or call (510) 574-2026. Or if you are interested in making a monetary donation any time of the year, please go to <https://www.fremont.gov/HSDonate>. Each donor/sponsor will receive a thank you letter for tax purposes in January.

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LETTER TO THE EDITOR

Final Approval of Walnut Residences Stirs Outrage

On December 6th, the City Council approved the second reading of an ordinance changing the zoning for the proposed Walnut Residences project. The vote was 3 ayes (Harrison, Chan, and Jones) and 2 nays (Mei and Bacon).

The purpose of the meeting was to read and vote on the zoning change ordinance a second time as required by law. The actual design of the project had been approved by the City Council on November 15th and included conditions to reduce the number of units to 632, lower the height of both parking

structures, and install some solar panels. The developer has verbally accepted those conditions, but has not submitted any new plans yet.

Nineteen people spoke against the project; no one spoke in favor of it. Mayor Harrison limited each speaker to 1 minute and cut off anyone who exceeded that time. Several speakers were unable to finish what they had to say and walked away in disgust. A few berated Mayor Harrison, the Council, and staff for rushing this topic through despite the objections of the residents. Based on comments from the audience,

there may be a referendum to repeal approval of the project.

This meeting was a terrible example of what happens when a city government no longer listens to or respects the concerns and feelings of its residents. We hope the new City Council can set a more positive direction and establish a more healthy relationship with the people it serves. We urge all residents to take an active role in shaping the future of Fremont.

Shape Our Fremont

Record-breaking Stone Soup Food Drive

SUBMITTED BY GUY ASHLEY

An outpouring of compassion and creativity helped Alameda County's 2016 Stone Soup Holiday Food Drive and Design Competition achieve unprecedented success in raising employee donations to the Alameda County Community Food Bank.

County employees donated more than nine tons of food and \$14,000 in cash over the past five weeks to help put meals on the tables of less fortunate residents during the coming holiday season. Both numbers represent new records in Alameda County's annual Holiday Food Drive.

Employees also used donated food items to fashion creative displays that currently adorn public areas of many County buildings. The displays are designed to engage visitors about the issue of hunger in the community. The creations will soon be dismantled and their edible components will be donated to the Food Bank to help provide nutritious holiday meals to residents struggling to put food on the table.

To learn more about Alameda County's Stone Soup Holiday Food Drive and Design Competition, and to view pictures of employees' many inspired creations, go to: <http://www.acgov.org/government/news/stonesoup.htm>

On December 6, the Fourth Annual Stone Soup Food Drive and Design Competition culminated with an awards ceremony led by the Alameda County Board of Supervisors, which expressed its appreciation

to each of the 14 County departments that participated in this year's Stone Soup Food Drive. A panel of judges chose the 2016 Stone Soup Awards based on creativity, inspiring themes, incorporation of food donations into their designs, as well as the most money and food raised.

This year's winners are:

Best Recipe Award:

-The Alameda County Administrator's Office for its "Souper Mario World" display.

-The Alameda County's Information Technology Department for its "Pokémon - Go End Hunger" display.

Chef's Award:

-The Alameda County Public Works Agency for its "Little Engine That Could."

-The Alameda County General Services Agency for "The Olympics."

Most Creative Award:

-The Auditor-Controller Agency for "Kicking Out Hunger."

-The Alameda County Department of Child Support Services for its display, "Helping Feed Alameda County Families with Dory & Friends."

Most Inspiring Award:

-The Alameda County Department of Human Resource Services for "End Hunger - The Mission is Possible!"

-The Alameda County District Attorney's Office for its "Stop Human Trafficking" display.

-The Alameda County Community Development Agency for "Help Hungry Families - Everyone Deserves Their Slice of the Pie."

Making a Difference Award:

-The Alameda County Assessor's Office for "Plug-In and Drive Away Hunger."

-The Alameda County Sheriff's Office for "The Night Before Christmas and the Book of Life."

-The Alameda County Registrar of Voters Office, which created a short video called "One CAN make a difference."

Stone Soup Spirit Award:

-The Office of the County Counsel for "Steam Rolling Through Hunger."

-The Alameda County Social Services Agency's Enterprise Self-Sufficiency Center in East Oakland for "Wishing Everyone Eats Well."

-The Alameda County Social Services Agency's Eden Multi-Service Center in Hayward for "Wipe Out Hunger."

A new Leadership Award was presented to the Board of Supervisors, for demonstrating drive and initiative in taking action against hunger.

To learn more about Alameda County's Stone Soup Holiday Food Drive and Design Competition, and to view pictures of employees' many inspired creations, go to: <http://www.acgov.org/government/news/stonesoup.htm>

The Alameda County Community Food Bank will gladly accept donations through the holidays and beyond to help the less fortunate in our community. For every \$1 donated, \$6 worth of food is provided to those in need. To donate, go to <http://www.accfb.org/>. Every dollar counts!

Boxes in Utah labeled 'TNT' turn out to be soap

AP WIRE SERVICE

TOOELE, Utah (AP) - A bomb squad in Utah checking out two boxes labeled as explosives says the containers turned out to be full of homemade soap.

The discovery at a Tooele home about 6 p.m. Wednesday

prompted officials to evacuate about 20 houses. The area was cleared at about 10 p.m.

Police say the homeowner was doing maintenance on the sub-floor of his home when he found the boxes labeled "Explosives/TNT."

Tooele Community Services su-

pervisor Bucky Whitehouse says the soap got wet and started to foam, which is a common phenomenon of aging and volatile dynamite.

The Unified Fire Authority Bomb Squad used X-ray to determine the packages weren't explosives. They later found the contents were labeled as soap.

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Holiday party for students & seniors

SUBMITTED BY REWIRED TO INSPIRE

As holiday activities kick into high gear around the Tri-City area, an unusual party just for youngsters and older people is set for this week at the Fremont Main Library.

The free party will be Friday, Dec. 16 and is sponsored by Rewired to Inspire, a student initiated care project organized by students at Mission San Jose and Irvington high schools. The idea behind the program is to help build connections between older adults and students who can explore their rich heritages, histories and even ideas about technology while building social networks.

The party will include:

- Live music and karaoke
- Storytelling
- Interactive games and activities
- Arts and crafts

Everyone is asked to wear festive colors to celebrate the season.

In addition to its holiday program, Rewired to Inspire holds regular meetings on the third Friday of every month at the Fremont Main Library. Each meeting has a different theme to embrace the community's cultural diversity, stimulate problem solving and create positive attitudes toward aging and offer community service.

**Rewired to Inspire
Holiday Party
Saturday, Dec. 16
4:30 p.m. – 5:45 p.m.
Fremont Main Library,
Fukaya Room A
2400 Stevenson Blvd., Fremont
(510) 371-1268
www.rewiredtoinspire.weebly.com
Free**



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Newark Police join forces with SAVE for holiday toy drive

SUBMITTED BY
LT. CHOMNAN LOTH, NEWARK PD

For children in need, receiving a new toy can make the holiday season brighter and add a bit of cheer to a sometimes stressful time of year. To help that happen, the Newark Police Department has joined forces with Safe Alternatives to Violent Environments (SAVE) in operating a holiday toy drive for area youngsters.

People who would like to donate to the program can deliver new and unwrapped toys to the Newark Police Department, 37101 Newark Blvd. anytime through Dec. 18.

SAVE is a Fremont-based domestic violence prevention center. Toys will be given to children, 13 and younger, of domestic violence victims.

Suggestions for toys include:

- Dolls
- Toy cars

- Board games
- Building blocks
- Skate boards
- Sports equipment and balls
- Educational baby toys
- Puzzles
- Craft sets
- Music players

Among the services SAVE provides to people facing domestic violence situations are an emergency shelter, 24-hour crisis hotline, counseling, children's programs, and much more. There is a 24-hour hotline available at (510) 794-6055.

**SAVE Holiday Toy Drive
Donations through Dec. 18
Newark Police Department
37101 Newark Blvd., Newark
Contact: Officers Musantry or Losier
(510) 578-4237**

Volunteers needed for Bikes for Tykes Giveaway

SUBMITTED BY LT. ROBERT MCMANUS,
SAN LEANDRO PD

As part of the annual "Bikes for Tykes" giveaway program, San Leandro Police Officer Louie Brandt, also known as "Santa Louie" is looking for 150 community volunteers to assist him with the distribution of nearly 500 bicycles and helmets to underprivileged children on Saturday, December 17.

The program is sponsored by the San Leandro Police Officers' Association, in conjunction with the Davis Street Family Resource Center, along with the Kiwanis Club of San Leandro and other private donors.

This year, Brandt raised \$25,000 through fundraising efforts, grants, and local business donations. The funds will be used to purchase the bicycles at a discounted rate from the Walmart store located on Davis Street, which has supported the program for several years.

The San Leandro Kiwanis Club held its own fundraising campaign to assist, and purchased bicycle helmets for each of the recipients of the new bicycles.

San Leandro's Davis Street Family Resource Center has identified 1,400 children who qualified to be entered into a computerized lottery, which will name the nearly 500 recipients of the new bicycles and helmets.

"I am very fortunate to be supported by the San Leandro Police Officers' Association, our Police Department, the Kiwanis Club of San Leandro, Walmart, and others in our great community, Brandt said, adding that, "Everyone's efforts have made it possible to brighten the holiday season for local kids in need."

Brandt has been coordinating this program with the Davis Street Family Resource Center for the past 8 years. He has now been responsible for raising nearly \$200,000 during that time, providing 450-500 bikes and helmets to the selected children each year.

**Bikes for Tykes Distribution
Saturday, Dec. 17
9 a.m. – 12 p.m.
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3081 Teagarden St., San Leandro
Contact: Office Louie Brandt (510) 409-2393
mailto:lbrandt@sanleandro.org**



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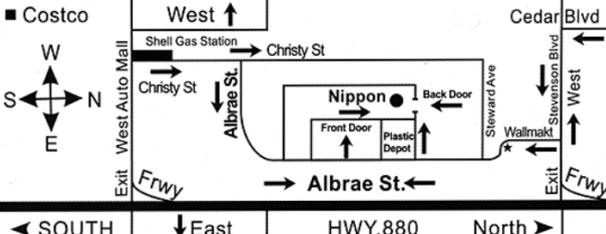
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BUSINESS

San Francisco airport employs pig to greet passengers

SAN FRANCISCO (AP) — Pigs still can't fly, but you can fly after saying "hi" to a pig in San Francisco.

Television station KNTV reports that the San Francisco International Airport has introduced Lilou, a therapy pig, as the newest member of the air-

ports so-called "Wag Brigade," a group of therapy animals that roam the terminals.

Airport spokesman Doug Yakel says Lilou has so far been a big hit with travelers.

Lilou, dressed in a pilot's cap and blue tutu, let passengers pet her pink snout and her back on

Monday, Nov. 5 after making her debut.

The airport launched the Wag Brigade in 2013 and features dogs, and now a pig, trained by the San Francisco Society for the Prevention of Cruelty to Animals and certified through their Animal Assisted Therapy Program.

Warming to trigger 3 times as many downpours in US

BY SETH BORENSTEIN, AP SCIENCE WRITER

WASHINGTON (AP) — Extreme downpours—like those that flooded Louisiana, Houston and West Virginia earlier this year—will happen nearly three times as often in the United States by the end of the century, and six times more frequently in parts of the Mississippi Delta, according to a new study.

Scientists have long pointed out that warmer air holds more moisture, so man-made climate change will increase the frequency of extreme downpours. That increase has already started, they say, but new work with much stronger computer simulations shows just how bad it will get, and where.

The high-resolution computer simulation—about 25 times better than other computer models—projects at least a fivefold increase in downpours in the Gulf Coast, Atlantic Coast and Southwest, according to a study in Monday's journal Nature Climate Change.

Study lead author Andreas Prein, a scientist at the National Center for Atmospheric Research, said the entire U.S. will average a 180 percent increase in these types of downpours by 2100. The Midwest and parts of the West Coast are expected to see the smallest increases.

Previous projections haven't been as detailed because they could not take into consideration small scale weather events like thunderstorms. The new computer simulations can, Prein said. He looked at the type of thunderstorms that are in the top one half of 1 percent of rainmakers.

"It's much more likely that you'll get hit by very strong thunderstorms, very strong downpours in the future climate," Prein said. "What this means in the future is you might have a much higher potential for flash floods. This can have really big impacts."

Outside experts praised the study. "The paper elegantly shows why these heavy downpours increase in frequency when the air is moist but decrease when the air is dry," said Stanford University climate scientist Chris Field. "With high warming through the century, this paper projects that most of the U.S. (gets) scary increases in the frequency of downpours."

Longtime A's announcer Bill King wins Hall's Frick Award

ASSOCIATED PRESS

OXON HILL, Md. (AP) — Former Oakland Athletics announcer Bill King has won the Ford C. Frick Award presented by the Hall of Fame for excellence in broadcasting.

The award was announced Wednesday, Dec. 7 at the winter meetings. King died in 2005 after 25 years of calling A's games.

King liked to punctuate big plays with his signature exclamation of "Holy Toledo!" He also was known for his handlebar mustache and beard, making his face as well as his voice familiar with fans.

For nearly a half-century, King called games in the Bay Area. He started out as a fill-in on Giants broadcasts and later did play-by-play for the Raiders and Warriors. He joined the Athletics' crew in 1981.

New York Mets general Sandy Alderson was the longtime GM of the A's in the 1980s and '90s, when the Bash Brothers rose to prominence. Alderson said he enjoyed King's interest in sports and other fields.

"Outstanding! He was so fantastic. What I loved about him was he was so unlike most baseball announcers. He was very erudite, loved language, had great command of it, but infused that language with tremendous energy and enthusiasm and passion," Alderson said.

"He felt strongly about certain topics, both in the game and out of the game. He loved German food. He loved the opera. He always drove a car that was at least 20 years old and was just an incredible personality, an eccentric in a positive way that stood out even in the Bay Area, which is full of eccentrics," he said. "I think one of the reasons he didn't get in earlier is because he was so well known for his other sports, as well, and people forgot how good he was in baseball."

King was among eight finalists on the ballot for the Frick honor. Gary Cohen, Jacques Doucet, Ken Harrelson, Pat Hughes, Mike Krukow, Ned Martin and Dewayne Staats also were considered by a 17-member panel.

King will be recognized on July 29 during the Hall of Fame induction weekend in Cooperstown, New York.

New Building Code takes effect January 1

SUBMITTED BY CITY OF FREMONT

The State of California adopts a set of new construction codes every three years referred to as the California Building Standards Code. The 2016 California Building Standards Code (2016 CBC) was adopted by the Fremont City Council on November 1, 2016. The 2016 California Building Standards Code will be effective January 1, 2017.

The adopted code includes:

2016 California Building Code Volumes 1 & 2; 2016 California Mechanical Code; 2016 California Plumbing Code; 2016 California Electrical Code; 2016 California Existing Buildings Code; 2016 California Fire Code; 2016 California Energy Code; 2016 California Residential Building Code; 2016 California Green Building Standards Code; 2016 California Historical Building Code; 2015 International Pool and Spa Safety Code; 2015 International Property Management Code.

Please be advised that projects submitted after January 1, 2017 will be reviewed for compliance with the 2016 California Building Standards Code. Also, please note that the City is implementing a Holiday Closure for many non-public safety City services from December 23, 2016 to January 2, 2017. The Development Services Center will be closed during this time.

For additional information, please contact Jackie Hall, Permit Center Manager, at (510) 494-4487 or email: jhall@fremont.gov

Shape Our Fremont

Where Fremont residents can learn about shaping proposed housing developments

Changing Course

Congratulations to Fremont's new mayor Lily Mei!

Condolences to Mayor Mei who will have to try to change the course of this heavy-laden ship that was steered towards rampant housing growth by our previous mayor. Of the over 6,600 housing units approved in the last four years, just over 400 have been built. That means we will be seeing the impact of the remaining 6,200 units even if no more developments are approved. Traffic, parking, and school overcrowding will get worse before they get better.

How We Can Help

Let's start afresh trying to improve Fremont now that we have a City Council that has pledged to listen. Let's help by submitting creative solutions to our housing and infrastructure problems. There's talk of holding Town Hall meetings where residents could comment on issues regarding life in Fremont. Attend the meetings and speak out. The latest topic on Open City Hall on the City's website asks how you would prioritize project funding for the Capital Improvement Plan Update. Submit your opinions.

Planning Commission

There will be two new Planning Commissioners come January. Hopefully, with this new City Council, the Planning Commissioners will feel confident that their opinions are being heard. We have seen a shift away from development applications that require City Council's subjective approval and towards projects that follow the regulations so they will only need Planning Commission's objective approval of a Design Review Permit (DRP). So, it is important that Planning Commissioners delve into the details, ask questions, and make recommendations to improve projects. They should no longer have to worry that the City Council will just

override their rulings or ignore their recommendations.

Strengthening Rules

Our zoning rules need review. If DRPs are to become common, then the rules need to reflect the shift in the development policy of the City Council. Directions to Staff need to be clear and followed-up. City guidelines need to be strengthened so that they are required rather than recommended. The General Plan's Community Character and Landscape Place Type elements need to be enforced. Subjective terms like "superior design" and "in character" need to be removed from the City ordinances. Planned District zoning should not be allowed to merely get around regulations or substitute for General Plan Amendments. The ordinances defining Planned Districts should be reviewed and be more strictly defined.

Other Suggestions

- Revise the Transit Oriented Development (TOD) Overlay boundaries from an arbitrary one-half-mile circle around a transit center to only those sections of the circle where urban development makes sense considering the existing neighborhoods and distance to shops.

- Plan for use of Traffic Impact fees at the time of a development's approval and not wait until after the foreseen problems arise.

- Revoke the policy that if a nearby intersection is already bad, a development may not be denied for traffic reasons.

- Improve public transportation along all Urban Corridors with shuttles or subsidized bus service.

- Create public parking lots around the border of the Downtown Center area for the benefit of both residents from the outlying Fremont neighborhoods and visitors from out of town.

- Require individual water meters for each dwelling unit in new multi-family housing to encourage and enforce water conservation.

- Allow public rebuttal to developers' rebuttal at Planning Commission meetings.

We all need to continue being active and aware of what is happening to Fremont! We all have a stake in our city's future course.

Walnut Residences Approved

The Walnut Residences project was given final approval at the December 6th City Council meeting with Mayor Harrison, Vice Mayor Jones, and Councilmember Chan in favor and Councilmember Mei and Councilmember Bacon opposed. At the November 15th hearing, the City Council voted to decrease the unit count to 632, lower both parking structures, and have some solar panels be installed before occupancy.

At the December 6th hearing, several speakers argued that there were no published plans showing those changes before the vote. The developer said they had designed the new parking structures with one level removed and that they were now no higher than the roof of the four-story residence buildings. They were still working on how to remove 38 units from the plan and the location of solar panels. Community Development Director Schwob said that revised plans would be posted online.

There may be a referendum to overturn this approval. Referendum forms must be submitted within 30 days. Watch for signature collectors and add your name.

Find information about all proposed housing developments in Fremont at www.ShapeOurFremont.com

Final rules for K-12 standardized testing released

BY JENNIFER C. KERR
ASSOCIATED PRESS

WASHINGTON (AP), Fewer, better, fairer tests. The Obama administration says that's the goal of final rules it's released to help states and schools reduce the standardized tests students must take each year.

It's part of the bipartisan education law signed by President Barack Obama a year ago. The idea is to focus more time on classroom learning and spend less on teaching-to-the-test — something critics complained the administration encouraged with grants and waivers that placed too much emphasis on

standardized testing. Districts and schools still will be required to test students annually in reading and math in grades three to eight, and once in high school. But the rules clarify how replacement tests might be used and how states might design their own tests as part of a pilot program.

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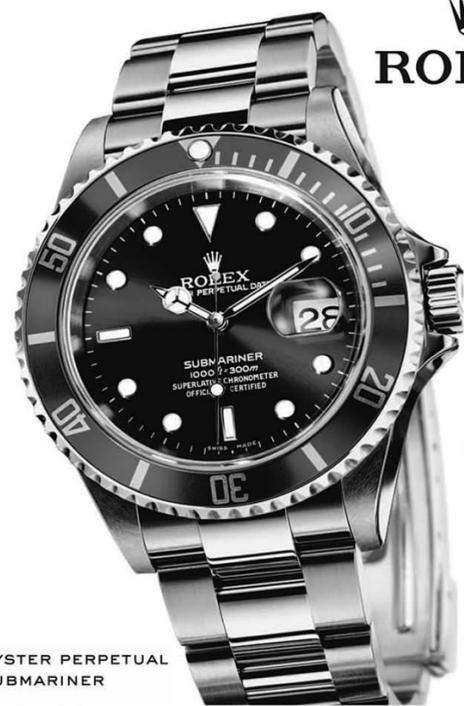
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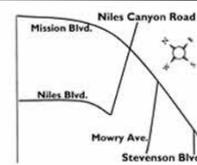
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Counseling Corner

Self-Care tips for the Holiday Season

BY ANNE CHAN, PHD, MFT

Let's face it: though this is a wonderful time of year, it's also an extremely stressful one. Some of you are trudging through mall after mall trying to find that perfect gift. Others are working into the wee hours trying to get your homes and churches decorated. Harried cooks are baking up a storm of Christmas cookies. Some parents may be worried about having enough money to buy presents for their children. Others are frantically trying to finish work projects before the end of the year. On top of this, some of you may still be reeling from the results of the recent election and are fearful and anxious about what the next four years will bring.

During this time of the year, it's easy for many of us to ditch our physical and mental health routines. Excuses abound when we want to forego exercise ("Too cold!" "Too rainy!" "Too busy!"), when we indulge in foods that aren't good for us ("Calories don't count during the holidays!" "It's just once a year!"), and when we spend way too many hours

slouched in front of our screens ("Look at all those deals!" "I just need some downtime").

While we are neglecting ourselves, we are at the same time running ragged trying to meet the needs of other people during this time of year, like our children, spouses, bosses, and community. Their needs seem especially pressing and urgent around this time. But trying to meet all these needs can bring on tremendous levels of stress and anxiety. Of course, it's important to tend to loved ones and professional responsibilities. But putting every one's needs above yours can be exhausting and depleting.

I'm not crazy enough to suggest that you put everything on hold this holiday season. But I'd like to propose a simple holiday challenge that might seem crazy at first glance: what if you put your mental and physical needs first for just 30 minutes a day?

It might feel onerous to have one more thing on your exploding things-to-do list, but my holiday challenge can actually be a lifesaver. It is all too easy to run yourself down doing things for others. If you take

care of yourself for just 30 minutes a day, you might find that you have more energy and motivation to take care of others.

Here are some ideas to maintain a healthy mind and body during your 30 minutes of self-care:

1. Consider shutting off all social media, especially if you find yourself getting stressed from the continuous news and gossip feeds. Yes, social media helps us connect with loved ones, but it also brings with it a plethora of negativity. You might find that you have more peace of mind if you take a break from social media.
2. Exercise. You've heard this once and I'm going to say it again: do some form of exercise that you love. You don't have to do anything that requires money, training, or even fitness. I highly recommend going for walks in nature to calm and relax your spirit.
3. Do something that brings you joy, peace, and relaxation. Whether it's scrapbooking or soldering, do something for yourself that meets this one criterion: Does this activity bring you joy and relaxation?
4. Spend actual time with people whom you love and who nourish your spirit. Being in the physical presence of people you love can be calming and soothing. Social media doesn't give the same soothing effects, so make a date to be with someone in a real place and in real time.
5. Some people might feel alienated from their families post-election; yet, they have genuine concerns about what the future holds. If you are alone

struggling with your feelings, consider going to a therapist who can provide you a safe space to voice your emotions.

6. Are you burning the candle at both ends? Consider treating yourself to an earlier bedtime if you're worn out. Those decorations will be just fine if they are left in the box for another day (or week).
 7. Remember the power of gratitude. I have written about this before but it always bears repetition: be grateful even in the darkest of times, especially in the darkest of times. You will notice a difference in yourself if you write a gratitude journal for 30 minutes each day. Or, you can write a note of thanks to someone who has made a difference in your life.
 8. Start a meditation practice. This is a great practice that can be done anywhere and anytime. Just find a space where you can close your eyes and enjoy some quiet. Breathe in and out, focusing your attention on each breath you take. Release any wandering thoughts that flit into your brain. This is one of the best pick-me-ups you can do for yourself.
 9. If you're feeling demoralized about the world, think of one positive action you can take. Do something that brings social good and is meaningful to you. There is a myriad of volunteer opportunities in the Tri-Cities area. Believe it or not, you can help yourself by helping others.
- I realize that this will be a tough holiday season for some of you. But I hope the ideas above give you a start toward taking better care of your mind, body, and spirit during this time. I wish you a peaceful and joyful holiday season!

Casa Peralta to hold Holiday Open House

SUBMITTED BY TERESA MEYER

City of San Leandro invites the public to attend a free holiday celebration at the Casa Peralta, San Leandro's historic house museum, on Saturday, December 17. Casa Peralta will be decked with boughs and beautiful holiday décor. Enjoy live

caroling, seasonal refreshments such as cookies and hot chocolates. Bring your own camera and take photos with Santa! Docents will be available to share history with you as you enjoy the Casa in all its holiday finery. Other activities include a performance by The San Leandro High School Notables at

11:30 a.m., a tin snowflake craft making session and a showing of the film "Happy Feet" (rated G). The event is free and open to the public. For more information, call the San Leandro Main Library Information Desk at (510) 577-3971.

Casa Peralta Holiday Open House
Saturday, Dec 17
11 a.m. - 4p.m.
Casa Peralta
384 West Estudillo Ave, San Leandro
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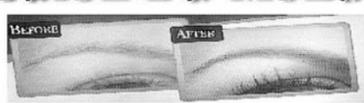
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www.Edjoin.org -or -
www.Fremont.k12.ca.us

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QUESTIONS?

- For Employment Questions, call HR at 510-659-2556
- For Questions on Training or Qualifications, call Transportation at 510- 657-1450

Gay Straight Alliance for ages 55 plus

SUBMITTED BY PATRICIA OSAGE

GSA's (Gay-Straight Alliances) are usually found in high schools and colleges. They're formed in order to create a safe, supportive and welcoming environment for lesbian, gay, bisexual, transgender, and LGBT (Lesbian Gay Bisexual Transgender) youth and their non-LGBT allies.

The City of Fremont and LIFE Eldercare are breaking new ground by forming the first ever Senior GSA. This one will be for older adults who identify as LGBT and anyone else who supports LGBT equality. The theme for this group is "Action for Happiness."

Action for Happiness is a movement of people from all walks of life who are taking action in their personal lives, communities and schools to help create a happier and more caring society. Our actions and choices can affect our happiness. What makes us happy has less to do with our money or possessions and more to do with our attitudes and relationships with other people.

Each month we'll chat about one of the keys to happier living and then plan ways to incorporate it into our lives. The 10 keys are: Giving, Relating, Exercising, Appreciating, Trying Out, Direction, Resilience, Emotion, Acceptance, and Meaning. Join us every second Thursday of every month, beginning January 12 at the Fremont Senior Center. For more information, call Patricia Osage (510) 574-2091 or posage@LifeElderCare.org

Gay Straight Alliance for Ages 55 plus
Begins Thursday, Jan 12 and 2nd Thursday monthly
11 a.m. – 12 noon.
Fremont Senior Center
40086 Paseo Padre Pkwy, Fremont
(510) 574-2091
posage@LifeElderCare.org

LETTER TO THE EDITOR

Lawsuit Filed to Block Parking Lot Expansion

East Bay Regional Park District (EBRPD) presented a report on November 17 at a Board meeting that the number of visitors to the Stanford Avenue entrance of Mission Peak Regional Preserve dropped 29% from 2014 to 2016. They also reported that curfew violations are near zero following strict enforcement by EBRPD police. Most curb parking spaces were restricted by temporary permits beginning in October, so visitor numbers have now decreased even further. The permits will expire in 2020.

We are concerned that some who reside behind gates on nearby private streets filed a lawsuit on November 4, to delay construction of a new parking lot at the park. The new parking is due to be completed in 2020; it would pick up the slack when the permits expire. Neighbors weren't satisfied when park hours were cut by 33%, 2,400 citations were issued, and restrictions on curb parking were imposed.

Large, multi-story homes are under construction near the proposed parking lot, and these sites share common geological and hydrological features. Native American artifacts are common in the region, inside and outside the gated community. While opponents point to unique fauna and flora inside the park that require mitigation, the lawsuit coalition hasn't raised any alarms about construction of two homes located one-quarter mile from the planned parking lot. The City could consider a moratorium on the construction of homes on the hills near Mission Peak, until it determines how to apportion liability for any landslides or flooding.

Mission Peak Conservancy supports improved access to parks for public health, while protecting the environment. We want to keep the public in public parks.

wm. yragui
Co-founder
Mission Peak Conservancy

Crab Feed

SUBMITTED BY MILPITAS CHAMBER OF COMMERCE

The Milpitas Chamber of Commerce is excited to launch its 24th Annual Auction and Crab Feed. The Chamber is planning a fun evening of all-you-can-eat delicious crab accompanied by pasta, salad and garlic bread. Additionally, attendees will have the thrill of outbidding their competition on unique silent auction items such as: spa and restaurant gift certificates, vacation packages, wine tastings, and baskets full of goodies.

This event will be held on Friday, March 3, 2017 at Napredak Hall, in San Jose. A portion of the proceeds from the Crab Feed will go to the Family Giving Tree, a 501(c) 3 charitable organization.

Give the gift of crab; tickets make great stocking stuffers! Call the Milpitas Chamber now to reserve early bird tickets at \$50 as prices go up to \$55 in January. This crab feed sells out every year, so get your tickets early.

Milpitas Chamber of Commerce Crab Feed
Friday, Mar 3, 2017
6 p.m. – 9 p.m.
Napredak Hall
770 Montague Expressway, San Jose
(408) 262-2613
www.milpitaschamber.com
\$50-\$55/person

Essay Contest

SUBMITTED BY DARRYL REINA

The Newark Optimist Club (Club #20261) invites Tri-City resident students to participate in their 2016-2017 Essay Contest. This year's topic for the 700-800 word essay is: "Chasing Optimism in the Face of Challenges." Students who are under the age of 18, as of October 1, 2016, and have not already graduated from high school, are eligible, and encouraged to enter the contest.

At the club level, 1st, 2nd, and 3rd place medallions and cash prizes (\$200, \$100, \$50) will be awarded. The first place essay will also be sent to the District competition, where the winner will be awarded a \$2,500 college scholarship.

For more information and the application, that includes the official rules, students may go to www.optimist.org (click on Programs, Scholarship Contest, and Essay Contest) or email Essay Contest Chairman, Darryl Reina, at darryl14r@aol.com for application and contest information.

Completed essays may be emailed to Essay Contest Chairman, Darryl Reina, at darryl14r@aol.com or sent by mail to: Newark Optimist Club, PO Box 402, Newark, CA 94560. The final deadline for entries to be received is January 27, 2017. Local club winners will be announced on February 10, 2017, and will be recognized at a special breakfast meeting on February 15, 2017.



Dr. Bernard Stewart, Dr. Mark Stewart
Dr. Ryan Jergensen, Dr. Nathan Ward



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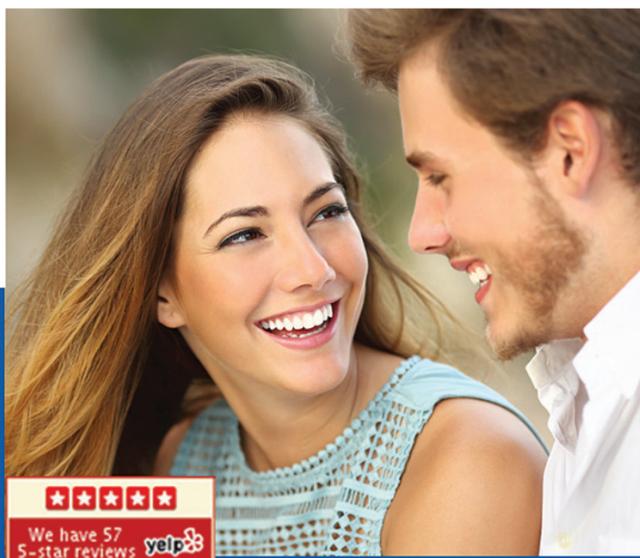
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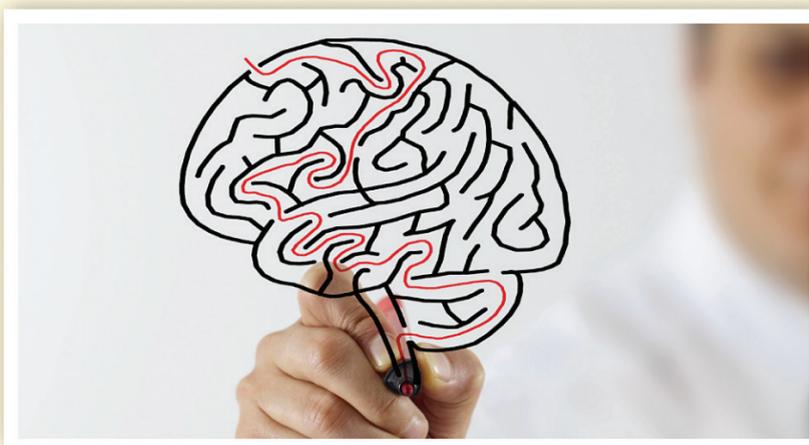
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Home & Garden

Getting to know your thermostat

BY DAVID R. NEWMAN

What's warm in the winter and cool in the summer?

Hopefully, it's your house! In the past, homeowners have sometimes struggled with maintaining a consistent level of comfort inside their home. But thanks to recent innovations in thermostat design, homeowners can now keep the interior of their homes at the perfect temperature, day or night, with minimal effort. And knowing that they are also saving on energy costs probably helps them sleep better at night, too.

Many people grew up with the classic round thermostat with a



Photo courtesy of Bryant Heating & Cooling Systems



Photo courtesy of Bryant Heating & Cooling Systems

manufacturers have made huge improvements in how we interface with the device, including touch screens that are brighter, larger, and more colorful.

Thermostats with Wi-Fi capabilities are also becoming increasingly popular. Now you can turn your furnace or air conditioner on or off through your smartphone from anywhere in the world. You can also monitor your home's temperature, see your energy usage, and set service reminders. Some even come with weather forecasts. Says Sojkic, "We've seen a huge jump in wireless thermostats over the past two to three years. Every other install that we do the client wants a wireless thermostat."

Also trending are smart thermostats that can actually learn from your behavior, like the Nest Learning Thermostat. Once you program your preferred temperature settings, the device adapts to your daily routine with the help of a built-in motion detector. So it will know when you wake up, when you're away, when you return, etc. and adjust the temperature accordingly. It'll even show you energy savings and reports through a mobile app so you can see how much money it is actually saving you.

Although programmable and smart thermostats cost more than your basic thermostat, the Environmental Protection Agency's (EPA) Energy Star program has concluded that homes with these devices can save up to \$180 per year on heating and cooling costs. Says Sojkic, "They cost a little more, but when you look at the long term savings, they pretty much pay for themselves after a few years."

Current prices for thermostats vary depending on the model. The average manual thermostat costs \$25 to \$60, digital programmable thermostats cost \$90 to \$150, and electronic smart thermostats cost \$200 to \$300.

Of course, you can save money by installing a thermostat yourself, which is a fairly simple DIY project (check out tutorials on YouTube!). Keep in mind that the best place to install a thermostat is on an interior wall and away from vents and other sources of heat and drafts that could distort temperature readings. If you're doing more than a simple replacement, call a heating and cooling professional.

Thermostats, long dismissed as a glorified on/off switch, have really evolved over the past few years and are changing the way we live... in a good way. Take some time to get to know this little device better. Your wallet, and your family, will thank you.

For more information, contact AIS Heating & Air Conditioning at (510) 792-4328 or visit <http://aisheatingandair.com>.



Photo courtesy of Nest

dial that you turn to set the temperature. Unfortunately, these and many other older, bimetal thermostats contain mercury, a poisonous heavy metal, and it's best to replace these as soon as possible. To determine if your thermostat contains mercury, take off the cover and look inside. The thermostat has mercury if there is a glass ampoule (or ampoules) containing a silvery liquid. You can bring the entire thermostat to a household hazardous waste facility for no charge recycling. Do not take it apart.

The next generation of thermostats to come along were programmable, sometimes called clock thermostats. In earlier models the temperature is

established simply by sliding two levers along an analogue temperature scale, much like a conventional thermostat. Later, manufacturers added digital screens to replace the levers and added more features.

Says Daniel A. Sojkic, owner of AIS Heating & Air Conditioning in Fremont, "With a programmable thermostat, you can set the heat and air to come on according to your schedule. So when you wake up, the system turns on and warms up the house. When you leave for work, the system shuts down. And when you come back home, the system comes back on again. By doing it this way, your system is running at minimum capacity and you're saving yourself a whole lot of money."

Many homeowners own a programmable thermostat but don't realize it, or can't figure it out. In fact, Energy Star stopped certifying thermostats in 2009 and won't endorse them until they meet new ease-of-use standards. In response,



Photo courtesy of Nest

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Communal Reconciliation

Monday, December 19th
7:00 p.m.

Christmas Eve Mass

December 24th
3:00 p.m. & 5:00 p.m.
(Children's Masses)

8:00 p.m. & Midnight

Christmas Day Mass

December 25th
7:15, 9:00, 10:45 a.m.
and 12:30 p.m.



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Home Sales Report

CASTRO VALLEY | TOTAL SALES: 12
 Highest \$: 1,150,000 Median \$: 800,000
 Lowest \$: 370,000 Average \$: 760,333

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
19187 Alpha Court	94546	875,000	4	2689	1991	10-21-16
18666 Crest Avenue	94546	580,000	3	1096	1953	10-21-16
2500 Miramar Ave #301	94546	400,000	2	1148	1982	10-25-16
4278 Moreland Drive	94546	602,000	3	1509	1952	10-20-16
20883 Rutledge Road	94546	370,000	2	804	1942	10-25-16
3977 Seven Hills Road	94546	635,000	2	1320	1953	10-20-16
2041 Vivian Street	94546	850,000	4	1891	1944	10-21-16
17969 Columbia Drive	94552	800,000	3	1890	1985	10-21-16
25599 Gold Ridge Drive	94552	1,000,000	4	2475	1997	10-21-16
5167 Stone Canyon Dr	94552	925,000	4	2334	2000	10-25-16
6747 Sunnyslope Avenue	94552	1,150,000	-	3079	-	10-25-16
18749 West Cavendish Dr	94552	937,000	4	2292	1978	10-25-16

FREMONT | TOTAL SALES: 30
 Highest \$: 1,045,000 Median \$: 770,000
 Lowest \$: 425,000 Average \$: 774,233

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
2294 Bishop Avenue	94536	1,005,000	5	2142	1963	10-21-16
4495 Burke Way	94536	650,000	4	2297	1959	10-21-16
36612 Cabrillo Drive	94536	657,500	3	976	1953	10-20-16
37135 Cabrillo Drive	94536	915,000	4	1557	1964	10-21-16
4450 Castanos Street	94536	940,000	4	1387	1967	10-25-16
4875 Hansen Avenue	94536	543,000	2	841	1952	10-21-16
36992 Meadowbrook Common #104	94536	425,000	1	936	1987	10-20-16
3315 Peralta Boulevard	94536	735,000	3	1225	1950	10-21-16
36119 Perkins Street	94536	1,045,000	4	1840	1965	10-25-16
35573 Purcell Place	94536	966,000	3	1576	1967	10-21-16
315 Springstone Drive	94536	913,500	3	1416	1989	10-21-16
310 Torrano Common	94536	715,000	3	1240	1975	10-20-16
449 Vega Terrace	94536	650,000	4	1632	1973	10-20-16
39206 Guardino Dr #207	94538	435,000	2	844	1990	10-21-16
3897 Jersey Road	94538	915,000	4	1724	1993	10-21-16
42921 Parkwood Street	94538	942,000	3	1413	1965	10-20-16
4496 Porter Street	94538	625,000	3	1207	1955	10-20-16
4652 Sloan Street	94538	670,000	3	1078	1963	10-21-16
4107 Twin Peaks Terrace	94538	635,000	2	1257	1978	10-21-16
46990 Lundy Terrace	94539	730,000	3	1187	1981	10-25-16
2506 Monet Terrace	94539	895,000	3	1401	2011	10-21-16
47728 Wabana Street	94539	820,000	4	1544	1970	10-20-16
48958 Woodgrove Com	94539	815,000	3	1670	2004	10-21-16
4802 Canvasback Com	94555	920,000	3	1607	1988	10-20-16
4041 Caribbean Com	94555	430,000	2	884	1970	10-21-16
4152 Gordon Street	94555	785,000	3	1090	1977	10-21-16
3477 Lake Ontario Drive	94555	770,000	2	960	1970	10-21-16
3775 Lake Ontario Drive	94555	720,000	3	1629	1971	10-21-16
34447 Redgrave Place	94555	940,000	3	1390	1968	10-25-16
34203 Torrington Place	94555	1,020,000	3	1714	1970	10-21-16

HAYWARD | TOTAL SALES: 17
 Highest \$: 845,000 Median \$: 550,000
 Lowest \$: 214,000 Average \$: 556,706

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
22865 1st Street	94541	530,000	2	1193	1949	10-25-16
25844 Clausen Court	94541	845,000	3	2587	1989	10-25-16
1436 Clay Street	94541	605,000	3	1564	1959	10-20-16
3460 Saddle Drive	94541	625,000	3	1528	1962	10-21-16
21667 Westfield Avenue	94541	575,000	4	1854	1942	10-21-16
2125 Cotati Street	94542	700,000	4	1917	1952	10-21-16
1438 Highland Boulevard	94542	750,000	4	2366	1949	10-21-16
28069 Thorup Lane	94542	670,000	3	1920	1988	10-21-16
31410 Brae Burn Avenue	94544	550,000	3	1233	1955	10-21-16
24719 Joanne Street	94544	214,000	4	1372	1950	10-25-16

345 Nassau Lane	94544	570,000	3	1134	1955	10-21-16
26165 Regal Avenue	94544	480,000	3	1059	1952	10-21-16
27609 Sebastian Way	94544	485,000	3	1000	1954	10-21-16
406 Sycamore Avenue	94544	455,000	2	1176	1920	10-21-16
27702 Cliffwood Avenue	94545	540,000	3	1119	1955	10-21-16
27851 Hummingbird Ct	94545	420,000	3	1254	1971	10-25-16
21100 Gary Drive #215	94546	450,000	2	1056	1981	10-21-16

MILPITAS | TOTAL SALES: 9
 Highest \$: 881,500 Median \$: 810,000
 Lowest \$: 450,000 Average \$: 757,667

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
1879 Burley Drive	95035	760,000	4	1102	1960	11-15-16
1510 Canal Street	95035	822,000	3	1413	2014	11-14-16
360 Carnegie Drive	95035	450,000	3	995	1955	11-16-16
849 Coyote Street	95035	810,000	3	1104	1964	11-15-16
482 Dixon Road	95035	720,000	3	900	1961	11-16-16
396 Expedition Lane	95035	881,500	3	1633	2016	11-14-16
556 Glenmoor Circle	95035	820,500	3	1259	1986	11-16-16
1655 Pinewood Way	95035	815,000	4	1721	1966	11-16-16
1888 Trento Loop	95035	740,000	2	1584	2015	11-16-16

NEWARK | TOTAL SALES: 8
 Highest \$: 1,105,000 Median \$: 655,000
 Lowest \$: 469,000 Average \$: 713,313

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
5532 Azalea Way	94560	887,500	-	-	-	10-24-16
6994 Cedar Boulevard	94560	605,000	3	1126	1963	10-20-16
39887 Cedar Blvd #347	94560	469,000	2	1071	1986	10-25-16
5555 Civic Terrace Ave	94560	655,000	3	1455	1987	10-21-16
36494 Colbert Street	94560	670,000	3	1232	1963	10-25-16
39771 Potrero Drive	94560	800,000	2	1627	1991	10-21-16
6119 Thornton Ave #B	94560	515,000	2	1166	1987	10-21-16
36356 Tunbridge Drive	94560	1,105,000	4	2669	1993	10-21-16

SAN LEANDRO | TOTAL SALES: 11
 Highest \$: 880,000 Median \$: 565,000
 Lowest \$: 367,000 Average \$: 563,773

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
750 Bancroft Avenue	94577	880,000	3	3088	1938	10-21-16
169 Durant Avenue	94577	580,000	4	1568	1944	10-21-16
1536 Kelly Avenue	94577	565,000	4	1335	1942	10-21-16
900 Lee Avenue	94577	697,500	2	1616	1928	10-21-16
14023 Outrigger Dr #15	94577	465,000	2	962	1985	10-20-16
1750 150th Avenue	94578	485,000	-	1480	1977	10-20-16
1476 153rd Avenue	94578	482,000	3	1176	1994	10-21-16
15956 East 14th St #315	94578	367,000	2	918	2008	10-21-16
15111 Lark Street	94578	570,000	3	1914	1951	10-25-16
15224 Edgemoor Street	94579	540,000	3	1763	1950	10-21-16
15239 Inverness Street	94579	570,000	3	1421	1952	10-20-16

SAN LORENZO | TOTAL SALES: 4
 Highest \$: 620,000 Median \$: 545,000
 Lowest \$: 535,000 Average \$: 575,000

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
578 Cornell Street	94580	535,000	3	1733	1950	10-21-16
16124 Hesperian Blvd	94580	600,000	4	1316	1944	10-21-16
118 Via Bolsa	94580	620,000	3	1493	1950	10-21-16
38 Via Verde	94580	545,000	3	1623	1951	10-20-16

UNION CITY | TOTAL SALES: 4
 Highest \$: 911,000 Median \$: 790,000
 Lowest \$: 525,000 Average \$: 768,750

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
4424 Corto Monterey	94587	525,000	-	1430	1973	10-20-16
4419 Holt Street	94587	911,000	4	2044	1984	10-25-16
32203 Minturn Court	94587	849,000	4	2201	1973	10-21-16
2638 Oregon Street	94587	790,000	5	2039	1972	10-20-16

Park District adds 130 acres in East Contra Costa County

SUBMITTED BY CAROLYN JONES
 ARTWORK BY COURTESY OF LIZ MUSBACH

The East Bay Regional Park District Board of Directors voted unanimously on December 6 to acquire two parcels, of 50 and 80 acres, to expand parks in Antioch and Byron, respectively.

The first parcel is a 50-acre hillside that represents the last remaining undeveloped ridgeline between Black Diamond Mines Regional Preserve and Contra Loma Regional Park, both in Antioch. The parcel was once slated for 50 luxury homes, but the developer, Suncrest Homes, and its successor property owner, Antioch Holdings LLC, agreed to donate the property, valued at \$3.5 million.

In a unique arrangement, the developer will donate the property to the Regional Parks Foundation, which in turn will convey it to the Park District to become part of Black Diamond Mines.

The second acquisition is 80 acres near Byron Vernon Pools Regional Preserve that the Park District is acquiring in partnership with the East Contra Costa County



Campos by Liz Musbach

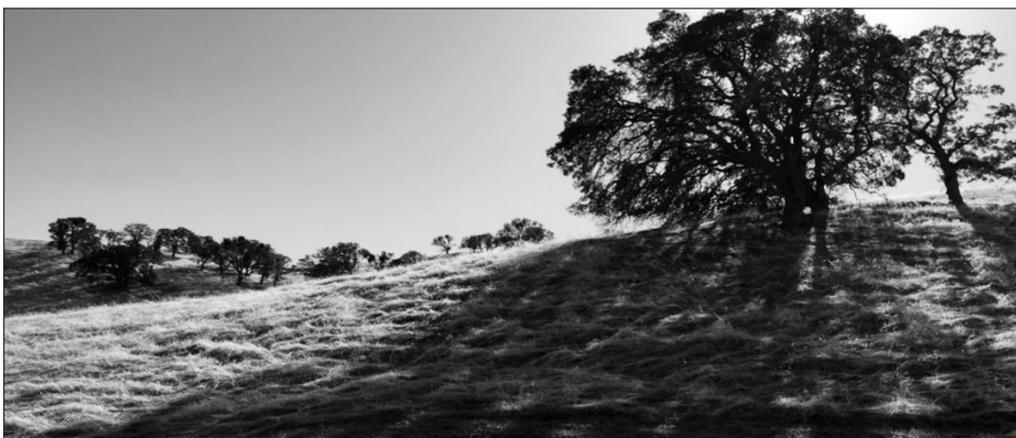
Habitat Conservancy. The Conservancy, through the California Wildlife Conservation Board, is anticipated to contribute 95 percent of the \$520,000 purchase price, and the remainder of the funds will come from NextEra.

The price was based on the property's appraised fair-market value.

Both properties include rolling, grassy hills and an array of native trees and shrubs, and provide important habitat for native species. They both help the Park District achieve its long-term goal of creating wildlife corridors to protect native species, and preserving the East Bay's most beautiful open spaces.

These acquisitions follow the Park District's addition of nearly 400 acres in East Contra Costa County last month. Those purchases include 191 acres to expand Black Diamond Mines, and 199 acres along Vasco Road to become part of Vasco Hills Regional Preserve as well as Byron Vernal Pools.

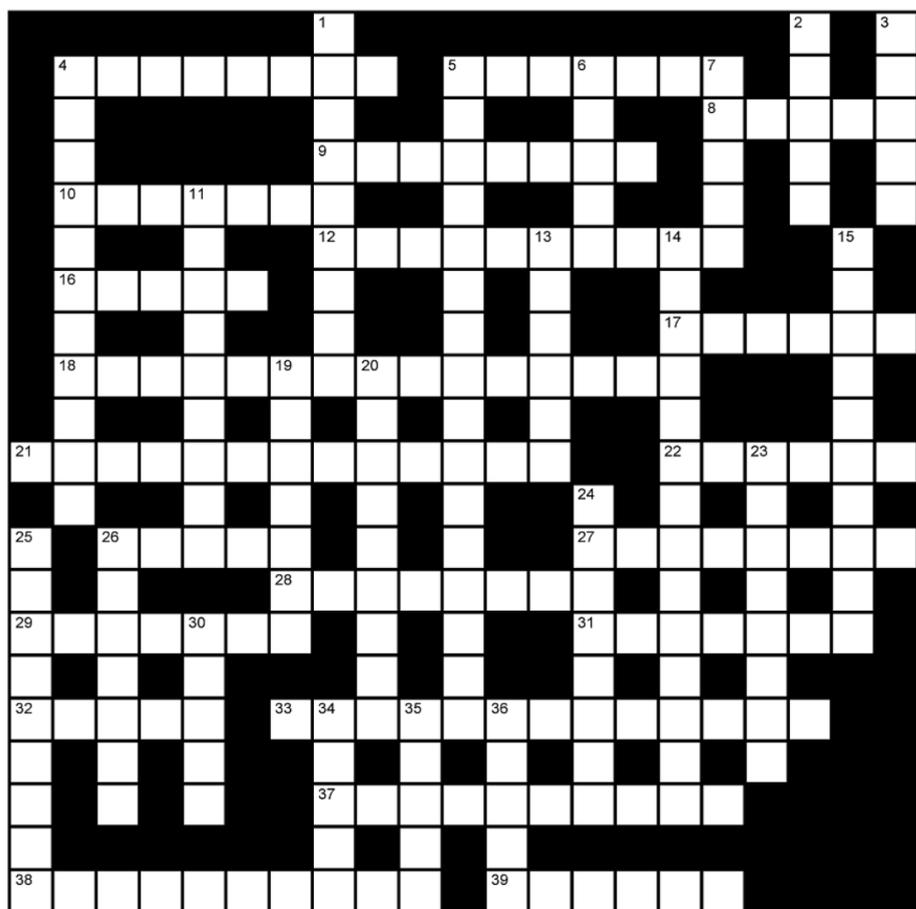
For information, please contact Carolyn Jones, Public Information Supervisor, (510) 544-2217, cjones@ebparks.org.



Suncrest by Liz Musbach

Mind Twisters

Crossword Puzzle B 3808

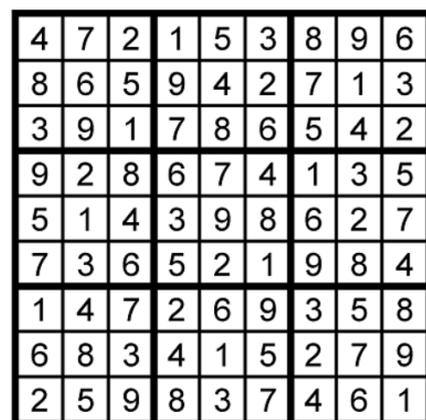
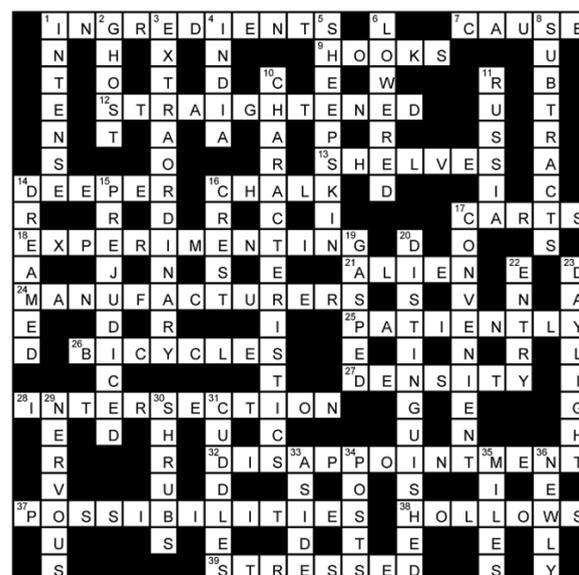
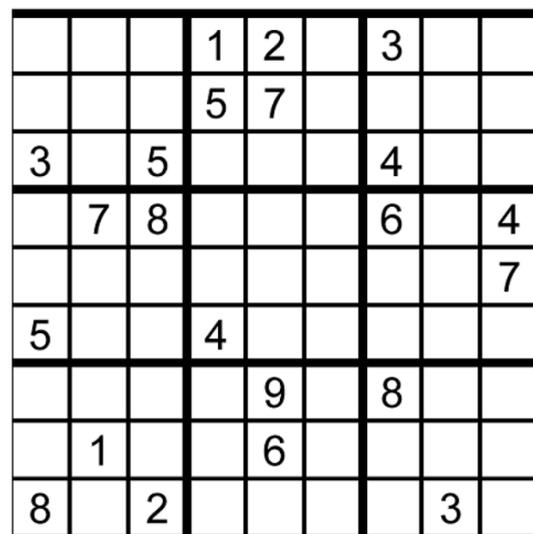


B 3809

- | | | |
|---|---------------------------------|---|
| Across | 29 Regal (7) | 11 What genes are (9) |
| 4 General direction, Pittsburgh to Philadelphia (8) | 31 Didn't close quietly (7) | 13 Preferences (6) |
| 5 Furry "bandit" (7) | 32 Laugh-a-minute folks (5) | 14 Act of categorizing (14) |
| 8 Concentrated, in a way (5) | 33 Examples (13) | 15 Hidden (10) |
| 9 Evidence on a collar (8) | 37 Icky (10) | 19 How a twin resembles its sibling (7) |
| 10 Concert (7) | 38 Entirely (10) | 20 Necessary (9) |
| 12 Significance (10) | 39 Use one's noggin (6) | 23 Fresh from the oven (8) |
| 16 Black billiard ball (5) | Down | 24 Wednesdays' predecessors (8) |
| 17 Honor (6) | 1 Diamond cut (9) | 25 Oz (9) |
| 18 Habits, appearance, e.g. (15) | 2 Striped savannah resident (5) | 26 No Clue |
| 21 Kinships (13) | 3 Because (5) | 30 Artist's stand (5) |
| 22 Gave out (6) | 4 Urgencies (11) | 34 No Clue |
| 26 Bench sitter (5) | 5 Onuses (16) | 35 Certain berth (5) |
| 27 All there is (8) | 6 Après-ski drink (5) | 36 Churchill's "___ Finest Hour" (5) |
| 28 Longitude complement (8) | 7 Care for (5) | |

Sudoku:

Fill in the missing numbers (1 - 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer DECEMBER 14 - DECEMBER 20, 2016

For All Signs: Mercury, planet of communications, turns retrograde at 5:55 a.m. on Dec. 19. It has been in the pre-shadow for two-and-a-half weeks, so you may have noticed the symptoms in your life. We can anticipate an unusual number of changes in schedule and appointments. Since Mercury also rules travel, we can also expect shifts in travel plans and revision in the expected holiday routine. Flurries of phone calls and reorganization of the calendar usually accompany Mercury retro-

grades, which occur about three times per year at irregular intervals. After the first few days, things tend to settle for a couple of weeks. This is not, however, a good time to set long range plans in concrete, as they are often revised when the retrograde is completed. That will be on January 8th, 2017. See below how this Mercury retrograde will affect you. Read your Sun and Ascendant sign.

Aries the Ram (March 21-April 20): You are probably thinking twice about an action that sounded good in the beginning. Mercury, has altered directions in your house of career and life direction. This is really more of a tweaked change than a larger life change. Now is the time to research the best possible choices, but don't take final action yet until you are sure of the parameters.

Taurus the Bull (April 21-May 20): Your ruling planet is changing directions in the territory which deals with education, publishing, travel, public speaking, the law, and philosophy. Therefore, any of these activities are subject to shifts, changes, or sudden deceleration due to lack of decision. Maybe the right solution is just not available yet. Have a sense of humor; you know Mercury is retrograding.

Gemini the Twins (May 21-June 20): Mercury is retrograding in the territory of taxes, debt, and joint resources. You will likely experience a need to go back and review financial history. Some may be hesitating over whether or not to become

sexually involved with a new lover. The answer for that one is to step back for now. Think again in Jan. 2017.

Cancer the Crab (June 21-July 21): Mercury is retrograding in the territory of significant relationships, contracts, and clientele. These areas may be challenging right now because it is difficult to make decisions or finalize activities. Have patience with yourself and everyone else. It is temporary.

Leo the Lion (July 22-August 22): This Mercury retrograde experience occurs in the territory of health, coworkers, tenants, employees, and pets. You may find it very hard to move forward with your diet and exercise program. It is a particularly good time to organize and sort closets, records, and files. Coworkers and employees may be hard to pin down.

Virgo the Virgin (August 23-September 22): Mercury is turning retrograde in the territory that rules children, creative efforts, and love life. Anything on your radar screen that is related to these territories is subject to turnaround, review,

deceleration, rethinking for a few weeks. Maybe you'll want to check out a previous love interest.

Libra the Scales (September 23-October 22): On this Mercury retrograde, the area of focus is related to property, family, and issues of security. You are likely reworking things in one of these territories. Family members may be erratic or hard to pin down, making it difficult to conclude open agendas. Have patience. Mercury turns direct on Jan. 8.

Scorpio the Scorpion (October 23-November 21): The Mercury retrograde focus is specifically on communications, neighbors, siblings, and others who are in your daily environment. Concentrate as much as possible on clear communications. Double check what you think you heard. You may need to consider the needs of your vehicle now. Give it a checkup.

Sagittarius the Archer (November 22-December 21): During this week you may be dealing with projects that you thought were long since done. Somehow they crop up again to

be corrected or repaired. "Going back" or "doing over" is not your gig. An Archer always wants to be moving forward to the next thing.

Capricorn the Goat (December 22-January 19): Give attention to the lead paragraph. Mercury is turning retrograde in your sign and will be more likely to affect your daily affairs than many of the other signs. Don't even try to finalize anything while a retrograding Mercury is with you. Use the energy to research information and gather resources for better decisions after Jan. 8th.

Aquarius the Water Bearer (January 20-February 18): Memories from your life history may surface for examination at this time. Old friends or ac-

quaintances who return for a short time could be the trigger for this life review. It is possible you may have a greater than normal need to reflect, to write, and otherwise give attention to your inner self. For that reason circumstances will slow down in your outer life.

Pisces the Fish (February 19-March 20): You are likely to find yourself thinking a lot about old friends and may want to get in touch with one or two of them. This is a time for nostalgia and reminiscence. Others are thinking about you, too. You are one who is prone to rest in the background. You rarely make the first move. But if you want to catch up, pick up the telephone.

Are you interested in a personal horoscope?
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

Pat Kite's Garden

Acorns and Oaks

BY PAT KITE

Q: Did you know that squirrels eat white oak acorns right away, but tend to bury the red oak acorns? Why?

A: White oak acorns have a sweet flavor. Red oak acorns have a bitter taste due to the tannin content. Squirrels and birds tend to save them for later.

Q: Do you know that an oak tree must be 20 to 50 years old before it bears acorns?

A: White oak acorns will sprout shortly after hitting the ground. Red oak acorns can wait months to sprout.

Q: How do you know which tree is in the white oak group and which in the red oak group?

A: The white oak group includes chinkapin, bur, white, swamp white, post and live oaks. White oak group leaves have rounded edges. The acorn is long and somewhat narrow. The red oak group includes blackjack,

shingle, pin, red, willow, cherry-bark and Hill's. Red oak group has pointed-edge leaves. The acorn is short, fat and almost round.

Q: What's all the fuss about tannins?

A: Tannin is a bitter compound used to transform animal hide into leather. Human intestines react very poorly to acorn tannin intake. Tannin intake stops the proper absorption of food. As one researcher bluntly put it, "If your gut lining was tanned into shoe leather, it would be relatively resistant to nutrient transfer."

At this point, you may be reminded that our Native Americans included acorns in their diet. Yes, but they knew how to handle them. Using stored acorns, a rock grinder broke the exterior open. Then the acorns were soaked in streams for many days to leach out the bitter tannins. When very well rinsed, the acorn innards were edible.

Legends abound about oak trees and acorns. In Scandinavian countries, a belief was putting an acorn or two on a windowsill would protect a home from lightening. You sneer? Look at your window blinds. Pull bottoms are often in the shape of acorns. Or try this one: A young woman could tell her romantic future by naming two acorn cups after her-

self and her beau. The acorn cups were then floated in a bowl of water. If they floated together, marriage occurred. If floated apart... sigh.

The old saying is "Great Oaks from little acorns grow." Great achievement comes from prolonged effort. The oldest oak tree on record was 460 years. Roots

can go down five feet. In 2004, the oak tree was recognized as the United States national tree.

It is said that carrying an acorn brings you good fortune. New Year 2017 is just around the corner. Worth a try.

TRI-CITY GARDEN CLUB MEETINGS:**Friends of Heirloom Flowers**

Work Parties - Every Tuesday - at Shinn Park, 10 a.m. - 12 p.m.

1251 Peralta near Mowry, Fremont (510) 656-7702

Bring gloves and tools. - Social Hour afterward

Every Thursday, 10 a.m. - 12 p.m.

Niles Rose Garden - 36501 Niles Boulevard, Fremont

Bring gloves and tools.

[Across Driveway from Mission Adobe Nursery]

Contact Joyce Ruiz: 659-9396

Meetings are held quarterly. Call for details

Fremont Senior Center Garden Club

First Friday of each month, 1-2 p.m.

Tanya Mendoza, Program Coordinator 510-790-6602

Fremont Garden Club

The Fremont Garden Club meets the third Wednesday of each month, February - October, in members' homes & gardens, 6:30 p.m. - 8:30 p.m. Locations are posted on the Fremont Garden Clubs' web site at www.fremontgardenclub.org or email: fremontgardenclub@hotmail.com



PAT KITE

L. Patricia [Pat] Kite's several garden books include *KISS Guide to Gardening*, *Gardening Wizardry for Kids, Raccoons, Ladybug Facts and Folklore and Silkworms*. They may be found at Amazon.com and Alibris.com.

Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN**Are You Prepared for a Flood in Your Neighborhood?**

The City of Fremont has a long history of flooding, dating back to the 1950's. With winter storms on the horizon, there's no better time than the present to prepare. The City's Street Maintenance Division, along with the collaboration of other City departments, has developed a storm response plan to be as prepared as possible. Here are some ways you can better prepare.

What should you do before a flood?

- Determine if your property is located in an area that is subject to flooding by using the following resources:

Visit www.MSC.fema.gov
Visit

www.Fremont.gov/FloodInfo

Visit the City's GIS Map at www.Fremont.gov/GISMap-Room to obtain copies of Elevation Certificates and Letters of Map Changes

Email inquiries to floodinfo@fremont.gov or call the Flood Zone Information Line at (510) 494-4718

- Purchase flood insurance on your property

- Maintain gutters, inlets, channels, and pipes free of obstruction and debris

- Protect your property from the hazards of flooding

- Develop an evacuation plan for your family

What should you do during a flood?

- Tune-in to local commercial radio or television stations and watch for Warning Bulletins and any corresponding emergency instructions such as those disseminated through the City's Community Alert System, CodeRED.

- If dangerous flooding conditions are imminent, avoid driving a vehicle if possible. Do not attempt to drive or wade through deep pockets of water or running washes. Unstable banks should be avoided.

- Avoid low-lying areas. Seek shelter in the highest areas possible.

What should you do after a flood?

- Listen to the radio for emergency instructions

- Avoid driving if possible

- Follow established procedures for property damage repairs

Sandbags

Fremont residents and businesses may pick up a maximum of 10 sandbags per household/business at the following locations. *Please Note: Bring your own shovel. The City provides the sand and bags.*

City of Fremont Maintenance Yard
42551 Osgood Rd.

Fire Station No. 5

55 Hackamore Ln.

Fire Station No. 10

5001 Deep Creek Rd.

Important Contact Information

City of Fremont Maintenance

510-979-5700

Alameda County Flood Control

510-670-5500

Alameda County Water District

510-668-4200

Union Sanitary District

510-477-7500

Pacific Gas & Electric

800-743-5000

800-743-5000

For more information on how you can be better prepared for the upcoming storm season, visit www.Fremont.gov/FremontStormWatch. You may also contact the City's Maintenance Division at 510-979-5700 or maint@fremont.gov, or the City of Fremont Flood Information Line at 510-494-4718 or floodinfo@fremont.gov.

Fremont Family Resource Center to Help with Tax Season

The Fremont Family Resource Center's (FRC) Volunteer Income Tax Assistance (VITA) program provides free, quality tax return preparation assistance and electronic filing for eligible individuals and families with a household income of \$54,000 or less annually. IRS-certified volunteer tax preparers help eligible taxpayers claim their maximum refunds, such as the Earned Income Tax Credit (EITC) which can amount to as much as \$6,269 for a family with three or more qualifying children.

FRC VITA also provides access to asset building or income support resources such as public benefits, low or no cost bank accounts, and financial education.

VITA falls under the City of Fremont Human Services Department's SparkPoint Program and has helped more than 21,000 families receive over \$32 million in tax refunds since 2002.

FRC VITA's main location is at the Fremont Family Resource Center, 39155 Liberty St., Building EFGH, in Fremont. It will be open Wednesdays and Thursdays from 4 p.m. to 8 p.m., and Fridays from 10 a.m. to 1 p.m. starting January 25, 2017 through April 18, 2017.

VITA services are also offered at the New Haven Adult School, Tri-Cities One Stop Career Center located at the Ohlone College Newark Campus, and Tri-City Volunteers. For more information regarding days and times, visit www.fremontvita.org or call SparkPoint Fremont at 510-574-2020.

Find a Housemate with HIP Housing

HIP Housing, a nonprofit organization funded by the City of Fremont, offers a Free Home Sharing program to match individuals who live or work in Fremont with a housemate who has a room to rent in Fremont, Union City, or Newark.

Mary Ann unexpectedly lost her housemate of 16 years and was concerned about living alone. Jeannette had been looking for housing, but rent was too expensive. Both women heard about HIP Housing's Home Sharing Program from friends. Now they share Mary Ann's home and feel lucky to have each other as housemates. They both appreciated HIP Housing's screening and follow-up support. Jeannette said, "It's nice to have someone to live with."

Those interested in finding a housemate to pay rent or exchange household chores should contact HIP Housing's Laura Moya at 510-574-2173.

Fremont Senior Center Holiday Dinner Dance

Mark your calendar for the Fremont Senior Center's Holiday Dinner Dance on Thursday, December 15 from 5 p.m. to 8 p.m. at the Senior Center, located at 40086 Paseo Padre Pkwy. in Fremont. It will be a fun evening with delicious food prepared by the Senior Center's culinary trained chefs. Join us for dinner and an evening of dancing with music by "The Canyon Band." This event will sell out, so purchase your ticket in person at the Fremont Senior Center. For

more information contact the Fremont Senior Center at 510-790-6600.

City of Fremont Holiday Closure Scheduled for Dec. 23, 2016 - Jan. 2, 2017

The City of Fremont is implementing a Holiday Closure for many non-public safety City Services from Friday, Dec. 23, 2016 through Monday, Jan. 2, 2017. The Holiday Closure is scheduled for Dec. 27, 28 and 29, 2016, while City holidays are observed on Dec. 23, 26, 30, 2016 and Jan. 2, 2017. City offices participating in the Holiday Closure will re-open for business Tuesday, Jan. 3, 2017. This closure will not affect police and fire services.

Offices that are taking part in the Holiday Closure include:

City Hall, 3300 Capitol Ave., Building A and Building B (Administrative offices)
Fire Administration, 3300 Capitol Ave., Building A
Development Services Center, 39550 Liberty St.
Maintenance Center, 42551 Osgood Rd.
All Community Centers

Offices and facilities providing limited services during the Holiday Closure include:

Parks and Recreation, 3300 Capitol Ave., Building B (for walk-in registration of recreation programs only, from 8:30 a.m. to 5 p.m. on Dec. 19-22 and Dec. 27-30).

Community Centers and Recreation buildings with holiday day camps, programs, and pre-booked facility rentals will be open during designated hours. (Closed Dec. 24-25 and Dec. 31 - Jan. 1, 2017.)

Human Services will provide limited services for Youth & Family Services, Family Resource Center, Healthy Start Program, and HIP Housing). Please call 510-574-2050 with any questions.

Life Eldercare (clients should contact 510-574-2090 for additional information).

Afghan Elderly Association (clients should contact their caseworker for additional information).

In Home Supportive Services (clients should contact 510-574-2172 for additional information).

During the Holiday Closure:

The Fremont Police Department and Fremont Fire Depart-

ment will continue to provide public safety services.

A minimum number of City staff will be available in an on-call status to provide emergency maintenance services such as responding to storm-related issues.

Regularly-scheduled street sweeping will occur on Dec. 27, 28, and 29, weather permitting; no street sweeping on City-observed holidays. (We will make every effort to provide service on a different day. Contact the City's Maintenance Division at 510-979-5700 prior to the closure for your street's make-up street sweeping date.)

Animal Field Services will provide regular services and the Tri-City Animal Shelter, located at 1950 Stevenson Blvd., will be open limited hours on Dec. 23, 27, 28, 29 and 30.

The Human Services Department will have one or two crisis counselors available to respond to crisis from Malabar Crisis Receiving home or from the Fremont Police Department or Newark Police Department. Services will be provided at the Fremont Family Resource Center, located at 39155 Liberty St., E500. Garbage, recycling, and yard waste collection by Republic Services will be provided one day later than normally scheduled during the closure. Call 510-657-3500 for more information.

The Parks and Recreation Department will offer camps and other programs.

Community members with active building permits can call the automated line at 510-494-4885 for inspections on Dec. 27, 28, and 29. Due to limited staffing, it is recommended that community members coordinate with their building inspector at least one week prior to closure.

The Fremont Tennis Center will be open for public play, weather permitting. (Closed Dec. 24, 25, and 26, and Jan. 1, 2017.) Call 510-790-5510 for tennis-related information.

Historically, demand for many City services during the December and January holiday season is low. It is anticipated that the Holiday Closure will have little or no impact on service delivery efficiency.

For more information, visit www.Fremont.gov/HolidayClosure or call 510-284-4093.

Kid Scoop

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE



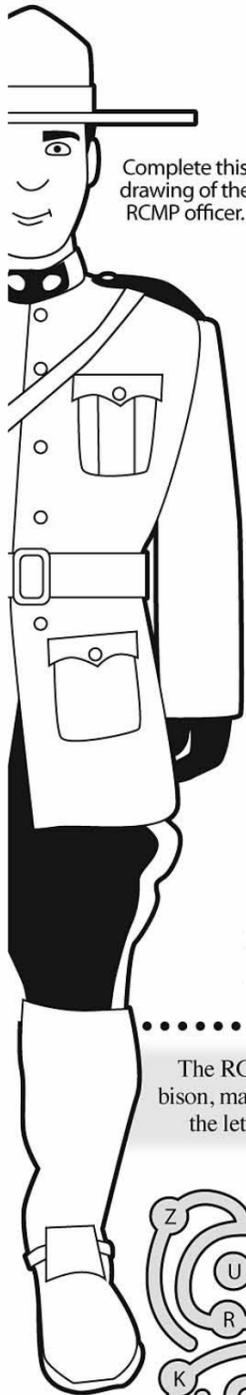
© 2017 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 33, No. 1

Kid Scoop Together

Can you always get the answer?

Read today's Kid Scoop page and then work with a family member to see if you can find the answer to each of these questions.

- The nickname for the RCMP is the _____.
- The motto of the RCMP is _____.
- Women were accepted as uniformed officers of the RCMP in _____.
- On special occasions, the RCMP wear uniforms with _____ jackets.
- Three things you can find on the badge of a RCMP officer are: _____
- The RCMP were established in the year _____.
- Originally, all members of the RCMP rode _____.
- RCMP officers keep people in Canada safe from _____.
- RCMP officers today normally wear dark blue police _____.



Complete this drawing of the RCMP officer.

RCMP

Royal Canadian Mounted Police

The Royal Canadian Mounted Police are peace officers of Canada. They work to keep the people in Canada safe from crime and terrorism.

The RCMP have an unofficial motto that shows their ability to keep people safe. Circle every other letter to find out what that is:

**Q W R E T A M L B W K A V Y W S M
G Z E B T N O S U T R V M F A B N**

“W _____”



Photo: flickr/POLICEDEVER

Famous Red Uniform

The RCMP wear red jackets and dark riding breeches, tall brown riding boots and a wide-brimmed hat for special occasions. Normally they wear a blue police uniform as seen in this photo.

Hold this page up to a mirror to find out the nickname of the Royal Canadian Mounted Police officers.

MOUNTIES

The RCMP have a special badge that includes Canadian images. These include the head of a bison, maple leaves and a crown. Their motto, “Maintiens le droit” is written on the badge. Write the letters found along the correct path through the maze to translate this motto to English.

START → D → E → F → G → H → I → J → K → L → M → N → O → P → Q → R → S → T → U → V → W → X → Y → Z → **STOP**

Extra! Extra! Caring Community
Look through the newspaper for 10 or more words that make you think of police officers. Use these words to write a poem. Send your poem to the police station to say thank you to the officers who work to keep you safe.

Standards Link: Research: Use the newspaper to locate information.

Kid Scoop-doku™

Complete the grid by using all the letters in the word NORTH in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

R				O
				T
				R
				N
N	O	R	T	H

Kid Scoop VOCABULARY BUILDERS

This week's word: ABILITY
The noun **ability** means the skill or power to accomplish something.
Jay's teacher told him that he has the **ability** to write really great stories.
Try to use the word **ability** in a sentence today when talking with your friends and family members.

Write On! Canada Story

Write a story about you and a group of friends traveling across Canada. Look for information to add realistic details to your tale.

Kid Scoop Puzzler

Replace the missing words in this article.

- OFFICERS
- HORSES
- WEST
- CANADA
- ACCEPTED
- LAW
- MOUNTED

The Royal Canadian Mounted Police was established in 1873 to bring _____ and order to the Canadian _____. The police _____ at that time all rode horses, that is why they were called the _____ Police.

In 1923, the RCMP joined with the Dominion Police who took care of the eastern provinces of _____. Even though they are all called “Mounties,” they do not all ride _____ these days.

In 1974, women were first _____ as uniformed officers.

Standards Link: Reading Comprehension: Follow simple written directions.

Double Double Word Search

- CANADIAN
- BREECHES
- MOUNTED
- POLICE
- HORSES
- LEAVES
- ROYAL
- BADGE
- BISON
- MOTTO
- MAPLE
- PEACE
- WEST
- SAFE
- WEAR

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

M	T	E	C	A	E	P	H	E	S
P	O	T	T	O	M	O	O	N	E
H	L	U	E	I	C	L	A	E	H
O	M	F	N	O	S	I	B	L	C
R	A	R	M	T	D	C	E	E	E
S	N	O	I	A	E	E	G	A	E
E	N	Y	N	C	P	D	A	V	R
S	R	A	E	W	A	L	N	E	B
A	C	L	D	B	A	W	E	S	T

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

What's missing?

Select an article from today's newspaper. Read it and then go back and black out five to ten words in the article. Give the article to a partner and see if he or she can figure out which words are missing.

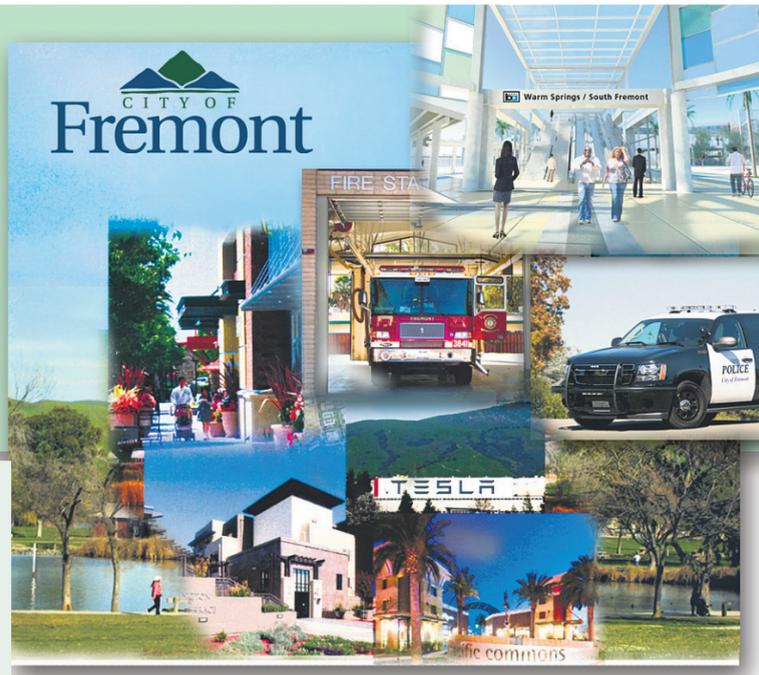
Standards Link: Research: Use the newspaper to locate information.

Besides totem poles, what are three of the most famous poles in the world?



ANSWER: North, South and Tadmor

Think Fremont



November 28, 2016

An Open Letter to the Fremont Community:

The City of Fremont is one of the most diverse cities in the United States, and has been recognized as a national model of how people from different cultural, ethnic, and religious backgrounds can live and work together in peace and harmony. This is our City's greatest strength.

In recent conversations with many community members, we've heard several disturbing stories about hateful and terrifying exchanges as well as actions on our streets, in local businesses, and at schools and parks. Many community members have recounted in great detail how these interactions have left them feeling scared and fearful in their daily lives. Civility must continue to be our utmost priority, and there is no excuse to act disrespectfully toward certain members of our community because of the color of their skin, their religious beliefs, or their sexual orientation. We cannot and will not stand for this behavior in our community.

As a matter of official public policy, the City of Fremont has zero tolerance of prejudice, racism, bigotry, hatred, and violence. We strongly encourage anyone who has experienced an act of hate to report the incident immediately to the Fremont Police Department at 510-790-6800 option 3, or 9-1-1 if in immediate danger. We offer our assurance that all incidents will be thoroughly investigated and addressed. Additionally, we want to assure you that the City will be vigilant and vocal as it relates to any changes in federal policy that can impact this city we all call home.

Now more than ever, we must commit ourselves to the universal "golden rule," to treat others as you would like to be treated. As a Compassionate City that has adopted and signed a Compassionate City Charter on January 12, 2016, join us in making kindness and compassion a clear, luminous, and dynamic force in our polarized world.

We call on our Fremont community to continue the long tradition of tolerance and respect for people of all religious and cultural backgrounds, so that all Fremont residents feel accepted and safe in our community.

Bill Harrison
Mayor

Rick Jones
Vice Mayor

Suzanne Lee Chan
Councilmember

Vinnie Bacon
Councilmember

Lily Mei
Councilmember



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1270-A Newell Avenue



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Tell A Friend Call Rachel Parra 510 745-1480

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 EventsAtTheLodge@gmail.com
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 24249 Hesperian Blvd., Hayward **510-264-9669**

A word to the wise man

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I need a Forever Home

 Azalea is a gentle, sweet girl who walks well on leash. She's a bit shy so needs a home where she'll get lots of attention to feel safe and loved. OK with kids 13 yrs and older. Info: Hayward Animal Shelter. (510) 293-7200.

 Alonzo is a young, energetic and outgoing bunny who loves cilantro and parsley. He has sleek black fur and big brown eyes. He's neutered and ready to go home with you. Info: Hayward Animal Shelter. (510) 293-7200
ENRICH YOUR LIFE - BECOME A VOLUNTEER!
Hayward Animal Shelter
 www.facebook.com/haywardanimalshelter
 510-293-7200
 16 Barnes Court (Near Soto & Jackson) Hayward
 Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee
 R= Reservations Required
 Schedules are subject to change.
 Call to confirm activities shown in these listings.

Arts & Entertainment



CONTINUING EVENTS

Thursdays, Oct 6 thru Dec 29

Bingo \$
 1 p.m.
Games, refreshments and door prizes
 Newark Senior Center
 7401 Enterprise Dr., Newark
 (510) 578-4840
 www.newark.org

Fridays, Oct 7 thru Dec 30

Mahjong
 9:15 a.m.
 Tile game
No experience necessary
 Newark Senior Center
 7401 Enterprise Dr., Newark
 (510) 578-4840
 www.newark.org

Friday, Oct 8 - Sunday, Jan 8

Impressed with Wax Exhibit
 10 a.m. - 5 p.m.
Paintings and sculpture created with hot wax
 Hayward Shoreline Interpretive Center
 4901 Breakwater Ave., Hayward
 (510) 670-7270
 www.haywardrec.org

Mondays, Oct 10 - Dec 26

Bunco
 10 a.m.
 Dice game
No experience necessary
 Newark Senior Center
 7401 Enterprise Dr., Newark
 (510) 578-4840
 www.newark.org

Thursday, Nov 11 - Sunday, Dec 17

Miracle on 34th Street Lux Radio Play \$
 Thurs - Sat: 8 p.m.
 Sun: 12 noon
Holiday classic presented as live 1940's radio program
 Broadway West Theatre Company
 400-B Bay St., Fremont
 (510) 683-9218
 www.broadwaywest.org

Tuesday, Nov 22 - Friday, Dec 16

Toy Drive
 9 a.m. - 5 p.m.
Donate new unwrapped toys for all ages
 Fremont Chamber of Commerce
 39488 Stevenson Blvd., Fremont
 (510) 795-2244
 http://www.fremontbusiness.com/

Friday, Nov 25 - Sunday, Dec 18

Susan Ashley Exhibit
 11 a.m. - 5 p.m.
Experimental collage and portrait works
 Sun Gallery
 1015 E St., Hayward
 (510) 581-4050
 www.sungallery.org

Friday, Nov 25 - Wednesday, Dec 21

Holiday Food and Toy Drive
 8 a.m. - 5 p.m.
Donate non-perishable food, gifts and toys
 Sponsored by Fremont Fire Department
 Fire Administration or any of the Fremont Fire Stations
 Fremont City Hall
 3300 Capitol Ave., Fremont
 (510) 494-4200
 https://fremont.gov/113/Fire-Stations



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Centerville

Saturdays
9 a.m. - 1 p.m.
 Year-round
 Bonde Way at Fremont Blvd.,
 Fremont
 (510) 909-2067
www.fremontfarmersmarket.com

Downtown Fremont Farmers' Market

Wednesdays
3 p.m. - 7 p.m.
 May thru October
 Capital Ave. between Liberty St. and State St.
www.westcoastfarmersmarkets.org

Kaiser Permanente Fremont Farmers' Market

Thursdays
10 a.m. - 2 p.m.
 Year-round
 39400 Paseo Padre Pkwy.,
 Fremont
 800-949-FARM
www.pcfma.com

Irvington Farmers' Market

Sundays
9 a.m. - 2 p.m.
 Year-round
 Bay Street and Trimboli Way,
 Fremont
 800-949-FARM
www.pcfma.com

Niles Farmer's Market

Saturdays
9 a.m. - 2 p.m.
 Year-round
 Niles Town Plaza
 37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market

Saturdays
9 a.m. - 1 p.m.
 Year-round
 Hayward City Plaza
 777 B. St., Hayward
 1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays
9 a.m. - 3 p.m.
 Year-round
 W. Tennyson Rd. between Tyrell Ave. and Tampa Ave., Hayward
 (510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro

Wednesday
10 a.m. - 2 p.m.
 June 11, 2014 to
 December 31, 2014
 2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at ICC

Sundays
8 a.m. - 1 p.m.
 Year-round
 India Community Center
 525 Los Coches St.
 800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers' Market

Sundays
9 a.m. - 1 p.m.
 Year-round
 NewPark Mall
 2086 NewPark Mall, Newark
 1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays
9 a.m. - 1 p.m.
 Year-round
 Fairmont and East 14th St., San Leandro
 (925) 465-4690
www.cafarmersmkt.com

UNION CITY:

Kaiser Permanente Union City Farmers' Market

Tuesdays
10 a.m. - 2 p.m.
 Year-round
 Kaiser Permanente Medical Offices
 3553 Whipple Rd., Union City
 800-949-FARM
www.pcfma.com

Union City Farmers' Market

Saturdays
9 a.m. - 1 p.m.
 Year-round
 Old Alvarado Park
 Smith and Watkins Streets,
 Union City
 800-949-FARM
www.pcfma.com

Friday, Nov 18 - Friday, Jan 27

A Woman's View of the World
 Monday - Friday: 8:30 a.m. - 4:30 p.m.
 Reception: Friday, Dec 2
 5:30 p.m. - 7:30 p.m.
Various artworks by American Pen Women
 John O'Lague Galleria
 Hayward City Hall
 777 B St, Hayward
 (510) 538-2787
www.haywardartscouncil.org

Wednesday, Nov 30 thru Sunday, Jan 8

Local Botanical Beauties, Then and Now \$
 10 a.m. - 4 p.m.
Watercolor exhibit of plants and landscapes
 Artist reception: Friday, December 2 at 5:30 p.m.
 Hayward Area Historical Society Museum
 22380 Foothill Blvd., Hayward
 (501) 581-0223
www.haywardareahistory.org

Saturdays, Dec 3 thru Dec 17

McConaghy House Holiday Tours \$
 11 a.m. - 4 p.m.
Visit the Victorian home decked out for the holiday season
 McConaghy Victorian House
 18701 Hesperian Blvd., Hayward
 (510) 581-0223
www.haywardareahistory.org

Mondays, Dec 5 thru Dec 19

Living with Alzheimer's Workshops - R
 4 p.m.
Coping with change, understanding memory loss
 Open to early stage patients and care partners
 Dominican Sisters of Mission San Jose
 43326 Mission Blvd., Fremont
 (408) 372-9982
ltrin@alz.org

Thursday, Dec 15 - Friday, Dec 23

Las Posadas
 6 p.m.
Processional celebration of Mary and Joseph's journey to Bethlehem
 Bring flashlights to read song sheets
 Old Mission San Jose
 43300 Mission Blvd., Fremont
 (510) 794-7166
<http://msjchamber.org/events/las-posadas/>

Through Saturday, Dec 17

Memorial Canned Food Drive
 Tuesday, Dec 13: 6 p.m. - 8 p.m. (best date)
In memory of Andrew Jacob Pereira Borba
 Newark Pavilion
 6340 Thornton Avenue
 (510) 754-8695
<http://newarkpavilion.com/>

THIS WEEK

Tuesday, Dec 13

Teen Activity Group
 5 p.m. - 6 p.m.
Plan events and earn community service hours
 Hayward Main Library
 835 C St., Hayward
 (510) 881-7980
annie.snell@hayward-ca.gov
<http://www.hayward-ca.gov/public-library>

Tuesday, Dec 13 - Sunday, Dec 18

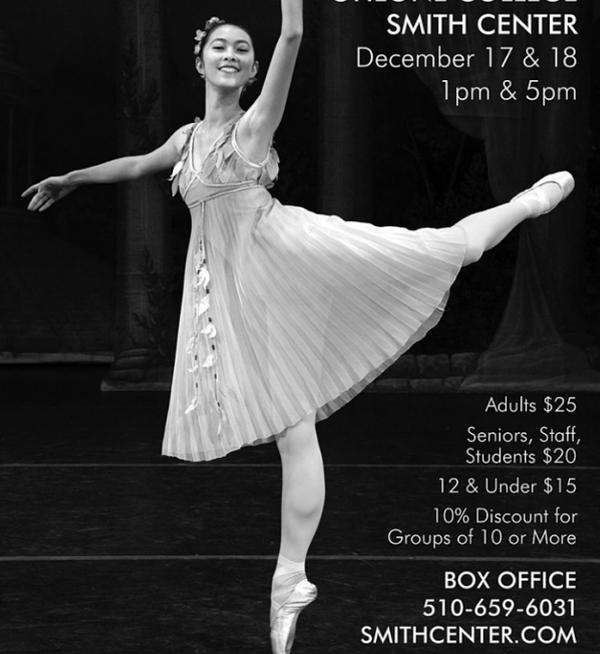
Holiday Toy Drive
 8 a.m. - 5 p.m.
Donate new unwrapped toys for children up to age 13
 Newark Police Department
 37101 Newark Blvd., Newark
 (510) 578-4237

Wednesday, Dec 14

Bingo Luncheon \$
 12 noon
Food, raffle and bingo
 Eagles Hall
 21406 Foothill Blvd., Hayward
 (510) 782-8187

Berkeley City Ballet Presents its 43rd Annual

Nutcracker



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Retirement Doesn't Mean Inactive

SIR Branch 59 Presents

The Fremont/Newark/Union City Branch 59 of SIR - Sons In Retirement - holds monthly luncheon meetings featuring guest speakers and, twice annual, "sweetheart luncheons" when wives, daughters or significant others are invited.

The next regular meeting will be held on Thursday, January 19, 2017. This month meeting is our Holiday luncheon, one of the two annual events that include wives, daughters or significant others. Tim Kawakami was our guest speaker last month, sports writer for the San Jose Mercury News. He gave us his insight and perspective on the current status and future prospects of the professional and collegiate teams in the Bay Area.

If you are a retired man you should join SIR! Fremont/Newark/Union City Branch 59, meets the third Thursday of the month at the Newark Pavilion on Thornton Ave and Cherry St in Newark. Socializing is from 11:00am to 12:00pm, and there is time to look over an extensive library of books, sign up for activities, and meet new people or shoot the breeze with old friends. The formal meeting starts at 12:00pm with branch announcements, birthday wishes, a sing-a-long, and lunch, followed by an interesting and entertaining guest speaker. Meetings usually end about 1:30pm.

Activities run the gamut from golf, bowling, computers, wine tasting, bridge, bocce, and couples dining out, and more are being added as interest dictates.

SIR Branch 59 welcomes new members. Visit the website at www.sirbranch59.org or call Ron Brutvan at (510) 794-4019 or email bvan0817@sbcglobal.net for more information. Do it today!

Wednesday, Dec 14

Peer Writers' Group
 6:00 p.m. - 7:30 p.m.
Discuss getting your writing ready for submission
 Bring 10 copies to share
 Hayward Main Library
 835 C St., Hayward
 (510) 881-7700
<http://www.hayward-ca.gov/public-library>

Wednesday, Dec 14

Congressman Mike Honda Drop In Hours
 10:00 a.m. - 12:30 p.m.
Political staff and constituents discuss community issues
 Newark Branch Library
 6300 Civic Terrace Ave., Newark
 (510) 284-0684
btelford-ishida@aclibrary.org

Wednesday, Dec 14

NMHS Band Holiday Concert \$
 7 p.m.
Enjoy live holiday music
 Newark Memorial High School
 39375 Cedar Blvd., Newark
 (510) 791-0287

Wednesday, Dec 14

Holiday Mixer
 5 p.m. - 7 p.m.
Refreshments, raffle, toy drive
 Bring a new unwrapped toy
 Fremont Chamber of Commerce
 39488 Stevenson Blvd., Fremont
 (510) 789-1950
<http://www.fremontbusiness.com/>

Thursday, Dec 15

East Bay Stompers Band
 7 p.m. - 9 p.m.
Dixie, swing and standards music
 Bronco Billy's Pizza
 41200 Blacow Road, Fremont
 (510) 914-7304

Thursday, Dec 15 - Sunday, Dec 18

Animal Feeding \$
 3 p.m.
Check for eggs, bring hay to livestock
 Ardenwood Historic Farm
 34600 Ardenwood Blvd., Fremont
 (510) 544-2797
www.ebparks.org



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26775 Hayward Blvd. Hayward
Present Coupon When Ordering. Mobile Coupons Not Accepted.

**Celebrate the Season at the
Newark Chamber's Annual Holiday Luncheon!**

Thursday, Dec. 15, 11:30 a.m. - 1:30 p.m.
DoubleTree by Hilton at 39900 Balentine Drive, Newark


**NEWARK
CHAMBER OF COMMERCE**

Enjoy the Spirit and Share the Abundance!
Your generosity will make someone's holidays much brighter
Carols by the "Kennedy Voices" Elementary School Choir
11:30 am - 12:00 pm - Social Time - View Raffle Prizes/Buy Tickets
12:00 pm - 1:30 pm - Lunch, Entertainment, Program

Bring an Unwrapped New Toy - get a raffle ticket in return... & then buy even more!
Donate a Raffle Prize- this year's designated recipient organization of raffle proceeds AND toys is
VIOLA BLYTHE COMMUNITY SERVICE CENTER

To reserve your seat and purchase tickets
Download Reservation Form & find more luncheon information at www.newark-chamber.com or
on the Chamber's Facebook Event Page - [Facebook.com/NewarkChamberofCommerce/](https://www.facebook.com/NewarkChamberofCommerce/)
Reserve by December 8th to Assure your Reservation

Pay online or by phone with Credit Card. Call 578-4500 or 375-0296 for more information. You may email Reservation Form to info@newark-chamber.com or mail form with check to: Newark Chamber, 37101 Newark Blvd, Newark 94560



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Seafood Excluded
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510-770-9572
3839 Washington Blvd.
Fremont (Irvington District)




Like Christmas Songs?

Be part of the no obligation, no cost seasonal choral group in a four week prep for a
Winter Community Concert - Dec. 11 Sunday, 5 pm

Practices every Wed evening, 7:30p
at Pathway Community Church, 4500 Thornton
Call for info (510-797-7910) or just show up

Thursday, Dec 15

Holiday Gifts of Music
7:30 p.m.
Winter concert open to the public
California School for the Blind
500 Walnut Ave., Fremont
(510) 794-3800 x326
joenavarro2013@gmail.com

Thursday, Dec 15 - Sunday, Dec 18

Holiday Concert \$
Thurs - Sat: 8 p.m.
Sun: 2 p.m.
Popular songs, jazz and sing-a-longs
Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.dmtonline.org

Thursday, Dec 15

Breakfast with Santa \$
9:30 a.m. - 11:00 a.m.
Enjoy breakfast, live music, grandkids meet Santa
Children 12 and under with a Grandparent
Fremont Senior Center
40086 Paseo Padre Parkway, Fremont
(510) 790-6600
<https://fremont.gov/939/Activities-and-Special-Events>

Thursday, Dec 15

Holiday Dinner and Dance \$
5 p.m. - 8 p.m.
Food, live music, dancing and no-host wine
Fremont Senior Center
40086 Paseo Padre Parkway, Fremont
(510) 790-6600
<https://fremont.gov/939/Activities-and-Special-Events>

Thursday, Dec 15

Meridian Grand Opening Reception
6 p.m. - 9 p.m.
Food, refreshments, networking
Bring a new unwrapped toy for donation
Hayward Executive Airport
20301 Skywest Dr., Hayward
(510) 259-1062
www.meridian.aero/hayward

Thursday, Dec 15

Winter Concert and Dessert \$
7:30 p.m.
Band and choir perform holiday songs
American High School
36300 Fremont Blvd., Fremont
(510) 796-1776 x57708
<http://www.americanbandrocksit.com/>

Friday, Dec 16

Cal Fresh Enrollment Clinic
3:00 p.m. - 4:30 p.m.
Alameda County Food Bank information
Hayward Weekes Branch Library
27300 Patrick Ave., Hayward
(510) 293-5366
<http://tinyurl.com/calfresh-mar16>

Friday, Dec 16 - Saturday, Dec 17

American Red Cross Blood Drive - R
7:30 a.m. - 2:30 a.m.
Call to schedule an appointment
Drop-ins welcome
Fremont-Newark Blood Center
39227 Cedar Blvd., Newark
(800) 733-2767
www.redcrossblood.org

Friday, Dec 16 - Saturday, Dec 17

Live Blues Music
9 p.m.
Various artists
Smoking Pig BBQ
3340 Mowry Ave., Fremont
(510) 713-1854
www.smokingpigbbq.net

Friday, Dec 16

Teen Night Out!
5:30 p.m. - 8:30 p.m.
Play pool, air hockey, video games & more
Ages 12 - 17
Union City Teen Center

Friday, Dec 16

1200 J St., Union City
(510) 675-5600
<http://www.ci.union-city.ca.us/departments/community-recreation-services>

Friday, Dec 16

Father and Daughter Winter Ball \$
7 p.m. - 9 p.m.
Music, dancing and refreshments
Fremont Teen Center
39770 Paseo Padre Pkwy., Fremont
(510) 494-4344
www.RegeRec@fremont.gov

Friday, Dec 16 - Saturday, Dec 17

Marionette Nutcracker Show
Fri: 7 p.m.
Sat: 3 p.m.
National puppet theatre performance
Empty plastic bottle or aluminum can for admission
New Hope Community Church
2190 Peralta Blvd., Fremont
(510) 739-0430
www.newhopefremont.org

Friday, Dec 16

Rewired to Inspire Holiday Party - R
4:30 p.m. - 5:45 p.m.
Live music, games, crafts
Kids ages 5 - 18 and adults 55+
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 371-1268
rewiredtoinspire@gmail.com

Saturday, Dec 17

School Age Storytime
11:00 a.m. - 11:30 a.m.
Volunteers read to preschoolers
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturday, Dec 17

Stitching Knit and Crochet Club
12:30 p.m. - 2:30 p.m.
Practice and learn new skills
Bring needles or hooks
Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 284-0684
btelford-ishida@aclibrary.org

Saturday, Dec 17

Stewardship Day - R
9:30 a.m. - 12 noon
Volunteers weed and clean up trash
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x361

Saturday, Dec 17

Monarchs and Milkweed \$
2 p.m.
Search for caterpillars and butterflies
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org



Holiday Boutique Calendar

Tuesday, Nov 8 thru Sunday, Jan 8

Holiday Boutique
11 a.m. - 5 p.m.
Jewelry, accessories and paintings
Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905

Thursday, Nov 17 - Sunday, Dec 18

Holiday Boutique
11 a.m. - 5 p.m.
Handmade holiday gift items
Sun Gallery
1015 E Street, Hayward
(510) 581-4050
www.sungallery.org



Holiday Tree Lightings

Saturday, Dec 10 - Sunday Dec 25

Crippsmas Place Holiday Lights
Mon - Thurs: 6 p.m. - 10 p.m.
Fri & Sat: 5 p.m. - 11 p.m.
Sun: 5 p.m. - 10 p.m.
Lights and festive scenery
36072 Cripps Pl., Fremont
www.CrippsmasPlace.org

Tuesday, Dec 27

Chanukah Lighting
5:00 p.m.
Lighting of 9 Foot Menorah, food and children's activities
Pacific Commons Shopping Center, Fremont
Between DSW and Nordstrom Rack
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www.chabadfremont.com



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 tricityvoice@aol.com



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Monday, Dec 19
 1:30 – 2:00 Acacia Creek, 34400 Mission Blvd., UNION CITY
 2:45 – 3:45 Ardenwood School, 33955 Emilia Ln., FREMONT
 5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Circle, FREMONT

Tuesday, Dec 20
 4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT
 5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

Wednesday, Dec 21
 12:45 – 2:15 Glenmoor School, 4620 Mattos Dr., FREMONT
 3:15 – 3:45 Station Center, Cheeves Way, UNION CITY
 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Wednesday, Dec 14
 2:00 – 4:00 Warm Springs Community Center, 47300 Fernald St., FREMONT
 4:15 – 4:50 Lone Tree Creek Park, Starlite Way & Turquoise St., FREMONT
 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

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(408) 293-2326 x3060

Thursday, Dec 15
 2:40 – 3:40 Bay School, 2001 Bockman Rd., SAN LORENZO

Monday, Dec 19
 11:45 – 1:00 SanDisk Corporation, 951 Sandisk Dr., MILPITAS
 1:30 – 2:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

12

Stories of Christmas

A new holiday experience at McConaghy House

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Tour Schedule

Sat Dec 10, 5 and 7 PM
 Sat Dec 17, 5 and 7 PM
 Sun Dec 18, 10 AM

Tickets must be purchased in advance.
 \$15 general
 \$10 HAHS Members, seniors and students
 Free for children ages 9 and younger

18701 Hesperian Boulevard, Hayward | 510.581.0223 | www.haywardareahistory.org

Saturday, Dec 17 - Sunday, Dec 18
Christmas Tour of Patterson House \$
 12 noon - 3 p.m.
Docent led tour of historic home
 Ardenwood Historic Farm
 34600 Ardenwood Blvd., Fremont
 (510) 544-2797
 www.ebparks.org

Saturday, Dec 17
Willow Pruning and Gathering
 9:30 a.m. - 12 noon
 1:00 p.m. - 4:30 p.m.
Volunteers assist with land management
 Ages 16+
 Quarry Lakes
 2250 Isherwood Way, Fremont
 (510) 795-4895
 www.ebparks.org

Saturday, Dec 17
Twelve Stories of Christmas \$R
 5 p.m. & 7 p.m.
Tour historic home decorated for the holidays
 McConaghy Victorian House
 18701 Hesperian Blvd., Hayward
 (510) 581-0223 x131
 www.haywardareahistory.org

Saturday, Dec 17
Pole Hiking \$R
 9:00 a.m. - 3:30 p.m.
Basic skills for efficient pole hiking
 5 miles on various terrains
 Sunol Regional Wilderness
 1895 Geary Rd., Sunol
 (510) 544-3249
 www.ebparks.org/register

Saturday, Dec 17 - Sunday, Dec 18
Marvelous Monarchs \$
 12:30 p.m. - 1:30 p.m.
Discover the butterfly life cycle
 Ardenwood Historic Farm
 34600 Ardenwood Blvd., Fremont
 (510) 544-2797
 www.ebparks.org

Saturday, Dec 17
Young Adult Advent Morning
 9 a.m. - 12 noon
Service with Father Anthony Huong Le
 Breakfast included
 Ages 18 – 35
 Dominican Sisters of Mission San Jose
 43326 Mission Blvd., Fremont
 (510) 933-6335
 www.saintjosephmsj.org

Saturday, Dec 17
Parent's Night Off \$R
 5:30 p.m. - 10:00 p.m.
Children enjoy guided zoo tour, games, movies
 Oakland Zoo
 9777 Golf Links Rd., Oakland
 (510) 632-9525 x220
 educationreservations@oakland-zoo.org

Saturday, Dec 17
Holiday Open House
 11 a.m. - 4 p.m.
Docent led tour of home, craft making, caroling and Santa
 Casa Peralta
 384 West Estudillo Ave, San Leandro
 (510) 577-3971
 www.sanleandro.org

Saturday, Dec 17
NMHS Choir Holiday Concert \$
 6 p.m.
Enjoy holiday favorites sung live
 Newark Memorial High School
 39375 Cedar Blvd., Newark
 (510) 791-0287

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28605 Ruus Road, Hayward

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Saturday, Dec 17
Change in Tide - R
 10 a.m. - 11 a.m.
 Explore marsh habitats
Alviso Environmental Education Center
 1751 Grand Blvd., Alviso
 (408) 262-5513 x104
 http://changetides.eventbrite.com

Saturday, Dec 17
Teen Gingerbread House Competition - R
 2:15 p.m. - 4:30 p.m.
Create a structure using cookies and frosting
 Prizes awarded for most original and artistic
 Hayward Main Library
 835 C St., Hayward
 (510) 881-7980
 annie.snell@hayward-ca.gov

Sunday, Dec 18
Newark Symphonic Winds Holiday Concert
 7:00 p.m. - 9:30 p.m.
Free concert of holiday favorites
 Newark Memorial High School Theatre
 39375 Cedar Blvd., Newark
 (510) 791-0287
 http://newarksymphonic.org/

Sunday, Dec 18
Hot Chocolate with Santa \$
 11 a.m. - 1 p.m.
Ornament making, refreshments, pictures with Santa
 India Community Center
 525 Los Coches Street, Milpitas
 (408) 934-1130
 www.IndiaCC.org

Sunday, Dec 18
Sunday Matinee \$
 4 p.m.
Miracle on 34th Street
 Niles Essanay Theater
 37417 Niles Blvd, Fremont
 (510) 494-1411
 www.nilesfilmmuseum.org

Saturday, Dec 17
Comedy Short Subject Night \$
 7:30 p.m.
Pawshop, Paleface, I Do, Big Business
 Niles Essanay Theater
 37417 Niles Blvd, Fremont
 (510) 494-1411
 www.nilesfilmmuseum.org

Sunday, Dec 18
Ohlone Culture and Lifeways \$
 10:00 a.m. - 11:30 a.m.
Discover traditional roles of native people
 Ages 8+
 Coyote Hills Regional Park
 8000 Patterson Ranch Rd., Fremont
 (510) 544-3220
 www.ebparks.org

Sunday, Dec 18
North Marsh Bird Hike
 1 p.m. - 3 p.m.
Discover shore birds on an easy flat hike
 Ages 15+
 Coyote Hills Regional Park
 8000 Patterson Ranch Rd., Fremont
 (510) 544-3220
 www.ebparks.org

Sunday, Dec 18
VIFE & Fremont Youth Symphony Orchestra Concert \$
 3 p.m.
Benefit concert of Christmas carols and favorites
 First United Methodist Church
 2950 Washington Blvd., Fremont
 (510) 936-0570
 www.fremontsymphony.org/youth

Tuesday, Dec 20
Start Smart Teen Driving Program
 6 p.m.
Driver safety education for ages 15-19
 Castro Valley Library
 3600 Norbridge Ave., Castro Valley
 (510) 667-7900
 www.aclibrary.org

Two students selected as finalists in Foster Farms Bowl

SUBMITTED BY
ALAIA HOWELL

Eleven California youngsters have been selected as finalists in the contest to sing the national anthem at the Foster Farms Bowl, including two local students, 16-year-old Ayushi Prusty from Fremont and Gavin Heraldo, age 11, from Milpitas. Finalists were chosen among Bay Area and Central Valley youth who submitted audition videos via YouTube.

The Foster Farms Bowl selected these finalists in the "Oh Say, Can You Sing?" contest to determine who will perform the national anthem at this year's bowl game at Levi's Stadium. The contestants will move on to the final round of competition, a live audition in front of a panel of judges - among them, football legend and former 49ers wide receiver Dwight Clark.

The winner will sing the national anthem in front of thousands of college football fans at the 2016 Foster Farms Bowl, just before kickoff at 5:30 p.m. on Wednesday, December 28 in Santa Clara. The game will air live on FOX broadcast network and will feature the Indiana Hoosiers against the Utah Utes.

For more information, visit www.FosterFarmsBowl.com

Francesca LeRúe named Director of Dept of Family and Children Services

SUBMITTED BY
LAUREL ANDERSON/MARINA HINESTROSA

County of Santa Clara Social Services Agency Director Robert Menicocci has announced the appointment of Francesca LeRúe as Director for the Department of Family and Children Services (DFCS), effective January 9, 2017.

"Francesca is bringing almost thirty years of experience to our County," said Menicocci. "Her extensive and diverse child welfare background will be a great support to our continued efforts in the pursuit of excellence for the families and children who we serve."

LeRúe comes to Santa Clara County following a search that included input from

the Social Services Agency staff and other stakeholders from the community. She is a seasoned administrator, practitioner, consultant, trainer and mentor in the field of child welfare. Her most recent professional responsibility was Risk Management Division Chief for the Los Angeles County Department of Children and Family Services.

LeRúe's experience spans the field of child welfare, including her career start as a counselor in a residential group home, and as a Budget Officer and Program Manager in Quality Assurance. She has overseen program and fiscal audits of out of home care contract providers, while also working on child abuse and neglect investigations of foster children by out of home care providers.

"I feel honored to have been selected as the new Department of Family and Children Services Director. I could not be happier to continue working in child welfare; it's my lifelong passion," said LeRúe. "My goal is to bring the knowledge and skills I've acquired over the many years and work with the Santa Clara County community and dedicated staff to achieve the department's mission of keeping children safe and families strong."

Francesca LeRúe's educational background includes a Master of Social Work from California State University, Long Beach and a Master in Public Administration from California State University, Northridge. She is also certified as a mediator.

Use caution when collecting, eating wild mushrooms

SUBMITTED BY ALI BAY
 PHOTOS BY COURTESY OF
TRENT PEARCE, TILDEN NATURE AREA

With seasonal rains promoting the growth of wild mushrooms, California Department of Public Health (CDPH) Director and State Public Health Officer Dr. Karen Smith is reminding people that collecting and eating hazardous wild mushrooms can lead to serious illness and even death.

"It is difficult to distinguish between wild mushrooms that are poisonous and those which are safe to eat," said Dr. Smith.

"Wild mushrooms should not be eaten unless they have been carefully examined and determined to be edible by a mushroom expert."

Wild mushroom poisoning continues to make people ill and send them to the hospital. Ac-



ording to the California Poison Control System (CPCS), 679 cases of ingestion were reported statewide from November 2015 to October 2016.

The most serious illnesses and deaths have been linked primarily to wild mushrooms known to cause liver damage, including Amanita phalloides also known as the "death cap" and Amanita ocreata or "destroying angel." These and other poisonous mushrooms grow in some parts of California year-round, but are most commonly found during fall, late winter or spring.

Eating poisonous mushrooms can cause abdominal pain, cramping, vomiting, diarrhea, liver damage or death. Anyone who develops symptoms after eating wild mushrooms should seek immediate medical attention. People who develop these symptoms, or their treating health care providers, should immediately contact Poison Control at 1-(800) 222-1222.



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An exciting day for the Irvington High School Vikings



SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

December 7th was an exciting day for Irvington High School and their athletic department. A ceremony held in the school cafeteria celebrated the signing of a Cal Poly (California Polytechnic State University) Scholarship for Noellah Romos, a standout softball player and student. The message from her parents and all who attended was that hard work in school and dedication to your sport will play off as it did for Noellah who is looking forward to the challenge of college level pitching. The Viking athletic department feels that this is the beginning of many more opportunities for their athletes.

Newark Athletics Hall of Fame - Induction ceremony

SUBMITTED BY DARRYL REINA

Letty Olivarez - Newark Memorial High School Class of 2006

Newell Roche - Newark High School Class of 1968

We hope that you will be able to attend this very special event, which is free and open to the public. If you have any questions, please do not hesitate to contact Athletic Director Rachel Kahoalii via email at rkahoalii@newarkunfied.org or by calling the Athletics Office at (510) 818-4339.

**Newark Athletics
 Hall of Fame - Induction Ceremony
 Saturday, Jan 28, 2017**

**7 p.m.
 Newark Memorial High School, Commons Area
 39375 Cedar Blvd, Newark
 (510) 818-4339
 rkahoalii@newarkunfied.org
 Free**

Please join us on Saturday, January 28, 2017, at Newark Memorial High School, for our second "Newark Ring of Honor - Athletics Hall of Fame" induction ceremony. The "Ring of Honor" has been established to preserve the legacy of Newark graduates who have excelled in athletics and as professionals, and to inspire our current Newark Unified School District students. The ceremony will recognize outstanding athletes, coaches, teams, and other individuals who have contributed significantly to all Newark High Schools, past and present.

Inductees are:

- Ami Forney - Newark Memorial High School Class of 1998
- Dennis Frese - Coach
- George Johannes - Booster/Volunteer

Liberty High School takes home team title

Wrestling

SUBMITTED BY TIMOTHY HESS

Liberty High School (Brentwood, CA) took home the team title with a 5-0 record at the 2016 Rich Swift Memorial Ironman Wrestling Duals hosted on December 3rd by Newark Memorial High School. Liberty defeated Newark Memorial 61-18, Oakland 66-0, and San Leandro 66-15 to move into the Gold Division. Liberty then beat Firebaugh 60-24 and Gold Division Runner-ups American HS 42-36. American had an impressive tournament with a 4-1 record. American defeated Menlo Atherton 53-15, Morro Bay 42-36, Mission San Jose 52-12, Firebaugh 42-36. San Leandro HS won the Silver Division with a 4-1 record on the day. They beat Newark

- Memorial 57-24, Oakland 60-6, Morro Bay 52-24, and Dougherty Valley 48-24.

The Rich Swift Memorial Ironman Duals is named in honor of California Wrestling Hall of Fame member, long time Newark Memorial wrestling and football coach, athletic director, NCS Honor Coach, math teacher, friend and mentor to many, Rich Swift. The RSMIMWD Organizing Committee would like to thank our sponsors the Newark Rotary Club and WrestlingMart, as well as the many outstanding volunteers who make this educational athletic event so excellent.

The records of the remaining teams:

- Firebaugh 3-2
- Morro Bay 3-2
- Newark Memorial 3-2
- Dougherty Valley 2-3

- Kennedy 2-3
- Menlo Atherton 2-3
- Mission San Jose 1-4
- Irvington 1-4
- Oakland 0-5

The Ironman Duals All Tournament Team:

- 106 Trey Dennis Morro Bay
- 113 Evan Santos American
- 120 Jake Vergara San Leandro
- 126 Cade Ignatov Liberty
- 132 Evan Smith Newark Memorial
- 138 Marcos Gamez Firebaugh
- 145 Sergio Naples Liberty
- 152 Stanley Cameron San Leandro & Reilly McCloy American
- 160 Esteban Molina Firebaugh
- 170 Arturo Rivas Firebaugh
- 182 Luis Alvarez Morro Bay *
- Outstanding Wrestler Award*
- 195 Marcos Calvo Newark Memorial
- 220 Khaled Wahba American
- 285 Nick Loya Kennedy

Chabot sports report

SUBMITTED BY MATT SCHWAB
 PHOTO BY COURTESY OF CHABOT ATHLETICS

The Chabot College women's basketball team had a busy and productive four-day run in the Contra Costa College tournament, winning three and dropping one. The Gladiators (4-4), under Coach Mark Anger, opened with a 98-81 win over Merritt, and then fell 60-56 to Fresno City, walloped Ohlone 74-55, and closed with a 92-77 win over Yuba. Now that's a strong body of work for a team building toward its Coast-North Conference opener at powerful City College of San Francisco (CCSF) (6-1) on January 4. CCSF has also lost to Fresno this season 75-67, so the Gladiators expect to give them a run for

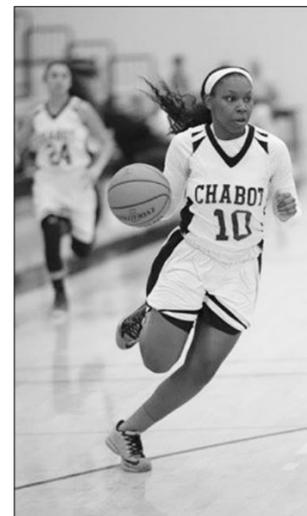
their money in the conference.

Chabot is paced by sophomore forward De'Zire Hall, a Castlemont High-Oakland graduate who is averaging 26 points and 14 rebounds a game, both in the top five in the state leaders. Sophomore guard Tylore Bell of American is No. 2 on the team in scoring at 15.8 points per game, to go with 6.0 assists and 6.2 rebounds. Sophomore guard Ariana Vargas of Washington High is No. 3 on the team in scoring at 12.0 ppg.

In other Chabot sports news, the men's basketball team was led by DeMarre Walker's 35 points in a 102-89 loss to Merced in the Cosmes River tournament.

Also, the Chabot wrestling team showed impressive depth at the recent CCCAA North Region Championships at San Joaquin Delta in Stockton. Zack Wally, a James Logan High graduate, was the Gladiators' lone individual champion at 174 pounds, and

Devon Lyle of Liberty was second at 133 pounds. Chabot finished third as a team with 148 points, behind only champion Fresno City (218) and Sacramento City (194).



Women's basketball player, De'Zire Hall

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Park It

Mushroom Advisory

BY NED MACKAY

Recent news stories have covered the issue extensively, but it can't be emphasized enough—**harvesting mushrooms in the East Bay Regional Parks is not only illegal, it's dangerous.**

With the onset of the rainy season, mushrooms are sprouting up all over the place, mostly in wooded areas. However, the regional parks are essentially wildlife preserves, so it's against

the rules to collect any plants or animals within them.

Two of the world's most toxic mushrooms can be found in the Bay Area: Amanita phalloides (the Death Cap) and Amanita ocreata (the Western Destroying Angel). They grow in oak and other woodlands. Eating them can cause liver and kidney damage, and even death. Also, they can be mistaken for other non-toxic and edible mushrooms.

So, unless you really know what you are doing, and are doing it legally, restrict your mushroom foraging to the supermarket produce aisles. Keep a close watch on your pets, too; eating mushrooms can be fatal to dogs.

Although recent cold weather may have convinced us otherwise, the official first day of winter is on Wednesday, December 21. It's the winter solstice, the shortest day of the year.

Tilden Nature Area near Berkeley will herald the solstice with a couple of programs. One is Winter Solstice Stars, from 2 to 3 p.m. on Saturday, Dec. 17, led by interpretive student aide Brianna Contaxis-Tucker. Brianna will talk about which stars are visible in the night sky at this time of year, and tell some stories about them. The program is for ages six and older.

Naturalist "Trail Gail" Broesder will lead a Solstice Sun hike from 6:15 to 8:30 a.m. on Wednesday, Dec. 21. It's a hike to the top of Wildcat Peak to greet the dawn. Bring your own coffee and flashlight.

Both programs meet at Tilden's Environmental Education Center, which is at the

north end of Central Park Drive. For information and directions, call 510-544-2233.

Saturday and Sunday Strolls are naturalist-led, family-friendly excursions that are one to five miles in length. There's one from 10 a.m. to noon on Saturday, Dec. 17 at Redwood Regional Park in Oakland. It's a state symbol tour, a hilly, three-mile hike in search of the state rock, tree, grass and flower.

Meet at the Trudeau Training Center at 11500 Skyline Boulevard, just past the intersection with Joaquin Miller Road. For information, call 510-544-3187.

Creating holiday gift crafts from natural and recycled materials is the plan during Family Nature Fun Hour from 2 to 3 p.m. on Saturday and Sunday, Dec. 17 and 18, at Crab Cove Visitor Center in

Alameda. From 3 to 3:30 p.m. it's fish feeding time at the center's large aquarium, which is home to all kinds of fish from San Francisco Bay.

Crab Cove is at the end of McKay Avenue off Alameda's Central Avenue. For information, call 510-544-3187.

Coyote Hills Regional Park in Fremont has family fun, too. **The theme on Saturday and Sunday, Dec. 17 and 18, is a marsh treasure hunt.** Drop in at the visitor center any time between 10:30 a.m. and 3:30 p.m. to make a map and set forth on the search.

Coyote Hills is at the end of Patterson Ranch Road off Paseo Padre Parkway. Call 510-544-3220 for information.

Kitayama Elementary Girls on the Run

SUBMITTED BY KELLY PAYTON

On December 4, the Kitayama Girls on the Run team participated in their first ever 5K race in San Francisco, along with teams from across the Bay Area. Over 2,000 people participated in this race to celebrate our young female runners.

The Mission of Girls on the Run (a world-wide non-profit organization) is to inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum, which creatively integrates running. Each practice includes a lesson based on core values of empowerment, responsibility, and diversity.

Girls on the Run was brought to Union City's Kitayama Elementary School by fifth-grade teacher, Kelly Payton. "I found my passion for running later in life, and I wanted to share the joy it has given me with our girls. I love the message behind Girls on the Run, which is why I decided to get involved with the organization. It has been one of the most rewarding experiences of my teaching career!" says Ms. Payton.

The girls are equally enthusiastic! "Girls on the Run made my fifth grade year," claims student, Jayden Tubera.



"Girls on the Run is a great way for girls to get involved and learn about how to be a positive influence at our school," says fifth grader, Genevieve Barton-Mattos.

The sixteen girls on the team, made up of third through fifth graders, have been practicing twice a week, after school since September under the guidance of their three coaches, Kelly Payton, Karen Lance, and Thora Cahill. Although their season

ended December 8, another team will be forming and starting up again in mid-February.

"We are trying to recruit three more coaches, so we are able to increase our team. So many girls are interested in joining and many of our girls want to return for the spring season," said Ms. Payton. "We want to include as many girls as possible!"

Girls on the Run also has a middle school curriculum. "I would love to see other teams sprout up around New Haven Unified School District, especially in the middle schools," adds Ms. Payton.

If you are interested in learning more about this wonderful organization, please contact Kelly Payton at kpayton@nhusd.k12.ca.us

MSJE Chess Team wins big

SUBMITTED BY JOE LONSDALE

Over 400 players competed in the Northern CA Grade Level Championships in Pleasanton. Mission San Jose Elementary School (MSJE) of Fremont was the big winner in the Elementary school section taking six first place team trophies (Grades K, 1, 3, 4, 5, and 6). Three MSJE players won individual championships Kevin Pan in grade five and Shreyas Nayak and Leo Jiang (tied for first) in grade six.

The MSJE kindergarten team won first place with 11 points versus eight points for second place Weibel. Arnarn Pawar and Artham Pawar scored 4 wins in five games and tied for second place.

In grade one, Jason Liu scored four wins in five games and tied for second place. The MSJE first grade team which won the first place team trophy with 9.5 points versus 8.5 for second place Weibel.

The MSJE grade three team went into first place with 10 points versus 9.5 for Weibel.

The MSJE grade four team won the first place trophy with 13 points versus 10 for second place Weibel. Allyson Wong led the team with five points. Allyson tied for second place in grade four. Arna Lingannagari and Aghilan Nachiappan each scored four points and tied for sixth place.

In grade five, Kevin Pan scored five points in six rounds and won the overall grade five championship. The MSJE grade five team won the first place trophy with 13 points versus 12 for second place Weibel.

The MSJE grade six team managed a clean sweep of the top three spots in grade six for the first time in the history of this tournament. Shreyas Nayak and Leo Jiang tied for first place with 5.5 points in six rounds. Annapoorni Meiyappan scored 4.5 points and took the third place trophy

Congratulations to the MSJE chess team for a great showing at the Northern CA grade level championships.



Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Hayward City Council

December 6, 2016

Presentation:

- Ryan Clausnitzer, general manager of Alameda County Mosquito Abatement District, presented "Mosquitoes and the Diseases They Spread."
- City staff presented the recent trip of Hayward delegates to Funabashi, Japan, in celebration of the 30-year relationship with its sister city.

Consent:

- Council adopted ordinance authorizing their participation in Alameda County's Community Choice Aggregation Program.
- Council approved preliminary engineer's report, setting the date for the public hearing and ordering the mailing of ballots and associated waiver for the formation of Benefit Zone No. 15 of the Consolidated Landscaping and Lighting District 96-1 for the Cadence Development in the South Hayward BART Area.
- Council accepted resignation of Isyanelly Gonzalez from Hay-

ward Youth Commission and appointment of Koby Shelby to fulfill her unexpired term.

- Council approved resolution acknowledging the receipt of canvass of the special municipal election held November 8, 2016d and declaring the results.

Work Session:

- Library and Community Services Director Sean Reinhart presented a review of Hayward Promise Neighborhood Initiative. (Salinas, Abstain)

Legislative Business:

- Council approved adoption of the California Code of Regulations 2016 edition of Title 24, including the 2016 Building, Fire, Plumbing, Mechanical, Electrical, Energy and Green Building Codes; and related amendments to the Hayward Municipal Code.
- Council discussed zero net energy goal for municipal facilities.

Mayor Barbara Halliday	Aye
Mayor Pro Tempore Sara Lamnin	Aye
Francisco Zermeno	Aye
Elisa Marquez	Aye
Al Mendall	Aye
Marvin Peixoto	Aye
Mark Salinas	Aye, 1 Abstain

Fremont City Council

December 6, 2016

Consent Calendar:

- Second Reading to extend the Clean Technology and Biotechnology Business Tax exemption.
 - Second Reading amending Art Review Board.
 - Second Reading amending Fremont Municipal Code to create, clarify definitions, procedures and standards related to development and use of property.
 - Second Reading to ban smoking in new multi-unit residences.
 - Second Reading to revise salaries of mayor and councilmembers.
 - Approve specifications and award contract to Golden Bay Construction, Inc. in the amount of \$4,275,709 for Citywide Concrete Repairs and Intersection Ramps Project.
 - Approve specifications and award contract to Pavement Coatings Co. in the amount of \$397,500 for 2017 Pavement Crack Seal Project.
 - Approve purchase of one storm drain cleaner truck in an amount not-to-exceed \$391,463 with Atlantic Machinery, Inc.; for two street sweepers in an amount not-to-exceed \$559,808 with Tymco, Inc. and for 15 police vehicles in an amount not-to-exceed \$522,635 with The Ford Store San Leandro.
 - Approve a contract extension with Alameda County Probation Department for programs supporting at-risk youth and families from FY 15/16 through FY 16/17.
 - Authorize contract with Alameda County Public Health Department for the Health Promoter Project.
 - Award a construction contract with G&G Builders in the amount of \$437,585.67 for the Northgate Trail Play Structure Project.
 - Award a contract to Bay Cities Paving and Grading, Inc. in the amount of \$1,051,672 for the Fremont Boulevard Widening Project between Landing Parkway and West Warren Avenue.
 - Approve Mills Act historic preservation contracts for the

Best and Starr Houses within the Palmdale Estates Planned District.

- Presentation of November election results.

Ceremonial Items:

- An open letter to the Fremont Community regarding zero tolerance for expressions of intolerance and discrimination.

Public Communications:

- Arms around Fremont event Saturday 2 p.m. at Central Park Pavilion.
- Call for all to treat all citizens with respect.
- Request for more traffic calming measures in Niles and stop sign at Grimmer Elementary School.
- Request for exemption of right turn restrictions at Old Canyon Road for residents.
- Request for council action to oppose Newby Island expansion due to effect on Warm Springs residents.

Items Removed from Consent Calendar:

- Second Reading rezoning property located at 1031 Walnut Avenue. Citizens commented in opposition to development without further discussion. Council reiterated previous positions on the project. 3-2 (nay: Bacon, Mei)

Scheduled Items:

- Approve a Master Plan to facilitate additional development at the existing Tesla Motors factory. Speakers asked for consideration and commitment by Tesla of expanding support of local apprenticeship programs. Council accolades for Tesla and support for finding traffic solutions.

Other Business:

- Summary of 2016 business engagement activities by Economic Development Department and other city departments.

Mayor Bill Harrison	Aye
Vice Mayor Rick Jones	Aye
Lily Mei	Aye; 1 Nay
Vinnie Bacon	Aye; 1 Nay
Suzanne Lee Chan	Aye



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
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TAKES FROM SILICON VALLEY EAST

Vision Zero plan uses tech to stop traffic fatalities

BY HANS LARSEN

Inspired by Sweden, Fremont's Vision Zero plan endorses the idea that no loss of life is acceptable, and traffic crashes are preventable. Vision Zero promotes a zero tolerance policy for traffic fatalities. In Fremont alone, there were 21 fatalities and 84 severe injury collisions from traffic crashes between 2013 and 2015.

In order to achieve Vision Zero goals, the automobile industry needs to move from protection to prevention of crashes. Silicon Valley companies can support new technologies to help reduce traffic crashes caused by human error. For example, innovations in automated vehicle safety technologies such as crash warning systems, adaptive cruise control, lane keeping systems and automated detection of people

walking and bicycling are critical to eliminating the impact of human errors.

Furthermore, working with cities, Silicon Valley companies can deploy new technologies to better communicate information between the signal lights and vehicles helping to mitigate traffic congestion. These are just some ideas on how Silicon Valley companies can help cities reach its Vision Zero goal.

For an overview on how advanced technology is making cars smarter and roads safer, check out the recent article prepared by the New York Times at <http://nyti.ms/2gJPoTa>.

For more information about Fremont's three-pronged approach to Vision Zero goals, the Safer Streets, Safer People, Safer Vehicles plan, visit www.Fremont.gov/VisionZero2020

House approves bill on Calif. drought, Flint water

BY MATTHEW DALY
ASSOCIATED PRESS

WASHINGTON (AP) — The House has approved a wide-ranging bill to approve water projects across the country, including 558 million to provide relief to drought-stricken California and \$170 million to address lead in Flint, Michigan's drinking water.

The bill was approved Thursday, Dec. 8 on a vote of 360-61 even as some Democrats complained that the drought measure was a giveaway to California farmers and businesses.

House Majority Leader Kevin McCarthy, a California Republican who brokered the water deal with Democratic Sen. Dianne Feinstein, said the agreement solves a problem years in the making. He said the measure will increase water delivery to the San Joaquin Valley and southern California and streamline infrastructure projects to secure future water supplies.

Democratic Sen. Barbara Boxer of California has vowed to defeat the drought measure in the Senate.

Ramp Metering on NB I-680 Fremont

SUBMITTED BY CALIFORNIA DEPARTMENT OF TRANSPORTATION

As of December 6, Caltrans (District 4) began ramp metering operations on northbound Interstate 680 in Fremont from Auto Mall Parkway/Durham Road to Mission Boulevard (north).

In order to acclimate drivers to the presence of the new meters, the lights will be solid green from 2 p.m. to 7 p.m. Then beginning December 20, ramp meters will begin full operation Monday through Friday from 2 p.m. – 7 p.m.

The new ramp metering system is a collaborative effort between Caltrans and the City of Fremont. This I-680 corridor is already metered in the southbound direction during the morning peak hours. The city recently asked Caltrans to implement ramp metering to during evening peak hours in order to discourage freeway traffic from using city streets to bypass congestion.

Newly activated ramp locations are expected to experience delays during the first few days of cycling operation. Caltrans and city staff will monitor the metered ramps and make adjustments as needed. For more information, call the Ramp Metering Information Line number at (510) 286-4531.

OPINION

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REPORTERS

- Frank Addiego**
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INTERN

Toshali Goel

PHOTOGRAPHERS
Victor Carvellas
Mike Heightchew
Thomas Hsu
Don Jedlovec

OFFICE MANAGER
Karin Diamond

BOOKKEEPING
Vandana Dua

DELIVERY MANAGER
Carlis Roberts

APP DEVELOPER
AFANA ENTERPRISES
David Afana

WEB MASTER
RAMAN CONSULTING
Venkat Raman

LEGAL COUNSEL
Stephen F. Von Till, Esq.

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WILLIAM MARSHAK

Écoutez: Listen

Brevity: Short in time, duration, length or extent; succinct, concise

One of the first words spoken in a beginning French class is the word, écoutez. The speaker is asking for attention. This is a critical instruction for others to concentrate on what is being said and begin to understand how words are being used. The same can be said in any gathering when someone is trying to transfer important information. Combined with effective and conservative use of words,

Écoutez and Brevity

listeners will listen and focus on the message.

Citizens have just completed hiring new public employees and rehiring others. This exercise is called an election and, in our society, the results are an indicator of how well elected leaders have been listening to their constituents. In some instances, those in office have been reaffirmed, but they and new entrants to the ranks of leadership need to keep a paramount concept in mind... listening. This is an attribute and skill that is often rare or absent in those elected to office. When found, it is a pleasure for the rest of us.

While it is easy to absorb the warmth of a spotlight and cater to it, the primary responsibility of those on the dais is to listen and thoroughly consider arguments of their fellow citizens. When gratuitous rhetoric replaces reasonable discourse and rational consideration, not only is valuable time wasted but voter discontent can reach the boiling point. Mindless babbling is not only noticed, but not forgiven even when incumbents believe that their every word spoken is a precious asset. For the most part, those

speaking for the public at city council meetings have a specific matter in mind but they, too, should be aware of the time and patience limits of their audience.

When unwarranted time is used by councilmembers to simply garner attention without reasonable focus or to arrive at a predetermined outcome, it is not only uncalled for but cause for listeners to tune out on that issue and others to follow. This is unfortunate because often the issue is important even though the comments are not. The New Year is approaching and with it, a sense of renewal and change. Will this be the year of well considered comment and debate? Will this be a year of écoutez and brevity?

William Marshak
PUBLISHER

A better place for living, working and playing

BY DAVE CORTESE

As I look back on the past two years as President of the Board of Supervisors, I am, first of all, honored that my colleagues on the Board gave me the opportunity to serve in this role. We can be proud of our accomplishments and the support from our partners who helped us face our most difficult challenges.

I want to especially thank the other Supervisors for their support of my initiatives and applaud them for bringing forward such issues as creating a new cold weather shelter in North County, strengthening our ability to fight human trafficking, better serving the LGBTQ community and planning a new Vietnamese American Service Center.

Please continue to call my office, send emails or write to me with your concerns, ideas and interests in becoming involved in our events and projects. Here are a few updates:

Homelessness

A year ago in November, the County and City of San Jose

launched All the Way Home, a campaign to house homeless veterans. We offered financial incentives to landlords who rent to veterans, and engaged faith-based organizations and veterans' groups to help us. We have housed 510 homeless veterans, thanks to 138 landlords participating in the program and 24 faith-based groups. Our ultimate goal is to put a system in place so that any veteran who needs a home will have one.

Affordable Housing

Thanks to Santa Clara County voters, we have a new revenue source for building affordable housing, one of our biggest challenges of the past decade. The \$950 million Housing Bond passed with 67.59 percent of the votes, with \$700 million targeted for housing for the neediest, including housing that provides services. You'll hear more about how this will work in the coming year. Thank you to Supervisor Cindy Chavez for co-leading this effort with me, and to all the supervisors for unanimously putting this measure on the ballot.

Jail reform

The death of inmate Michael Tyree last year shocked us all, and focused our attention on reforming the custody operations. A Blue-Ribbon Commission led by Judge LaDoris Cordell, met for six months to examine our jail system. Reform recommendations also came from the Sheriff's Office, a Civil Grand Jury, federal agencies and consultants. The Finance and Government Operations Committee of the Board of Supervisors has been reviewing more than 600 recommendations during the past six months. On December 20, the Board will have a study session to determine the next steps.

Office of Immigrant Relations

In 2015, I proposed that we create an Office of Immigrant Relations to better serve our diverse population. Headed by Maria Love, the OIR (www.sccoir.gov) has been operating for the past year, and serves as a leading resource for information on immigration issues and a vital tool for community engagement.

The office's contributions will be even more significant if changes are made in immigration policies under a new administration in Washington.

Child Health Assessment

Last year I called for a Child Health Assessment to determine how we can improve health care for children in Santa Clara County, who make up almost a quarter of our population. The first volume of the assessment provides information on key areas of child health needs with a focus on racial and ethnic disparities in health care. The second volume, which is in draft form, shows the impacts that poverty, housing instability, education, violence and racial discrimination can have on the health of children. Both volumes are posted on the public health website (sccphd.org). You'll be hearing more about recommendations from the assessment in 2017.

You can contact my office at 408-299-5030 or email me at dave.cortese@bos.sccgov.org

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Marriage

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Obituaries



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Lawrence H. Noda
RESIDENT OF NEWARK
May 13, 1933 – December 5, 2016

Josephine Bliss
RESIDENT OF FREMONT
March 18, 1924 – December 7, 2016

Takeo Yamamoto
RESIDENT OF SAN FRANCISCO
March 8, 1922 – December 8, 2016

Ruth Lima
RESIDENT OF FREMONT
October 1, 1926 – December 10, 2016



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Ivan Fischer
RESIDENT OF FREMONT
February 19, 1928 – November 19, 2016

U Myint Hlaing
RESIDENT OF FREMONT
March 24, 1942 – November 26, 2016

William G. Carguilo
RESIDENT OF FREMONT
January 8, 1918 – November 26, 2016

Bryana M. Osejo
RESIDENT OF MOUNTAIN HOUSE
November 15, 1993 – November 28, 2016

Eddie L. Truitt
RESIDENT OF WARNER ROBINS, GA
July 26, 1951 – November 28, 2016

Sheng Ming Mao
RESIDENT OF UNION CITY
November 26, 1918 – November 30, 2016

John R. Wildt
RESIDENT OF FREMONT
January 1, 1951 – December 3, 2016

Katharine M. Armstrong
RESIDENT OF FREMONT
November 27, 1944 – December 3, 2016

James F. McCray
RESIDENT OF UNION CITY
June 27, 1948 – December 4, 2016

Jacqueline H. Peterson
RESIDENT OF FREMONT
November 30, 1929 – December 5, 2016

Alexander Vaysman
RESIDENT OF PALO ALTO
September 2, 1931 – December 7, 2016

Leopold G. Yang
RESIDENT OF UNION CITY
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Obituary

statement on the passing of former
California State University

Chancellor Charles B. Reed

The Campaign for College Opportunity mourns the loss of former California State University Chancellor Charles B. Reed. The Campaign was honored to have worked with Chancellor Reed for nearly a decade on ensuring increased college opportunity and success for students seeking an education in the CSU system.

Chancellor Reed was a steadfast champion of fixing the broken transfer system and committed the CSU to creating a transfer pipeline for students wishing to come to the CSU from the Community College system. Reed exerted tremendous leadership in support of historic student-centered transfer reform legislation (SB 1440) and would be proud that over 69,000 new Associate Degrees for Transfer have been conferred since implementation of the historic policy.

During Chancellor Reed's tenure, he led tremendous reforms to ensure that more students have access to CSU campuses and that they also graduated once admitted. The Campaign worked with Chancellor Reed on the CSU

African American Initiative, an initiative designed to increase the number of black students applying to the CSU system. Chancellor Reed also launched an unprecedented Graduation Initiative which sought to improve overall graduate rates at each of the CSU's 23 campuses while simultaneously closing the achievement gap for under-represented minority students – an initiative that continues even more ambitiously today thanks to him.

"Chancellor Reed was a tremendous visionary and leader in public higher education in California and the nation. He was a man of integrity and was never satisfied with preserving the status quo; rather, he pushed for bold reforms that were student centered to ensure California's economy remained competitive. News of Chancellor Reed's passing is a loss for the higher education community," said Michele Siqueiros, President of the Campaign for College Opportunity.

We send our condolences to the family of Chancellor Reed and to his CSU family. Our state is better because of his service.

half century after they were checked out.

The Oregonian reports (<http://bit.ly/1RMoPct>) that someone put two books checked out in 1963 into a book drop, accompanied by an anonymous, handwritten note.

University librarian Joan Petit says the books are so old that staff members don't know what to do with them. In the time since they were borrowed for a high-school speech class, card catalogs have

been digitized and classification methods have changed.

But the librarians, who no longer charge late fees, say they are thankful that someone returned "Basic Principles of" and "Preface to Critical Reading."

The anonymous note acknowledges that the books are "outdated -- yes -- but I'll let you decide their fate now."

Information from: The Oregonian, <http://www.oregonlive.com>

Obituary Andrew Jacob Pereira Borba

July 31, 1997 – December 2, 2016



Andrew Jacob Pereira Borba, 19, of Newark, passed on December 2, 2016 as a result of injuries sustained in a motor vehicle accident. The son of Bernardett Pereira and Andre Borba, Andrew was born in Hayward and attended Newark grade schools and graduated from American High School in Fremont in 2015. He was currently enrolled at Modesto Junior College where he majored in Agriculture and Animal Science.

Andrew took great pride in his Portuguese community, from

folklore dancing to local Holy Ghost festivities. He played in the Portuguese marching band Sociedade Filarmonica Recreio do Emigrante Portugues of Newark, was a member of the Portuguese folklore group Rancho Folclórico "À Portuguesa," and had previously been a member of Rancho Folclórico "Vira Virou." He was always willing to lend a helping hand regardless of the task, and volunteered his time at MPPA, Portuguese Hall of Modesto as well as many years of devotion at his hometown Newark Pavilion within the Newark Holy Ghost Committees.

"Life isn't about waiting for the storm to pass. It's about learning to dance in the rain." Not only did Andrew learn to dance in the rain, he wanted to dance in the rain. Andrew had a number of storms during his short life; if he hadn't learned to dance, he may have remained dry, but unfulfilled. He was fulfilled, and so were the hearts of many friends and family that will mourn his loss.

Andrew is survived by his parents Bernardett Pereira and

Andre Borba, his brother Lukas, and sister Glorieanna. He leaves grandparents Jose V. Pereira and Maria Bernardett Pereira, and Maria Borba. He is survived by his many aunts and uncles and will be missed by his many cousins. He is also survived by his godparents Paula and Marc Silva, Joey Pacheco and Danny Bettencourt.

A Celebration of Life was held Saturday, December 10, 2016 at The Newark Pavilion. As Andrew loved to give back to the community, his family collected canned goods at the service to give to needy families in the community, and will continue to take donations through Saturday, December 17. Break the HUDL Sports is also participating in the food drive. Contributions may be dropped off at the Newark Pavilion (6340 Thornton Avenue). The best drop-off date is Tuesday, 6 p.m. – 8 p.m. at the office door.

For more information, contact Paula Silva at (510) 754-8695.

Overdue books returned to Oregon library, 52 years later

AP WIRE SERVICE

PORTLAND, Ore. (AP),
Portland State University librari-

ans in Oregon finally got their
hands on two overdue books -- a

Obituary

Sheree Lynn Jordan



Just before Thanksgiving of this holiday season we lost a beautiful angel. Sheree Lynn Jordan passed away at only 50 years old.

Sheree is survived by her two children, Nicholas Jordan and Michelle Jordan, her mother Linda Patterson, her father Virgil Patterson, and husband Michael Jordan. She is preceded by father Dennis Fonk and grandmother Anne Marie Cobb.

Sheree's journey began on May 10th, 1966. She was born in Kenosha, WI to Linda and Dennis Fonk. She spent her childhood in the small town of Wisconsin, surrounded by family, including her very near and dear grandmother, Anne Marie Cobb. Grandma Brown as she so endearingly called her, helped her mother in raising her and forming the wonderful woman we all knew and loved today. As a child she loved iceskating, skiing, and sledding with her mother, and playing in the snow with her friends. In 1977 Sheree moved to California with her mother Linda. Sheree and her mother enjoyed much together, most of all cooking, and arts and crafts projects. She spent the rest of her childhood and her teenage years in Newark, CA. Shortly after Grandmother Anne Marie moved to California as well. Sheree and Michael Jordan married, and they welcomed their first child in 1989 and a second in 1991. Her children were her greatest joys in life and meant the world to her. She spent time with her grandmother as well, living with her and taking care of her over the years. Family has always been the most important thing to Sheree. As her journey in life continued, she continued learning and growing.

She was very proud of the educational achievements she had earned while attending MVRP, Heald Business College, and Ohlone College.

She was quite skilled and knowledgeable in office administration, fashion merchandising and as a homemaker.

But her greatest joy was being a mother.

Sheree was a true artist and craftsman, like her mother, that enjoyed many different medias and kinds of art. From crafting wreaths to coloring to sculpting clay birdhouses and other wonderful creations.

Sheree was a very talented cook who knew her way around the kitchen. There wasn't a recipe out there she couldn't handle or know of a way to improve. And she was always happy to share her meals and recipes with all around her.

Sheree was always worried about others before herself. Whenever she saw a neighbor in need she did all she could to help. And she always made everyone feel welcomed and loved. Sheree had a smile that would light up a room and leave you with no choice but to smile back.

Sheree will always be in our hearts; she is deeply loved and greatly missed.

Mass service for Sheree Lynn Jordan will be Friday, October 16th, 2016 at 11:00am at Holy Spirit Church in Fremont, CA. The church is located at 37588 Fremont Blvd., Fremont, CA 94536. All are welcome to come and help us complete her journey.

**Tri-City Cremation
& Funeral Service
Newark, CA
510-494-1984**

San Leandro Main Library to receive new carpet & furniture

SUBMITTED BY BILL SHERWOOD

The San Leandro Main Library is set to receive new carpet and furniture over the upcoming holiday break. In order to complete the scheduled improvements, the Main Library, including the meeting room wing, will be closed from Monday, December 19, 2016 through Sunday, January 22, 2017. During the closure, community members and library card holders may take advantage of enhanced service hours at the branch libraries, as well as extended rental time of checked-out materials. San Leandro has three branch libraries:

- Manor Branch Library, located at 1241 Manor Blvd.;
- South Branch Library, located at 14799 E. 14th St.; and
- Mulford-Marina Branch, located at 13699 Aurora Dr.

The renovation project was made possible by leveraging local Measure HH revenue and a donation from the San Leandro Public Library Foundation. The Foundation generously provided funding for furniture and project design. Outreach material regarding the closure also will be distributed at all City facilities and will be made available in Spanish and Chinese.

The City of San Leandro greatly appreciates the public's patience as this temporary closure will allow for a significantly enhanced visitor experience to San Leandro's world class library. The 87,000 square-foot library is equipped with many facilities that will continue to be available to the public following the carpet and furniture upgrades, including a computer lab, free high-speed internet access, study tables, and a collection of over 250,000 books. For more information about the closure, please contact the Information Desk at 577-3971 or visit the Library's website at www.sanleandrolibrary.org.

Obituary

Lawrence "Larry" H. Noda

Resident of Newark

May 13th, 1933 – December 5th, 2016

Born in the Township of Hana, County of Maui, Territory of Hawaii, Larry passed away suddenly on December 5th, 2016 at the age of 83.

Larry "Sonny" is survived by his wife Grace of 59 years, his daughters Tricia Noda, Naomi Barron, his grandson Kenny Barron, sisters Jean Abeyta (Vince) and Harriett "Nanilei" Racoma; many loving nieces, nephews, cousins and friends, most of all, his extended family at the Newark Senior Center. He was preceded in death by his father Thomas and mother Hattie, his sisters Lorraine Oshita and Charlotte Tomita.

Larry served in the US Marines from 1952-55. He was a



member of the 1st All-Hawaiian Marine Corps Platoon #443. He was an upholsterer for Simmons Mattress Company for 40 years.

In his earlier years he was an avid bowler and helped many improve their technique. Later he enjoyed playing pool, cards and trips to the Casino.

Visitation will be held on Monday, December 19th, from 1-3pm and a Chapel Service will begin at 3pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536. Burial will be held on Tuesday, December 20th, 11:30am at Sacramento Valley National Cemetery in Dixon, CA.

**Fremont Memorial Chapel
510-793-8900**

Community Input Sought on Union City/Newark Hazard Mitigation Plan

SUBMITTED BY LAUREN SUGAYAN

A 21-day public comment period on draft plan began December 2, 2016. The Union City/Newark Hazard Mitigation Plan (HMP) Steering Committee invites all residents, commuters, and visitors to review and comment on the final draft of the 2016 Union City/Newark Multi-Jurisdictional HMP.

The participating jurisdictions are federally mandated by the Disaster Mitigation Act of 2000 to create a detailed plan to prepare for and respond to local natural and human-caused disasters that could affect some or all of the county's residents. Jurisdictions with a plan approved by the Federal Emergency Management Agency (FEMA) may apply for mitigation funding for projects like seismic retrofits of critical facilities and local flood control.

The draft plan presented by the HMP Steering Committee is available for download at www.uc-newark-hmp.com and will be open for public comment December 2, 2016 through December 23, 2016.

The Union City/Newark Steering Committee will be hosting three public meetings to review the public draft. The Steering Committee

encourages members of the public to attend these meetings to learn more about the plan:

Thursday, December 8th – 6:00 pm; Newark Disaster Council Meeting; 6800 Mowry Ave, Newark

Wednesday, December 14th – 9:00 am; Steering Committee Meeting; 6800 Mowry Ave, Newark

Thursday, December 15th – 9:00 am, Union City Disaster Council Meeting; Charles F. Kennedy Community Center, 1333 Decoto Road, Union City

At the conclusion of the public comment period, the plan will be reviewed by the California Office of Emergency Services and the Federal Emergency Management Agency (FEMA) Region IX office. Comments can be provided through <https://www.surveymonkey.com/r/UCNewark-Draft> or sent by email to steeringcommittee@uc-newark-hmp.com.

When providing input, please provide your community, your affiliation (if applicable), and reference the plan within the email subject line.

For inquires, contact Lauren Sugayan at laurens@unioncity.org.

Think green during holiday shopping season

SUBMITTED BY TAMAR SARKISSIAN

Black Friday marked the beginning of the holiday shopping season and while not everyone is thinking about their energy use, a good bargain on the latest appliance or electronic this month can end up adding more to your electric bill next month and beyond. Pacific Gas and Electric Company (PG&E) encourages customers to choose energy-efficient products that will deliver energy savings throughout the year.

"If your holiday wish list includes big-ticket items like household appliances, remember to look for the ENERGY STAR® label. These products use about half as much energy as other devices and can help our customers save big on energy costs – all while benefitting the environment," said PG&E Senior Director of Energy Efficiency Vincent Davis.

While many customers don't factor energy consumption into their shopping budget, electronics and appliances have two price tags – the purchase price, plus the cost of electricity needed to use the product over its lifetime. Adding low-efficiency appliances to your home can increase your energy bill and impact your budget. For example, an old clothes washer can add up to \$145 in energy costs compared to a newer, energy-efficient model – not to mention the savings on your water bill.

PG&E offers the following tips to help consumers ensure holiday gifts are more energy efficient:

- Always check for the ENERGY STAR® label when purchasing appliances or electronics.
- Do your research ahead of time. Compare products' energy requirements before you buy. Visit PG&E Marketplace to explore our one-stop shop for all energy-saving appliances and consumer electronics.
- Check if your new purchase qualifies for a rebate with the retailer or PG&E.
- Stick to your budget and shopping list. Adding appliances to your home will increase your energy usage. For example, having an extra refrigerator at home can cost at least an additional \$100 each year to operate.
- Use power strips to save up to \$75 in energy costs each year. Many devices draw power even when they are turned off. Since plugs can be tough to remove from the outlet and reconnect, use a power strip to cut off power to multiple devices at once – saving time, energy and money.

PG&E customers can also spread their energy savings throughout the year by making energy-efficient changes throughout their home. To find out how to reduce your home's energy usage, visit PG&E's website and take a free 5-minute Home Energy Checkup.

NYC lawmakers approve plan for giant Ferris wheel

AP WIRE SERVICE

NEW YORK (AP) — The New York City Council has approved a plan for a Ferris wheel on Staten Island that's billed as one of the world's largest.

The project approved Wednesday would feature a 625-foot Ferris wheel with a view of the Statue of Liberty, New York Harbor and the Manhattan skyline.

Mayor Michael Bloomberg called it a "momentous day for Staten Island," saying it will create 2,000 jobs and draw millions of visitors each year.

The New York Wheel would be the world's tallest Ferris wheel today. But developers in Dubai are planning to build a 689-foot Ferris wheel called the Dubai Eye.

Construction of the New York Wheel is expected to begin in 2014, with a grand opening in 2016.

continued from page 1

A Nutcracker to captivate audiences of all ages



Suite" as a gift to adults and children alike. Held on Friday, December 16 and Saturday, December 17, admission is free with an empty recyclable – a plastic bottle or aluminum soda can – to aid an African Massai Mission in its effort to obtain clean water, education for their children, and healthcare for all.

More than 15 handcrafted, large-size string puppets, known as marionettes, will enact a magical story of Clara, dreams of a Nutcracker Prince, a Mouse King and a visit to Land of Sweets with Sugar Plum Fairies, performed to traditional Tchaikovsky music. Known as Pastor Steve, the Rev. Norman and his wife, Shannon, will stand behind an elaborate set as puppeteers.

Born into the string-puppet business, Pastor Steve's earliest memory is puppet-related, napping inside a marionette trunk and waking up to a crowd of puppets surrounding him. His father, Eric Norman, and uncle, Len Piper, launched the puppet business, National Puppet Theatre, in 1950 before he was born, and drew family members in.

"Making puppets and doing puppet shows was just a normal part of growing up in the Norman house," he says. Saturdays as a child were spent in a family garage learning craft and earning his way to a coveted position of sanding puppet heads. By age eight, he was performing in puppet shows. National Puppet Theatre was booked throughout the Midwest and country for schools, fairs, theatres, and even television. A professional puppeteer working solely in the field for 15 years but keeping a hand in puppetry for 54 years, Pastor Steve incorporated puppetry into his Canoga Park Presbyterian Church ministry, developing a puppet team of middle and high school students, performing at churches, camps, and festivals.

"Nutcracker Suite" marionettes, now more than 60 years old, are among a cast of 200 nine-string handcrafted puppets that have appeared in 13 National Puppet Theatre shows that include "Hansel and Gretel," "Peter and the Wolf," and "The Greatest Show on Strings." A few moonlight in each other's shows.

When Pastor Steve's parents retired in the 1990s, the puppets moved into storage. In 2002, his daughter, Melia, and her husband, Micah Mann, received the puppets as a wedding gift and tackled a huge project of puppet restoration. Beyond sanding, painting, and costumes, they rerecorded and digitized show dialogue and music previously on tape reels. Melia, a puppeteer who obtained an audition with The Muppets, recruited Pastor Steve to partner in performances when National Puppet Theatre resumed. The Manns went to Austria as missionaries in 2010 and left the puppets in Pastor Steve's care. He recruited his wife to puppeteer with him to keep the theatre active.

During his six-year tenure at New Hope Community Church, he has puppeteered on several occasions for church members, the public, and nearby Friends of Children with Special Needs.

In the audience of a previous "Nutcracker," Tom Hinke described the performance on Facebook as "outstanding in capturing all the excitement of this traditional Christmas-time ballet but with puppets rather than people. As one who has loved the 'Nutcracker' from the time my daughter began dancing in it, I found the puppet version a most satisfying part of my Christmas experience."

"It's a fun, family holiday event to connect with the community and promote goodwill," says Pastor Steve, who rehearses with his wife for two weeks, waiting for that moment when lights dim and a nearly forgotten art mesmerizes a new audience.

National Puppet Theatre's Nutcracker Suite
Friday & Saturday, Dec 16 & 17
Friday, Dec 16: 7 p.m.
Saturday, Dec 17: 3 p.m.
New Hope Community Church
2190 Peralta Blvd, Fremont
(510) 739-0430
newhopefremont@gmail.com
www.newhopefremont.org

Admission:
empty recyclable plastic bottles
or aluminum soda cans for
African Massai Mission

NSW Newark Symphonic Winds



Newark Symphonic Winds

Holiday Concert

- Newark Memorial High School Theatre
39375 Cedar Blvd.
- December 18, 2016
7:00—9:00 PM

Free

ADMISSION!

Donations welcomed



Richard Wong

Director

Free Holiday Concert

Presented by



Sharing with the Community

Newark Memorial High School Theatre

Sunday, December 18, 2016
7:00—9:00 PM

Enjoy an evening of holiday music performed by the Tri-Cities' own 50 musician symphony - the Newark Symphonic Winds - directed by **Richard Wong**.

The night will be filled with exciting pop, classical and holiday favorites, including a wonderful reading, set to music, of "Twas the Night Before Christmas", an inspiring community sing-along, and a special and fun performance by the Newark Saxophone Quartet.

We know that it is a certainty that **Santa and Mrs. Claus** will arrive before intermission—so bring the children—they will absolutely love it!

Cost of admission is "**FREE**" - no tickets are necessary.

For information, call 510-552-7186 or visit us on the web at newarksymphonic.org



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Directed By Paula Chenoweth

Assistant Director Becky Denevan

November 11 - December 17

Theatre location - 4000-B Bay Street, Fremont



Information found in 'Protective Services' is provided to public "as available" by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of the agency

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Juris Doctor, University of Illinois (7th in class)

Quoted by Ralph Nader in his book "No Contest" (1996)

Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present

Faculty, Santa Clara University School of Law 1987

Editor, University of Illinois Law Review

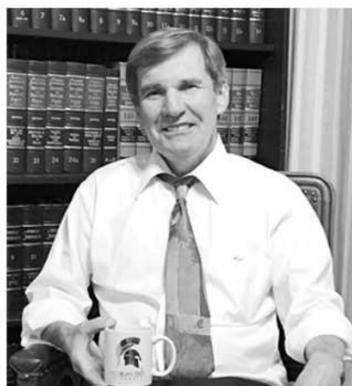
California Supreme Court Cases

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(Mission Blvd. & Anza St., Near Ohlone College)

Whispering 911 call leads to man's arrest in Union City

SUBMITTED BY SGT. STEVE MENDEZ, UNION CITY PD

During an early morning 911 emergency call police dispatchers in Union City heard a woman whispering into the phone that she needed help and that someone was armed with a shotgun. Suddenly, the call ended and dispatchers were unable to reconnect with the caller.

The 8:20 a.m. call was traced to a home on the 33900 block of Railroad Ave. Police went to the home and tried to speak with the residents but got no answer at the door. Eventually a woman left the house and told officers that she had been held against her will for several days in the house by a man.



Mario Martinez
Photo credit: Union City Police

She told officers that she had been struck with a shotgun and threatened. Police determined the man was still inside the house and armed with the shotgun. Despite negotiations with police, the man refused to leave the

home and remained barricaded inside. As a precaution, police asked neighbors to leave the area or stay inside their homes.

Eventually, police officers from Fremont, Newark and Hayward were called to assist at the scene. Special Weapons and Tactics (SWAT) team members from Fremont served a search and arrest warrant at the residence.

Finally, at 3:03 p.m. the man, identified by Union City Police as Mario Martinez, 38, of Union City was safely taken into custody by Fremont police. He is facing charges of kidnapping, false imprisonment, assault with a deadly weapon, making criminal threats and the illegal possession of a firearm.

Union City Police Log

SUBMITTED BY
LT. MATIAS PARDO,
UNION CITY PD

Tuesday, Nov. 29

At about 8:20 a.m. officers were dispatched to the 33900 block of Railroad Ave. on a disconnected 911 call that was determined to be a kidnapping and

false imprisonment. After barricading himself inside the house for several hours, Mario Martinez, a 38-year-old Union City resident, was arrested.

Wednesday, Nov. 30

At around 10:30 a.m. Officer Noyd was dispatched to take a report about a robbery that had occurred on Second Street at around 3:30 a.m. The victim was walking to his car, when a suspect approached him from behind, pointed a black semi-automatic handgun at him, and demanded

his wallet. He then fled in a white BMW with a second suspect. The armed suspect was described as a black male, between 20 and 30 years-old, tall, with dreadlocks and clean-shaven. The second suspect was described as a black male, between 20 and 30 years-old, with dreadlocks and a mustache.

Friday, Dec. 2

At around 4 a.m., three suspects stole four tires from a vehicle parked in the 34800 block of 11th St. A report was created.

Newark Police Log

SUBMITTED BY
CMDR. MIKE CARROLL,
NEWARK PD

Thursday, Dec 1

At 2:52 p.m. Community Service Officer Verandes investigated an auto burglary at the AMC Theaters, NewPark Mall. The loss was electronic equipment and miscellaneous tools.

At 5:03 p.m. Office Allum investigated a two vehicle injury accident on the 38800 block of Cherry Avenue. Both drivers were taken to a local hospital for treatment of their injuries.

At 7:36 p.m. Officer Rivas responded to a call for a shoplifter in custody at JC Penney, NewPark Mall, for a shoplifter in custody. A 28 year old Newark woman was issued a citation and released at the scene.

At 10:52 p.m. Community Service Officer Parks investigated an auto burglary at the AMC Theater, NewPark Mall. The loss was two laptop computers.

Friday, Dec 2

At 2:22 a.m. Officer Johnson seized the license plates off a vehicle at the Marriott Courtyard Motel, 34905 Newark Boulevard, for false registration.

At 6:46 p.m. Officer Mapes investigated the theft of a catalytic converter from a 2004 Toyota Sequoia on the 36000 block of Bayonne Drive.

At 5:44 p.m. Officer Jackman contacted, then arrested a 29-year-old male transient on suspicion of trespassing and probation violation at Cigarette World, 5841 Jarvis Avenue. The suspect was booked into the Santa Rita Jail.

At 9:01 p.m. Community Service Officer Parks recovered a Honda Civic that had been reported stolen in Fremont. The registered owner was notified.

At 10:13 p.m. Detective Revay contacted and arrested a 50-year-old Hayward man on

suspicion of possessing drug paraphernalia and having an outstanding warrant. The suspect was issued a citation and released.

Saturday, Dec 3

At 6:49 a.m. Officer Pacheco contacted and arrested a 40-year-old Oakland woman for causing a disturbance at the Double Tree Motel, 39900 Balentine Drive. The woman was booked into the Fremont Jail.

At 8:23 a.m. Officer Mapes contacted and arrested a 51-year-old Newark man on suspicion of possessing a controlled substance and drug paraphernalia on the 6300 block of Rockrose Drive. The suspect was issued a citation and released.

At 6:27 p.m. Officers responded to Macys, NewPark Mall, for assistance in preventing a large scale grab-and-run incident. Officers contacted the suspects, five females and one male from Oakland, inside the store. Macys recovered approximately \$3,000 worth of merchandise.

At 7:49 p.m. Officers responded to a disturbance on the 6200 block of Bellhaven Avenue. A 45-year-old Newark man was arrested for brandishing a weapon. The man was booked into the Santa Rita Jail.

At 10:19 p.m. Officer Simon accepted a citizen's arrest of three suspected shoplifters in custody from JC Penney, NewPark Mall. A 24-year-old Bay Point woman and a 23-year-old Concord man were issued citations and released. A 27-year-old Landers woman was issued a citation for shoplifting and subsequently arrested on suspicion of possessing a stolen vehicle, possession of a controlled substance, possession of drug paraphernalia and parole violation. The woman was booked into the Fremont Jail.

At 11:25 p.m. Detective Revay contacted and arrested an 18-year-old Newark man on suspicion of possessing a controlled substance on the 6200 block of Cotton Avenue. The man was issued a citation and released.

Sunday, Dec 4

At 10:02 a.m. Officer Mapes investigated an auto burglary at the Double Tree Hotel, 39900 Ballantine Drive. The loss is a coat and a GPS unit.

At 5:08 p.m. Officer Losier contacted and arrested a 35-year-old Fremont man for causing a disturbance at the Silliman Center, 6800 Mowry Avenue. The man was booked into the Fremont Jail on suspicion of possessing a controlled substance and drug paraphernalia.

Monday, Dec 5

At 11:21 a.m. Officer Heckman investigated the theft of hand tools from a construction vehicle at the Casa Bella Townhomes, 6259 Thornton Avenue.

At 1:03 p.m. Officer Pacheco investigated a theft at a 7-Eleven store, 39620 Cedar Blvd. The investigation is ongoing.

At 6:06 p.m. Officer Heimer responded to a report about two shoplifters in custody at JC Penny, NewPark Mall. A 22-year-old woman and a 29-year-old woman, both from Richmond were issued citations and released.

Tuesday, Dec 6

At 4:14 p.m. Officer Homayoun responded to a burglary on the 35700 block of Bettencourt Street. The loss was miscellaneous tools.

At 6:06 p.m. Officer Heimer responded to a report of a shoplifter in custody at Macys, NewPark Mall. A 42-year-old Newark woman was arrested for petty theft and possession of burglary tools. The woman was booked into the Fremont Jail.

Wednesday, Dec 7

0722 Hours: Officer Allum investigated a minor injury accident in the McDonald's Restaurant parking lot, 3000 NewPark Mall Road. The injured party was treated at the scene.

At 10:08 p.m. Officer Geser investigated a hit-and-run collision between a vehicle and a fire hydrant at the intersection of Jarvis Avenue and Gateway Boulevard.

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PUBLIC NOTICES

BULK SALES

NOTICE TO CREDITORS OF BULK SALE (SECS. 6104, 6105 U.C.C. & B & P 24073 et seq.)

ESCROW NO: 20002-CV DATE: December 9, 2016 Notice is hereby given to creditors of the within named seller that a sale that may constitute a bulk sale has been or will be made.

The individuals, partnership, or corporate names and the business addresses of the seller are: Constante Etrata 33366 Alvarado Niles Rd, Union City, CA 94587... Aissa L Garcia, and/or Assignee and Rosmund Garcia, and/or Assignee 27684 Havana Ave, Hayward, CA 94544

CNS-2955491#

Escrow No.: 100767-EM NOTICE TO CREDITORS OF BULK SALE (Division 6 of the Commercial Code)

(1) Notice is hereby given to creditors of the within named Seller(s) that a bulk sale is about to be made on personal property hereinafter described. (2) The name of the seller is: 3 Brothers Food Service Inc., a California corporation, whose address is: 20 Chestnut Avenue, city of South San Francisco, county of San Mateo, CA, 94080

CNS-2954298#

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): Precision Tune Auto Care, 4299 Peralta Blvd., Fremont, CA 94536, County of Alameda... Kick The Tires LLC, 4299 Peralta Blvd., Fremont, CA 94536; CA

CNS-2955207#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): 1) Donesa Beverage Company, 2) AEDION, 3) HVRYSNL, 4) Donesa Winery, 5) Donesa Family Winery, 6) Donesa Cellars, 7) Alcantara, 8) Donesa Brewery, 9) Donesa Distillery, 10) Polymen, 5073 Hyde Park Drive, Fremont, CA 94538, County of Alameda

CNS-2954122#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): IbisViz, 236 Appian Way, Union City, CA 94587, County of Alameda

CNS-2954752#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): IbisViz, 236 Appian Way, Union City, CA 94587, County of Alameda

date on which it was filed in office of the county clerk, except as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

CNS-2954748#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): ABC Delivery Solution LLC, 37327 Locust St., Newark, CA 94560, County of Alameda... ABC Delivery Solution LLC, 37327 Locust St., Newark, CA 94560; CA

CNS-2954335#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): Screen By Mike, 33915 Frederick Ln, Fremont, Calif 94555, County of Alameda... Miguel Loza, 33915 Frederick Ln, Fremont, Calif 94555

CNS-2954324#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): W & W South American BBQ Corp., 22580 Foothill Blvd., Hayward, CA 94541, County of Alameda... W & W South American BBQ Corp., 22580 Foothill Blvd., Hayward, CA 94541; California

CNS-2954313#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): Beauty Element, 3909 Stevenson Blvd., #A, Fremont, CA 94538, County of Alameda... Karla Garcia, 4740 Dogwood Ave., Fremont, CA 94536

CNS-2954122#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): Shore Line Technology, 46734 Fremont Blvd., Fremont, CA 94538, County of Alameda... Wintek HMI Corp., 46734 Fremont Blvd., Fremont, CA 94538; CA

12/13, 12/20, 12/27/16, 1/3/17

CNS-2953014#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): Mission Peak Mortgage, 46560 Fremont Blvd., Ste. 111, Fremont, CA 94538, County of Alameda... Mission Peak Brokers, Inc. 45177 Cougar Circle, Fremont, CA 94539

CNS-2952213#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): ByteQuest, 2421 Corriea Way, Fremont, CA 94539, County of Alameda... Ventr Labs Corporation, 2421 Corriea Way, Fremont, CA 94539; Delaware

CNS-2951153#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): Dhilon Trucking, 2758 Sleepy Hollow Ave., Hayward, CA 94545, County of Alameda... Gurmeet Singh, 2758 Sleepy Hollow Ave., Hayward, CA 94545

CNS-2951150#

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

The following person(s) has (have) abandoned the use of the fictitious business name: Affordable Housing Management Company, 4401 Sloat, Fremont, CA 94538

CNS-2951140#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): Axent Interior Design, 4749 Northdale Dr., Fremont, CA 94536, County of Alameda... Axent Interior Design, LLC, 4749 Northdale Dr., Fremont, CA 94536

CNS-2950354#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): Perfectly Bubbly Events, 33881 Capulet Circle, Fremont, CA 94555, County of Alameda... Angela Marie Garcia, 33881 Capulet Circle, Fremont, CA 94555

new fictitious business name statement must be filed before the expiration... The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law

CNS-2949794#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): 1) 510 Bail Bond, 2) 510 Bail Bonds, 44790 S. Grimmer Blvd. #104, Fremont, CA 94538, County of Alameda... David M. Laskey, 4507 Donalbain Cir., Fremont, CA 94555

CNS-2948763#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): Hipro Biotechnology Co., 3938 Trust Way, Hayward, CA 94545, County of Alameda... Hipro Biotechnology Co., 3938 Trust Way, Hayward, CA 94545

CNS-2948221#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): Kabage Property Management, 27597 Bahama Ave., Hayward, CA 94545, County of Alameda... Susan C. Kabage, 27597 Bahama Ave., Hayward, CA 94545

CNS-2948005#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): SHL Trucking, 340 Industrial Pkwy., Apt. #A202, Hayward, CA 94544; County of Alameda... Sathnam Singh Ladhar, 340 Industrial Pkwy., Apt. #A202, Hayward, CA 94544

CNS-2947744#

GOVERNMENT

CITY OF FREMONT SUMMARY OF ADOPTED ORDINANCE NO. 26-2016

AN ORDINANCE OF THE CITY OF FREMONT REZONING PROPERTY LOCATED AT 1031 WALNUT AVENUE FROM PLANNED DISTRICT (P-2004-267) TO MULTIFAMILY-ORIENTED DISTRICT WITH TRANSIT-ORIENTED DEVELOPMENT OVERLAY DISTRICT (R-3-70(TOD))

On November 15, 2016, the Fremont City Council introduced the above ordinance. The ordinance would rezone property located at 1031 Walnut Avenue from Planned District (P-2004-267) to Multifamily Residence District with Transit-Oriented Development Overlay District (R-3-70(TOD)).

ABSENT: None ABSTAIN: None A certified copy of the full text of Ordinance No. 26-2016 as adopted is available for review upon request in the office of the City Clerk, 3300 Capitol Avenue, Building A, Fremont.

SUSAN GAUTHIER, CITY CLERK 12/13/16

CITY OF FREMONT ORDINANCE NO. 24-2016

AN ORDINANCE OF THE CITY OF FREMONT AMENDING FREMONT MUNICIPAL CODE TITLE 5, CHAPTER 5.05, SECTION 5.05.090 TO EXTEND THE CLEAN TECHNOLOGY BUSINESS TAX EXEMPTION

WHEREAS, pursuant to the authority set forth in Government Code Section 37101, the City of Fremont has previously established a business tax, as set forth in Fremont Municipal Code Title 5, Business Licenses and Regulations, Chapter 5.05 Business Taxes; and

(1) Biotechnology business or "BTB" means a business that researches and applies the scientific manipulation of living organisms to develop or produce therapeutics, diagnostic products and/or devices targeted to the improvement of human or animal health care. (2) Clean energy means energy produced by wind, solar power, landfill gas, geothermal resources, ocean thermal energy conversion, quantifiable energy conservation measures, tidal energy, wave energy, biomass, biofuels, or hydrogen fuels derived from renewable sources.

(1) Complete and submit an initial application to the collector for review and evaluation. (2) After approval, file an annual sworn statement with the collector affirming that they continue to meet the eligibility criteria. The sworn statement must be filed with the collector on or before January 31st of every year after the year the application is first approved.

(1) No later than the effective date of the ordinance codified in this section, adopt regulations and forms regarding eligibility and the application process for the CTB or BTB exemption, which may be amended from time to time as the collector deems necessary. (2) Review all applications for completeness and convene a meeting of the business review team to consider and make a determination on eligibility for the CTB or BTB exemption.

The City Council finds that this ordinance is excluded from the definition of a Project as a government fiscal activity which does not involve any commitment to any specific project under California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15378(b)(4).

Section 3. Severability If any section, subsection, sentence, clause or phrase of this Ordinance is for any reason held by a court of competent jurisdiction to be invalid, such a decision shall not affect the validity of the remaining portions of this Ordinance. The City Council of the City of Fremont hereby declares that it would have passed this Ordinance and each section or subsection, sentence, clause and phrase thereof, irrespective of the fact that any one or more sections, subsections, sentences, clauses or phrases be declared invalid.

The Ordinances were adopted at a regular meeting of the City of Fremont City Council held December 6, 2016, by the following vote, to wit: AYES: Mayor Harrison, Vice Mayor Jones, Councilmember Chan NOES: Councilmembers: Bacon and Mei

PUBLIC NOTICES

NOES: None
ABSENT: None
ABSTAIN: None
SUSAN GAUTHIER, CITY CLERK
12/13/16
CNS-2954899#

of California to cause cancer; and
WHEREAS, the Surgeon General has concluded that eliminating smoking in indoor spaces is the only way to fully protect nonsmokers from secondhand smoke exposure and that separating smokers from nonsmokers, cleaning the air, and ventilating buildings cannot completely prevent secondhand smoke exposure; and

(4) Private membership organizations, including fraternal orders, service organizations and private clubs.
(5) On a stage in a theater or amphitheater during a performance or lecture when smoking is part of the performance or lecture.
(b) Notwithstanding any other provision of this section, any owner, operator, manager or other person who controls any establishment described in this section may declare that entire establishment as a nonsmoking establishment.

unionsanitary.ca.gov. Electronic copies of the Contract Documents are available on Compact Discs for a non-refundable \$15 charge, which includes the appropriate States sales tax and UPS Ground shipping costs. Bidders can provide their UPS or Fed Ex account number for any overnight shipping but the charge will not be discounted. However, all bidders submitting a bid must purchase and receive a paper copy of the Project Manual of Digesters No. 1 and 3 Gas Isolation Valves Project, Project No. 800-490 from the District prior to the bid opening date. All submitted bids must be on bid forms included in the purchased paper copy of the Project Manual or subsequent addenda. A bid submitted to the District by a bidder who has not purchased and received a paper copy of the Project Manual of Digesters No. 1 and 3 Gas Isolation Valves Project, Project No. 800-490, or submitted on bid forms not included in the purchased paper copy of the Project Manual or subsequent addenda shall be considered non-responsive and shall be rejected by the District.

good cause why the court should not grant the authority.
A hearing on the petition will be held in this court on Jan 3, 2017 at 9:31 AM in Dept. 201 located at 2120 Martin Luther King, Jr. Way, Berkeley, CA 94704.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Petitioner/Attorney for Petitioner: Jay A. Woidtke, Esq., 20320 Redwood Road, Castro Valley, CA 94546, Telephone: (510) 881-5026
11/29, 12/6, 12/13/16

CITY OF FREMONT
ORDINANCE NO. 25-2016

AN ORDINANCE OF THE CITY OF FREMONT AMENDING FREMONT MUNICIPAL CODE CHAPTER 2.20 (DEPARTMENTS, BOARDS AND COMMISSIONS) REGARDING THE ART REVIEW BOARD

THE CITY COUNCIL OF THE CITY OF FREMONT DOES ORDAIN AS FOLLOWS:

SECTION 1. FMC Chapter 2.20, Article XIV, AMENDED
Fremont Municipal Code Chapter 2.20, Article XIV is amended to read as follows:

Sec. 2.20.590 Creation and composition.
There is an art review board consisting of five members. Not less than three of the board members will be experienced visual and/or performing artists, architects, art educators, art scholars or art collectors whose expertise and skills are known and respected in the community. Up to two of the board members may be lay persons who have an interest in public art. Board members must also be knowledgeable about contemporary visual art, particularly public art, and capable of engaging effectively in a jury process.

Sec. 2.20.600 Duties and responsibilities; board representative.
(a) The art review board will advise the City in artistic matters and selection of art in public places. The board shall operate in accordance with the art in public places program policy, adopted and revised from time to time by city council resolution, unless otherwise provided in this code, and shall periodically review the policy. The board shall:

- 1. Advise and assist the city in obtaining financial assistance from private, corporate, and governmental sources for art in public places.
2. Review installations of artwork in public places and advise as to its maintenance.
3. Advise and assist private property owners who desire advice on art in public view.
(b) Board Representative. The members of the art review board shall annually appoint a board member and an alternate board member to serve as the art board representative. The board representative will be available to meet with development review staff and private developers in providing advice and assistance, when requested.
Sec. 2.20.610 Terms.
The term of the member shall be four years.
Sec. 2.20.620 Term limit.
Notwithstanding Section 2.20.030(c), the term limit for the art review board shall be three full terms.

SECTION 2. CEQA

The City Council finds, under Title 14 of the California Code of Regulations, Section 15061(b) (3), that this ordinance is exempt from the requirements of the California Environmental Quality Act (CEQA) in that it is not a project which has the potential for causing a significant effect on the environment. The City Council therefore directs that a Notice of Exemption be filed in compliance with CEQA regulations.

SECTION 3. SEVERABILITY

If any section, subsection, sentence, clause or phrase of this ordinance is for any reason held by a court of competent jurisdiction to be invalid, such a decision shall not affect the validity of the remaining portions of this ordinance. The City Council of the City of Fremont hereby declares that it would have passed this ordinance and each section or subsection, sentence, clause and phrase thereof, irrespective of the fact that any one or more sections, subsections, sentences, clauses or phrases be declared invalid.

SECTION 4. EFFECTIVE DATE

This ordinance shall take effect and will be enforced thirty (30) days after its adoption.

SECTION 5. PUBLICATION AND POSTING

This ordinance must be published once in a newspaper of general circulation, printed and published in Alameda County and circulated in the City of Fremont, within fifteen (15) days after its adoption.

The foregoing ordinance was introduced before the City Council of the City of Fremont at the regular meeting of the City Council, held on the 15th day of November, 2016 and finally adopted at a regular meeting of the City Council held on the 6th day of December, 2016 by the following vote:

AYES: Mayor Harrison, Vice Mayor Jones, Councilmembers: Chan, Bacon and Mei

NOES: None
ABSTAIN: None
SUSAN GAUTHIER, CITY CLERK
12/13/16
CNS-2954899#

CITY OF FREMONT
ORDINANCE NO. 29-2016

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF FREMONT AMENDING SECTION 2.05.060 (COMPENSATION OF MAYOR AND COUNCILMEMBERS) OF CHAPTER 2.05 (CITY COUNCIL AND MAYOR) OF THE FREMONT MUNICIPAL CODE INVISING THE SALARIES OF COUNCILMEMBERS

THE CITY COUNCIL OF THE CITY OF FREMONT DOES ORDAIN AS FOLLOWS:

SECTION 1. FMC §8.55.030 AMENDED
Fremont Municipal Code Section 8.55.030 is amended to add the following definitions:

Sec. 8.55.030 Definitions.
"Landlord" means any person or agent of a person who owns, manages, or is otherwise legally responsible for a unit in a multi-unit residence that is leased to a residential tenant, except that "landlord" does not include a tenant who sublets a unit (e.g., a sublessor).

"Multi-Unit Residence" means property containing two (2) or more Units, including, but not limited to, rental complexes, condominium complexes, senior and assisted living facilities, and long-term health care facilities. Multi-unit residences do not include the following:

- (1) a hotel or motel that meets the requirements of California Civil Code Section 1940, subdivision (b)(2);
(2) a mobile home park;
(3) a campground;
(4) a marina or port;
(5) a single-family home, except if used as a child care or health care facility subject to licensing requirements; and
(6) a single-family home with a detached or attached in-law or accessory dwelling unit permitted pursuant to California Government Code Sections 65852.1, 65852.150, 65852.2, or an ordinance of the city adopted pursuant to those sections, except if the single-family home or in-law/accessory dwelling unit is used as a child care or health care facility subject to licensing requirements.
"New Unit" means a Unit that is issued a certificate of occupancy after February 1, 2017.
"Person" means any natural person, partnership, cooperative association, corporation, personal representative, receiver, trustee, assignee, or any other legal entity, including government agencies.

SECTION 2. FMC § 8.55.065, ADDED
Fremont Municipal Code Section 8.55.065 is added to read as follows:

Sec. 8.55.065 Smoking restrictions in new units of multi-unit residences.
Smoking is prohibited in all new units of a multi-unit residence, including any associated exclusive-use enclosed areas or unenclosed areas, such as, for example, a private balcony, porch, deck, or patio. Smoking in a new unit of a multi-unit residence, on or after February 1, 2017, is a violation of this chapter.

SECTION 3. FMC § 8.55.075, ADDED
Fremont Municipal Code Section 8.55.075 is added to read as follows:

Sec. 8.55.075 Required and implied terms for all new units in multi-unit residences

- (a) Every lease or other rental agreement for the occupancy of a new unit in a multi-unit residence, entered into, renewed, or continued month-to-month after February 1, 2017, shall include the provisions set forth below on the earliest possible date when such an amendment is allowable by law when providing the minimum legal notice.
(1) A clause providing that it is a material breach of the agreement to allow or engage in smoking in the new unit, including exclusive-use areas, such as balconies, porches, or patios.
(2) A clause providing that it is a material breach of the agreement for tenant or any other person subject to the control of the tenant to engage in smoking in any common area of the multi-unit residence other than a designated smoking area.
(3) A clause providing that it is a material breach of the agreement for tenant or any other person subject to the control of the tenant to violate any law regulating smoking while anywhere on the property.
(4) A clause expressly conveying third-party beneficiary status to all occupants of the multi-unit residence as to the smoking provisions of the lease or other rental agreement.
(b) Every covenants, conditions and restrictions (CC&Rs) applicable to new units in a multi-unit residence adopted, entered into, or renewed after February 1, 2017, shall include the conditions set forth below.
(1) A clause providing that it is a material breach of the CC&Rs to allow or engage in smoking in the new unit, including exclusive-use areas, such as balconies, porches, or patios.
(2) A clause providing that it is a material breach of the CC&Rs for an occupant or any other person subject to the control of the occupant to engage in smoking in any common area of the multi-unit residence other than a designated smoking area.
(3) A clause providing that it is a material breach of the CC&Rs for an occupant or any other person subject to the control of the occupant to violate any law regulating smoking while anywhere on the property.
(4) A clause expressly conveying third-party beneficiary status to all occupants of the multi-unit residence as to the smoking provisions of the CC&Rs.
(c) Whether or not a landlord or a homeowner's association complies with subsections (a) and (b) above respectively, the clauses required by the subsections shall be implied and incorporated by law into every agreement to which subsection (a) applies and every CC&Rs to which subsection (b) applies and shall become effective as of the earliest possible date on which the landlord could have made the insertions pursuant to subsection (a) or the homeowner's association could have adopted the CC&Rs.
(d) An occupant who breaches a smoking provision of a lease or other rental agreement for the occupancy of a new unit or a CC&R in a multi-unit residence, or who knowingly permits any other person subject to the control of the occupant or present by invitation or permission of the occupant, shall be liable for the breach to (i) the landlord or the homeowner's association; and (ii) any occupant of the multi-unit residence who is exposed to smoke or who suffers damages as a result of the breach.
(e) This chapter shall not create additional liability for a landlord or homeowner association to any person for an occupant's breach of any smoking provision in a lease or other rental agreement for the occupancy of a new unit or CC&Rs in a multi-unit residence if the landlord and homeowner's association has fully complied with this section.
(f) Failure to enforce any smoking provision required by this chapter shall not affect the right to enforce such provision in the future, nor shall a waiver of any breach constitute a waiver of any subsequent breach or a waiver of the provision itself.

SECTION 4. FMC §8.55.080 AMENDED
Fremont Municipal Code Section 8.55.080 is amended to read as follows:

Sec. 8.55.080 Where smoking not regulated.
(a) Notwithstanding any provisions of Sections 8.55.040 through 8.55.065 to the contrary, the following areas shall not be subject to the smoking restrictions of this chapter:

- (1) Single-family homes, except when used as a family day care home or a health care facility. Single-family homes include townhomes and row homes.
(2) Retail tobacco stores.
(3) Private assembly rooms, while these places are being used for private functions or other functions where smoking is allowed under this chapter.
(4) Private membership organizations, including fraternal orders, service organizations and private clubs.
(5) On a stage in a theater or amphitheater during a performance or lecture when smoking is part of the performance or lecture.
(b) Notwithstanding any other provision of this section, any owner, operator, manager or other person who controls any establishment described in this section may declare that entire establishment as a nonsmoking establishment.

SECTION 5. CEQA
The City Council finds, under Title 14 of the California Code of Regulations, Section 15061(b) (3), that this ordinance is exempt from the requirements of the California Environmental Quality Act (CEQA) in that it is not a project which has the potential for causing a significant effect on the environment. The City Council therefore directs that a Notice of Exemption be filed in compliance with CEQA regulations.

SECTION 6. SEVERABILITY
If any section, subsection, sentence, clause or phrase of this ordinance is for any reason held by a court of competent jurisdiction to be invalid, such a decision shall not affect the validity of the remaining portions of this ordinance. The City Council of the City of Fremont hereby declares that it would have passed this ordinance and each section or subsection, sentence, clause and phrase thereof, irrespective of the fact that any one or more sections, subsections, sentences, clauses or phrases be declared invalid.

SECTION 7. EFFECTIVE DATE
This Ordinance shall take effect and will be enforced thirty (30) days after its adoption.

SECTION 8. PUBLICATION AND POSTING
This ordinance must be published once in a newspaper of general circulation, printed and published in Alameda County and circulated in the City of Fremont, within fifteen (15) days after its adoption.

The foregoing ordinance was introduced before the City Council of the City of Fremont at the regular meeting of the City Council, held on the 15th day of November, 2016 and finally adopted at a regular meeting of the City Council held on the 6th day of December, 2016 by the following vote:

AYES: Mayor Harrison, Vice Mayor Jones, Councilmembers: Chan, Bacon and Mei

NOES: None
ABSTAIN: None
SUSAN GAUTHIER, CITY CLERK
12/13/16
CNS-2954899#

CITY OF FREMONT
ORDINANCE NO. 29-2016

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF FREMONT AMENDING SECTION 2.05.060 (COMPENSATION OF MAYOR AND COUNCILMEMBERS) OF CHAPTER 2.05 (CITY COUNCIL AND MAYOR) OF THE FREMONT MUNICIPAL CODE INVISING THE SALARIES OF COUNCILMEMBERS

THE CITY COUNCIL OF THE CITY OF FREMONT DOES ORDAIN AS FOLLOWS:

SECTION 1. FMC §2.05.060 AMENDED
Fremont Municipal Code Section 2.05.060 is amended to read as follows:

Sec. 2.05.060. Compensation of mayor and councilmembers.
(a) Each member of the council other than the mayor shall receive a salary of \$2,118.89 per month.
(b) The mayor shall receive a salary of \$3,764.52 per month.
(c) Compensation increases shall be reviewed during each budget cycle and increases shall be considered commensurate with the Consumer Price Index - All Urban Consumers, San Francisco-Oakland-San Jose in an amount not to exceed 4%. Any increase to the councilmembers' salaries shall become effective only upon commencement of a new council term of office following adoption of an ordinance authorizing the increase. Any increase to the mayor's additional compensation (the amount that exceeds the councilmembers' salary amount) shall become effective as set forth in the ordinance adopting the increase.
Section 2. Effective date
This Ordinance shall take effect 30 days after the date of adoption.
Section 3. Publication and Posting
This ordinance must be published once in a newspaper of general circulation, printed and published in Alameda County and circulated in the City of Fremont, within fifteen (15) days after its adoption.

The foregoing ordinance was introduced before the City Council of the City of Fremont at the regular meeting of the City Council, held on the 15th day of November, 2016 and finally adopted at a regular meeting of the City Council held on the 6th day of December, 2016 by the following vote:

AYES: Mayor Harrison, Vice Mayor Jones, Councilmembers: Chan, Bacon and Mei

NOES: None
ABSTAIN: None
SUSAN GAUTHIER, CITY CLERK
12/13/16
CNS-2954899#

CITY OF FREMONT
ORDINANCE NO. 29-2016

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF FREMONT AMENDING SECTION 2.05.060 (COMPENSATION OF MAYOR AND COUNCILMEMBERS) OF CHAPTER 2.05 (CITY COUNCIL AND MAYOR) OF THE FREMONT MUNICIPAL CODE INVISING THE SALARIES OF COUNCILMEMBERS

THE CITY COUNCIL OF THE CITY OF FREMONT DOES ORDAIN AS FOLLOWS:

SECTION 1. FMC §2.05.060 AMENDED
Fremont Municipal Code Section 2.05.060 is amended to read as follows:

Sec. 2.05.060. Compensation of mayor and councilmembers.
(a) Each member of the council other than the mayor shall receive a salary of \$2,118.89 per month.
(b) The mayor shall receive a salary of \$3,764.52 per month.
(c) Compensation increases shall be reviewed during each budget cycle and increases shall be considered commensurate with the Consumer Price Index - All Urban Consumers, San Francisco-Oakland-San Jose in an amount not to exceed 4%. Any increase to the councilmembers' salaries shall become effective only upon commencement of a new council term of office following adoption of an ordinance authorizing the increase. Any increase to the mayor's additional compensation (the amount that exceeds the councilmembers' salary amount) shall become effective as set forth in the ordinance adopting the increase.
Section 2. Effective date
This Ordinance shall take effect 30 days after the date of adoption.
Section 3. Publication and Posting
This ordinance must be published once in a newspaper of general circulation, printed and published in Alameda County and circulated in the City of Fremont, within fifteen (15) days after its adoption.

The foregoing ordinance was introduced before the City Council of the City of Fremont at the regular meeting of the City Council, held on the 15th day of November, 2016 and finally adopted at a regular meeting of the City Council held on the 6th day of December, 2016 by the following vote:

AYES: Mayor Harrison, Vice Mayor Jones, Councilmembers: Chan, Bacon and Mei

NOES: None
ABSTAIN: None
SUSAN GAUTHIER, CITY CLERK
12/13/16
CNS-2954899#

CITY OF FREMONT
ORDINANCE NO. 29-2016

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF FREMONT AMENDING SECTION 2.05.060 (COMPENSATION OF MAYOR AND COUNCILMEMBERS) OF CHAPTER 2.05 (CITY COUNCIL AND MAYOR) OF THE FREMONT MUNICIPAL CODE INVISING THE SALARIES OF COUNCILMEMBERS

THE CITY COUNCIL OF THE CITY OF FREMONT DOES ORDAIN AS FOLLOWS:

SECTION 1. FMC §2.05.060 AMENDED
Fremont Municipal Code Section 2.05.060 is amended to read as follows:

Sec. 2.05.060. Compensation of mayor and councilmembers.
(a) Each member of the council other than the mayor shall receive a salary of \$2,118.89 per month.
(b) The mayor shall receive a salary of \$3,764.52 per month.
(c) Compensation increases shall be reviewed during each budget cycle and increases shall be considered commensurate with the Consumer Price Index - All Urban Consumers, San Francisco-Oakland-San Jose in an amount not to exceed 4%. Any increase to the councilmembers' salaries shall become effective only upon commencement of a new council term of office following adoption of an ordinance authorizing the increase. Any increase to the mayor's additional compensation (the amount that exceeds the councilmembers' salary amount) shall become effective as set forth in the ordinance adopting the increase.
Section 2. Effective date
This Ordinance shall take effect 30 days after the date of adoption.
Section 3. Publication and Posting
This ordinance must be published once in a newspaper of general circulation, printed and published in Alameda County and circulated in the City of Fremont, within fifteen (15) days after its adoption.

The foregoing ordinance was introduced before the City Council of the City of Fremont at the regular meeting of the City Council, held on the 15th day of November, 2016 and finally adopted at a regular meeting of the City Council held on the 6th day of December, 2016 by the following vote:

AYES: Mayor Harrison, Vice Mayor Jones, Councilmembers: Chan, Bacon and Mei

NOES: None
ABSTAIN: None
SUSAN GAUTHIER, CITY CLERK
12/13/16
CNS-2954872#

NOTICE INVITING BIDS

Notice is hereby given that sealed bids will be received by the Union Sanitary District in their office located at 5072 Benson Road, Union City, CA 94587-2508, at any time prior to 2:00:00 p.m. on January 5, 2017 for furnishing all labor, materials, equipment, and services for the construction of improvements designated as:

Digesters No. 1 and 3 Gas Isolation Valves Project
Project No. 800-490

The project consists of the addition of digester gas isolation valves at the Primary Digesters within the District's Alvarado Wastewater Treatment Plant. To accomplish this work the Contractor shall complete the work items indicated on the Drawings and Specifications, including but not limited to the following:

- Install temporary bypass piping at Primary Digesters No. 1, 2, and 3.
- Install digester gas isolation valves and associated piping components and pipe supports at Primary Digesters No. 1 and No. 3.

The successful bidder will have seventy five (75) calendar days to complete the Project from the Notice to Proceed.
The Engineer's Estimate for this Project is \$110,000.
Bids will be publicly opened, examined and declared on said day and hour, and will be referred to the District Board of Directors for subsequent action.

Mandatory prebid and mandatory site visit at contractor's convenience

A prebid conference will be held at 10:00 a.m., local time, on December 28, 2016 at the USD Boardroom located within the Alvarado Wastewater Treatment Plant at 5072 Benson Road, Union City, CA 94587 and a site visit will be conducted immediately following the prebid conference. Attendance at the prebid conference is mandatory for all contractors submitting a bid and prospective bidders are encouraged to attend this site visit. A site visit prior to bidding is mandatory for the contractor to be qualified to bid on the project. However, the site visit may be conducted by the contractor at its convenience prior to the preparation of its bid if the District is notified 24 hours in advance.

Under California Laws and Regulations the District shall inform all prime contractors of public works, to the extent feasible of relevant public work requirements as listed in Section 00010 of the Contract Documents. Copies of the Contract Documents are now on file and available for public inspection in the District Office, 5072 Benson Road, Union City, CA 94587-2508. A paper copy of the Contract Documents, including half size drawings, may be purchased at the District Office for a non-refundable \$75 charge. Each appropriate State and Federal agency, UPS Ground shipping costs. Bidders can provide their UPS or Fed Ex account number for any overnight shipping but the charge will not be discounted. Partial sets of Bid Documents are not available from the District. Bidders may pay for plans and specs by sending a check made out to Union Sanitary District, 5072 Benson Road, Union City, California 94587, or by going to our website www.unionsanitary.ca.gov for payment by VISA or MASTERCARD credit card.

Project information may be viewed at www.unionsanitary.ca.gov. Electronic copies of the Contract Documents are available on Compact Discs for a non-refundable \$15 charge, which includes the appropriate States sales tax and UPS Ground shipping costs. Bidders can provide their UPS or Fed Ex account number for any overnight shipping but the charge will not be discounted. However, all bidders submitting a bid must purchase and receive a paper copy of the Project Manual of Digesters No. 1 and 3 Gas Isolation Valves Project, Project No. 800-490 from the District prior to the bid opening date. All submitted bids must be on bid forms included in the purchased paper copy of the Project Manual or subsequent addenda. A bid submitted to the District by a bidder who has not purchased and received a paper copy of the Project Manual of Digesters No. 1 and 3 Gas Isolation Valves Project, Project No. 800-490, or submitted on bid forms not included in the purchased paper copy of the Project Manual or subsequent addenda shall be considered non-responsive and shall be rejected by the District.

Each bid must conform and be responsive to the invitation, the Plans and Specifications, and all documents comprising the Contract Documents. Each bid shall be presented under sealed cover and shall be accompanied by a certified check or bidder's bond, made payable to the District, in an amount not less than ten percent (10%) of the bid. The said check or bidder's bond shall be given as a guarantee that the successful bidder will execute the contract in conformity with the form of agreement contained within the contract documents, and will furnish bonds and insurance policies as specified within ten (10) days after notification of the award of the Contract to the successful bidder.

Cost for work described in each addenda issued during the time of bidding shall be included in the Bid. If the addenda shall become a part of the Contract documents.

Bidders shall develop and submit bids at their own expense. The District will not reimburse any costs associated with the development and submittal of any and all bids.

The District reserves the sole right to reject any and all bids and to waive any informality in a bid.

No bidder may withdraw its bid for a period of sixty (60) days after the date set for the opening thereof.

At the successful Contractor's option, securities may be substituted for the required retention, in accordance with the provisions of Section 22300 of the State of California Public Contract Code.

In accordance with the provisions of California Public Contract Code Section 3300, the District has determined that the Contractor shall possess, as a minimum, a valid Class A License. In accordance with the provisions of California Business and Professions Code Section 7028.15, a bid submitted to the District by a Contractor who is not licensed in accordance with Chapter 9 of the California Business and Professions Code shall be considered non-responsive and shall be rejected by the District.

Questions concerning this project should be directed to:

Union Sanitary District
Attn: Derek Chiu
5072 Benson Road
Union City, CA 94587
Phone: 510-477-7611

By: Anjali Lathi
Secretary of the Board
Union Sanitary District
Date: December 13, 2016
12/13, 12/20/16
CNS-2954531#

NOTICE OF LIEN SALE AT PUBLIC AUCTION

Notice is hereby given that personal property in the following units will be sold at public auction: on the 19th day of December, 2016 at or after 11:15 am pursuant to the California Self-Storage Facility Act. The sale will be conducted at U-Haul Moving & Storage of Fremont, 44511 Grimmer Blvd, Fremont, CA 94538. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:

- NameUnit #Paid Through Date
RALPH MCFERRIN#2808/04/2016
Paul Delvecchio#27409/18/2016
Andree GREY#233U08/22/2016
LUIS TORRES#16109/15/2016
Darrel Frazier#22U07/05/2016
12/6, 12/13/16
CNS-2948866#

NOTICE OF LIEN SALE AT PUBLIC AUCTION

Notice is hereby given that personal property in the following units will be sold at public auction: on the 19th day of December, 2016 at or after 10:00am pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Thornton, 4833 Thornton Ave, Fremont, CA 94536. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:

- NameUnit #Paid Through Date
JOSEPH FRANCO#252-5310/05/2016
JACOB ESPARZAC#24709/30/2016
Roderick Thomas#A4721E06/30/2016
ISAAC ELM#B27109/07/2016
KANDICE JACOBSC#23810/12/2016
Breana Corea#C10109/08/2016
Chantal Ferr#A440A02/1/2016
Steve Carr#C14706/23/2016
Maya Thomas#B11910/02/2016
Aisha Bailey#B17109/30/2016
12/6, 12/13/16
CNS-2952800#

NOTICE OF LIEN SALE AT PUBLIC AUCTION

Notice is hereby given that personal property in the following units will be sold at public auction: on the 19th day of December, 2016 at or after 10:00am pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Thornton, 4833 Thornton Ave, Fremont, CA 94536. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:

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KANDICE JACOBSC#23810/12/2016
Breana Corea#C10109/08/2016
Chantal Ferr#A440A02/1/2016
Steve Carr#C14706/23/2016
Maya Thomas#B11910/02/2016
Aisha Bailey#B17109/30/2016
12/6, 12/13/16
CNS-2952796#

NOTICE OF LIEN SALE AT PUBLIC AUCTION

Notice is hereby given that personal property in the following units will be sold at public auction: on the 19th day of December, 2016 at or after 10:00am pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Thornton, 4833 Thornton Ave, Fremont, CA 94536. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:

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ISAAC ELM#B27109/07/2016
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Breana Corea#C10109/08/2016
Chantal Ferr#A440A02/1/2016
Steve Carr#C14706/23/2016
Maya Thomas#B11910/02/2016
Aisha Bailey#B17109/30/2016
12/6, 12/13/16
CNS-2952796#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE TS No. CA-16-741737-RY Order No.: 160228575-CA-VOI NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED TO THE COPY PROVIDED TO THE MORTGAGOR OR TRUSTOR (Pursuant to Cal. Civ. Code 2923.3) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/15/2005, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial

PUBLIC NOTICES

ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 888-988-6736 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-16-741737-RY IDSPub #0119286 12/13/2016 12/20/2016 12/27/2016

CNS-2953593#

NOTICE OF TRUSTEE'S SALE TS No. CA-14-626957-HL Order No.: 140125692-CA-MAI NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED TO THE COPY PROVIDED TO THE MORTGAGOR OR TRUSTOR (Pursuant to Cal. Civ. Code 2923.3) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/17/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check

drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): HUNG T TRAN, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY Recorded: 3/29/2007 as Instrument No. 2007124423 of Official Records in the office of the Recorder of ALAMEDA County, California; Date of Sale: 1/3/2017 at 12:00PM Place of Sale: At the Fallon Street emergency exit to the Alameda County Courthouse, located at 1225 Fallon St., Oakland, CA 94612 Amount of unpaid balance

and other charges: \$1,630,452.53 The purported property address is: 2632 MIDDLEFIELD AVE, FREMONT, CA 94539 Assessor's Parcel No.: 525-0351-046-01 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court,

pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-14-626957-HL. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser

at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-626957-HL IDSPub #0119269 12/13/2016 12/20/2016 12/27/2016

CNS-2953590#

Fremont Police Log

SUBMITTED BY GENEVA BOSQUES
FREMONT, PD

Monday, Nov 28

Officer Sun investigated a residential burglary and a vehicle theft from a home in the 1500 block of Rosemerced Court. The stolen vehicle is a 2003 silver 2-door Mercedes, California License plate number 5ATL173.

Community Service Officer Sturm investigated a burglary from a public elementary school in the 4300 block of Newport Drive. The loss included eight HP laptops and 20 Chromebook tablets.

Community Service Officer Sturm investigated a burglary from physical therapy business in the 39200 block of State St. The loss includes hundreds of dollars and a Samsung Chromebook tablet.

Officers responded to a call to the Marshall's store at the Fremont Hub where employees were watching five to six females who were concealing items inside duffle bags and baby strollers. They also had three children with them. The women were all stopped as they left the store with stolen property. A 43-year-old woman and a 15-year-old girl were arrested and cited by Officer Lobue.

Officers responded to the 2200 block of Walnut Avenue to investigate a commercial burglary at a large three story building with several medical offices. The unknown suspect(s) gained entry by breaking a small window near a door and then reached through and pushed open the door. The suspect (s) made it to the second floor and pried open one of the doors. Left behind was a pry tool and binoculars as the suspect(s) were most likely interrupted by a security guard. Officer T. Roberts investigated

Tuesday, Nov 29

At about 9:30 a.m., Union City Police Department requested a K9 assist to help extricate a suspect who was barricaded in a residence. A sergeant and three officers responded. As the incident evolved, UCPD requested the Fremont Police Department's SWAT team to assume the tactical command. Fremont SWAT and Hayward Police responded at approximately 3 p.m. and the suspect surrendered shortly thereafter.

Police units responded to a disturbance call in the area of Roberts Avenue and Delaware Drive. A woman was contacted near her vehicle and told officers she had been punched in the face by an unknown suspect who stole her iPhone and reading glasses. Further investigation revealed the robbery stemmed from a hit-and-run property damage collision at Fremont Boulevard and Delaware Drive. The victim followed the suspect to a residence. When the victim attempted to take photos of the damage the suspect punched the victim, stole her iPhone and glasses, then fled in his vehicle. Officers have suspect information and are investigating the case.

Wednesday, Nov 30

During a patrol Sgt. Crandall contacted a 36-year-old man in the area of Riviera Drive and Rancho Arroyo Parkway. Field Training Officer Singh and Officer Gonzalez arrived and evaluated the man for possibly being under the influence. During the evaluation, the man tried to discard methamphetamine. The male admitted that the methamphetamine was his; police issued him a citation for possession of a controlled substance.

Officers were dispatched to the Marshalls store inside the Fremont Hub Shopping Center on a report that store security staff had caught a woman trying to steal about \$500 in merchandise. Officer Cavas investigated and determined the woman was already on probation for stealing from another retail store. Officer Cavas arrested the 48-year-old Oakland resident and took her to Santa Rita Jail.

Thursday, Dec 1

Sometime between 12:30 p.m. and 6 p.m. a residential burglary occurred on West Hunter Court. The homeowner returned to find the burglary and determined an iPhone was part of the loss. The victim accessed their "find my iPhone" app and reported that the phone appeared to be at Carol Avenue and Grimmer Boulevard. Officer Butcher responded to the area and contacted a man standing on the sidewalk where the phone was reporting to be located and found it in a bag the man was carrying. Detectives Cenicerros and Stone responded to the scene and believed that the man possibly may have located the discarded phone a few blocks from the stop. The man was identified and released pending further investigation.

Around midnight police received a call of a roll-over collision in Niles Canyon. Responding officers located the overturned vehicle. A passenger was taken to a trauma center and the driver was arrested by the California Highway Patrol on suspicion of driving under the influence

Newark City Council

December 8, 2016

Presentations and Proclamations:

- Declare the results of the November 8, 2016 General Election.
- Presentation of election certificates and administration of Oath of Office.

- Commend Police Commander Renny Lawson on his retirement.
- Commend Deputy Fire Marshal Holly Guier on her retirement.

Public Hearings:

- Approve Conditional Use Permit for DeVry University to operate at 8000 Jarvis Avenue.

Consent Calendar:

- Approve final map and Subdivision Improvement Agreement for Glass Bay, a 217-unit residential subdivision at 8400 Enterprise Drive.
- Approve final map and Subdivision Improvement Agreement for Lighthouse, an 88-unit residential subdivision at 37521 Willow Street.

- Approve 2017 local appointments list including: Bernie Nillo - Planning Commission; Gloria Wilson, Glen Wickizer, Kathleen Lemos, Tamara Tucker - Senior Citizen Advisory Commission.

- Accept annual report on Newark Development Impact Fees for FY 2015-2016.

- Authorize the State Board of Equalization to administer new one half cent Transactions and Use Tax.

- Accept 2015 State Homeland Security Grant of \$100,500.

Non-Consent:

- Approve solid waste collection and recycling services rates for 2017. Rate increase of 1.6% effective January 1, 2017 which is equivalent to \$0.48 per month increase for a 32-gallon cart used by an average household.

- Approve Measure D Expenditure Plan (Alameda County Recycling Fund) and amendment of the 2016-2018 Biennial Budget and Capital Improvement Plan for Fiscal Year 2016-2017.

City Attorney Reports:

- Reject claim of Rajnesh Kumar for damage to his car.

City Council Matters:

- Appoint Mike Bucci as Mayor Pro Tempore: 4-0-1 (Bucci abstention). Authorize Mayor Pro Tempore to sign, endorse checks, warrants and other official instruments.

- Appoint city council members to agencies, boards, commissions and committees: Alameda County Fire Advisory Commission

- Bucci, Collazo (alternate)
- Alameda County Library Advisory Commission Collazo, Nagy (alternate)

- Alameda-Contra Costa Transit District Policy Advisory Commission Bucci, Hannon

- Alameda County Transportation Commission Freitas, Collazo (alternate)

- Alameda County Waste Management Authority Board Hannon, Freitas (alternate)

- Association of Bay Area Governments Bucci, Nagy (alternate)
- Community Development Advisory Committee Nagy, Freitas

- Dumbarton Rail Policy Advisory Committee Nagy, Bucci (alternate)
- Newark City Council - Board of Education Liaison Committee



Re-elected Mayor Alan Nagy and Councilmember Luis Freitas (assisted by granddaughters Madison, Marissa and Makenzie) and Councilmember Sucy Collazo took the oath of office at the December 8th meeting of the Newark City Council.



Mayor Alan Nagy congratulated Police Commander Renny Lawson on his retirement.



Mayor Alan Nagy congratulated Deputy Fire Marshal Holly Guier on her retirement.

- Hannon, Collazo Tri-City Elder Coalition Nagy
- Senior Citizen Standing Advisory Committee Nagy
- Southern Alameda County Geographic Information System Authority Nagy, Bucci (alternate)
- Tri-City Waste Facility Financing Nagy, Hannon
- Multi-year appointment by Alameda County Board of Supervisors: Housing Authority of Alameda County Hannon

Oral Communications:

None

- Adjourn in memory of David Tanner

- | | |
|--------------------------------------|-----|
| Mayor Alan Nagy | Aye |
| Vice Mayor Mike Bucci (1 abstention) | Aye |
| Luis Freitas | Aye |
| Sucy Collazo | Aye |
| Michael Hannon | Aye |



(Left to right): Sal Attinello, Alan Cook, Hayward Mayor Barbara Halliday, Michael L. Emerson, Domingo Cardoza, Heather Reyes, John White, Jr., and J.R. Wilson

City of Hayward receives Flag Award presentation

SUBMITTED BY: AMVETS HAYWARD POST 911

AMVETS (American Veterans) Hayward Post 911 presented to the City of Hayward, the AMVETS U.S. Flag Award for correctly and respectfully flying the U.S. flag in front

of City Hall every day. The presentation was held at the Hayward Veteran Memorial Building in Hayward on October 6. For more information, visit: www.AMVETS911.com

Bill introduced to investigate foreign interference in U.S. elections

SUBMITTED BY JOSH RICHMAN

On December 7, Rep. Eric Swalwell (CA-15), the Ranking Member of the CIA Subcommittee of the House Permanent Select Committee on Intelligence, and Rep. Elijah Cummings (MD-07), the Ranking Member of the House Committee on Oversight and Government Reform, introduced the Protecting Our Democracy Act to establish the National Commission on Foreign Interference in the 2016 Election.

The bill would create a 12-member, bipartisan, independent commission empowered to interview witnesses, obtain documents, issue subpoenas, and receive public testimony to examine attempts by the Russian government and others to use electronic means to influence, interfere with, or sow distrust in this year's U.S. elections. The commission — which would examine similar efforts by any other foreign governments or entities — would issue a final report with recommendations for future security protections to Congress and the President within 18 months of the bill's enactment.

"This past election the principles of our democracy were attacked. We owe it to our constituents to defend the integrity of our representative democracy, starting with finding out what exactly happened and how we prevent it

from ever happening again," said Ranking Member Swalwell and added, "To protect our democracy, we are calling for a fact-based, independent, bipartisan-appointed commission on foreign interference in the 2016 election..."

The scope of the commission's investigation would include computer hacking activity that targeted the Democratic National Committee, the Democratic Congressional Campaign Committee, Hillary Clinton's presidential campaign chairman John Podesta, and former Secretary of State Colin Powell; the scanning of electoral systems in Arizona, Illinois and Florida; and efforts by any foreign entity to produce, disseminate, or promote fake news involving the U.S. election.

The 12 members of the commission would be appointed within 90 days of enactment by the Speaker of the House (3), Senate Majority Leader (3), House Minority Leader (3), and Senate Minority Leader (3), and the commission would choose a chair and vice chair of different parties. No federal officers or employees would be eligible to serve on the commission. Appointees would be prominent U.S. citizens with national recognition and significant depth of experience in governmental service, law enforcement, armed services, law, public administration, intelligence gathering, foreign affairs, cybersecurity, and federal elections.

Accomplished Texas Boy Scout earns all 137 merit badges

BY VALERIE WIGGLESWORTH, ASSOCIATED PRESS

FRISCO, Texas (AP), Caleb Biddulph wears his achievements—all 137 of them—with pride.

The Dallas Morning News reports the Frisco teen is among a select group who has earned every merit badge available from the Boy Scouts of America.

He has merit badges for first aid, cooking and communication. Others cover hiking, swimming, sailing and camping. There's also fingerprinting, shotgun shooting, truck transportation, archery, archaeology, chemistry, plumbing and wood carving.

Name a badge, and he has it. Scout's honor.

His first? Electricity. His last? American business. Among the most difficult? Fly fishing—separate, of course, from the fishing merit badge.

"I had to catch a fish," said the teen, who believes it took two years and many attempts before he found success this past summer while vacationing in Washington.

The Boy Scouts currently offer 136 merit badges. Caleb earned the computer merit badge before it was discontinued in 2014. He then earned its replacement, the digital technology badge, giving him an extra one.

Joining the Boy Scouts was a given for Caleb, who comes from a family of Scouts. Both his grandfathers were Eagle Scouts. So was his dad. All six uncles, too.

Ted Biddulph earned 44 merit

badges in his Boy Scout days—about a third as many as Caleb did. "I've been encouraging him the whole way," the proud dad said.

Caleb started out in Cub Scouts. He became a Boy Scout with Troop 216 in Frisco during a camp out when he was 10.

By age 12, he earned his Eagle Scout rank, the highest advancement rank in Scouting. Eagle Scouts must have at least 21 merit badges and complete a service project. Caleb's project involved designing and constructing boxes, ramps and stairs for the cat room at the nonprofit SPCA of Texas clinic in McKinney.

According to Irving-based Boy Scouts of America, more than 2.3 million of its members have become Eagle Scouts since the award was first presented in 1912. The organization doesn't track Boy Scouts who earn all its merit badges, though.

A private website called meritbadgeknot.com estimates fewer than 18 Scouts per year complete all available merit badges. The site, launched by an Eagle Scout who also earned all available badges, has confirmed 321 Scouts who have achieved that honor. Several are from North Texas.

Caleb completed his final merit badge just after turning 16 this month and will receive his last two badges at a ceremony in January.

"It is certainly an extremely rare achievement, and we congratulate this young man on this amazing accomplishment in Scouting," the national group

said by email.

Caleb said he initially set out to earn 100—a nice, round number. But once he completed the requirements for those badges, there weren't many left, so he decided to go for it.

"It's quite a commitment," the sophomore at Frisco's Reedy High School said.

Each badge comes with a story. There was the time he took care of his friend's pet lizard and had to feed it live crickets as part of the reptile and amphibian study badge. The time he and his dad hit the course together to complete his golf badge.

The avid cellist in his school orchestra learned to play the bugle for one badge. He also joined his school's cross country and track team for another.

He even became certified in scuba diving.

"It was kind of fun and a little scary because you're under 20 feet of water," he said.

The goal, according to the national group, is to give Scouts experiences that they can't get anywhere else and help them grow into good, strong citizens.

Scott Riegler of Frisco, the Scoutmaster for Troop 216, has watched Caleb grow over the years. While all Scouts put in a lot of work to earn their badges, Caleb was extremely driven, he said.

"He gets in there, and he goes and he goes and he goes," said Riegler, adding that Caleb is the only Scout he's ever known to complete every merit badge. "He's a great kid, and he's going to go far in life."

School Board speaks out against intolerance and prejudice

SUBMITTED BY NANCY THOMAS

The following resolution was approved on Tuesday, December 6, 2016 by unanimous vote of the Newark Unified School District Governing Board:

Unity Resolution No. 2034

WHEREAS, It is the mission of Newark Unified School District to inspire and educate all students to achieve their full potential and be responsible, respectful productive citizens;

WHEREAS, Newark Unified School District is comprised of students, parents, staff, and residents that belong to diverse racial, ethnic, and religious backgrounds;

WHEREAS, The current national climate has been filled with hateful rhetoric attacking various groups of people and has created a sense of fear;

WHEREAS, The Newark Unified School District has a long history of working with everyone to support the success of our students and the uplifting of our community;

WHEREAS, One of our nation's founding documents, the Declaration of Independence, affirms the self-evident truth that all people are created equal;

THEREFORE BE IT RESOLVED, That the Board of Education of Newark Unified School District will treat everyone equally and not tolerate bullying or any form of discrimination against our students and community,

FURTHER RESOLVED, That we will not compromise our values and will continue to maintain a safe environment where all ethnicities, languages, cultures, and religions are accepted and affirm that hate is unacceptable,

FURTHER RESOLVED, That we commit to building bridges, and removing barriers that prevent our students from being successful, and will engage in productive discourse to heal our nation and unite our community in order to address the fact that an injustice to one, on the basis of hate, is an injustice to all

Although Caleb's Scouting days are winding down, he expects he'll still go on camp outs. And he hopes one day to continue the family tradition with a son of his own in Boy Scouts and also become a Scout leader.

"It's pretty rewarding," Caleb said of Scouting. "The values that it teaches are good, too."

FEMA's Flood Map Service Center

SUBMITTED BY CITY OF FREMONT

City of Fremont has been a member of the National Flood Insurance Program since 1983 and has adopted a floodplain management ordinance to reduce flood risks for properties within Special Flood Hazard Areas. To assist communities, FEMA (Federal Emergency Management Agency) offers user-friendly tools that support the needs of the public in viewing, analyzing, and printing flood hazard maps online at: <http://msc.fema.gov/portal> (FEMA's Flood Map Service Center).

As the official public source for flood hazard information, the Flood Map Service Center is a great resource for novice and advanced users alike. For those who cannot access the online system, the City of Fremont Development Services Center, located at 39550 Liberty St., will continue to maintain copies of Letters of Map Change and Elevation Certificates. For additional flood related data and questions the City's Engineering Department can be contacted at floodinfo@fremont.gov or (510) 494-4718.

COMMUNITY BULLETIN BOARD

**10 lines/\$10/ 10 Weeks
\$50/Year**

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

- Activities**
- Announcements**
- For sale**
- Garage sales**
- Group meetings**
- Lost and found**

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online.

TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

**Tri-City Bike Park
Community group of mountain bikers and BMX bikers.**

Come enjoy this activity for adults, teens and toddlers. Help us get this park built!
www.newarkparks.org

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

<p>Most Joyful Volunteer work LIFE ElderCare – VIP Rides Drive seniors to appts/errands 4 hrs/month Flexible scheduling. Call Valerie 510-574-2096 vdraeseke@fremont.gov www.LifeElderCare.org</p>	<p>ABWA-Pathfinder Chap. American Business Women's Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. Spin A Yarn Rest. (Fremont): 6:30-9:00 pm Call Harriet 510-793-7465 www.abwa-pathfinder.org</p>	<p>League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible</p>	<p>10 lines/\$10/ 10 Weeks \$50/Year 510-494-1999 tricityvoice@aol.com</p> <p>Shout out to your community</p> <p>Our readers can post information including:</p> <ul style="list-style-type: none"> Activities Announcements For sale Garage sales Group meetings Lost and found <p>For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online.</p> <p>TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.</p> <p>Tri-City Bike Park Community group of mountain bikers and BMX bikers.</p> <p>Come enjoy this activity for adults, teens and toddlers. Help us get this park built! www.newarkparks.org</p> <p>Payment is for one posting only. Any change will be considered a new posting and incur a new fee.</p> <p>The "NO" List:</p> <ul style="list-style-type: none"> • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV 			
<p>League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible</p>	<p>Tri-City Ecology Center Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-793-6222</p>	<p>FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont All are welcome, come join us www.fremontcoinclub.org 510-792-1511</p>	<p>Hayward Art Council 22394 Foothill Blvd., Hayward 510-583-2787 www.haywardarts.org Open Thurs. Fri. Sat. 10am-4pm Foothill Gallery, John O'Lague Galleria, Hayward Area Senior Center Exhibit Hall, Alameda County Law Library Hayward branch All open to the public</p>	<p>Struggling with Mental Health Challenges? Get Support ! NAMI the National Alliance on Mental Illness of Alameda County offers free support groups and classes about living and coping with mental illness. Contact Kathryn at (408) 422-3831 Please leave a message</p>	<p>Afro-Americans Cultural & Historical Society, Inc. Sharing ur culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec & Feb 5:30pm Newark Library 510-793-8181 www.aachsi.com We welcome all new members</p>	<p>First Church of Christ Scientist, Fremont Sunday Service 10am Sunday School 10am Wed. Eve Service 7:30pm Chld Care is available all services. Reading Room Open Tuesday - Wednesday 1-3pm 1351 Driscoll Rd., Fremont 510-656-8161</p>
<p>Troubled By Someone's Drinking? Help is Here! Al-Anon/Alateen Family Groups No cost program of support for people suffering from effects of alcoholism Call 276-2270 for meeting information or email Easyduz@gmail.com www.ncwsa.org</p>	<p>Fremont Area Writers Like to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except in July and December at DeVry University, 6600 Dumbarton Circle, Fremont. www.cwc-fremontareawriters.org</p>	<p>Help with Math & Reading You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. CALL Tom 510-656-7413 TKFEDERICO@SBCglobal.net</p>	<p>SAVE's Restraining Order Clinics Free for domestic violence survivors Seeking protective orders Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday Call SAVE's 24-hr Hotline (510) 794-6055 for details www.save-dv.org</p>	<p>SAVE's Restraining Order Clinics Free for domestic violence survivors Seeking protective orders Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday Call SAVE's 24-hr Hotline (510) 794-6055 for details www.save-dv.org</p>		
<p>Come Join Us Tri Cities Women's Club Meets on the third Tuesday Elk's Club on Farwell Dr. 9:30 – Cards, 12:00 – Lunch 1:00 – Program and Meeting We also have bridge, walking, Gourmet dining groups, And a book club. For info. Call 510-656-7048</p>	<p>Tri-City Society of Model Engineers The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org</p>	<p>FOOD ADDICTS IN RECOVERY - FA • Can't control the way you eat? • Tried everything else? • Tired of spending money? Meeting Monday Night 7pm 4360 Central Ave., Fremont Centerville Presbyterian Church Family Ed. Bldg. Room E-204 www.foodaddicts.org</p>	<p>FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport Various Saturdays www.vaa29.org Email for more information youngeagles29@aol.com</p>	<p>SAVE's Restraining Order Clinics Free for domestic violence survivors Seeking protective orders Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday Call SAVE's 24-hr Hotline (510) 794-6055 for details www.save-dv.org</p>		
<p>Mission Peak Fly Anglers Fishing Club Meets 4th Wed. each month @7pm - Silliman Aquatic Center 680 Mowry Ave., Newark Call Steve 510-461-3431 or 510-792-8291 for more information www.missionpeakflyanglers.org</p>	<p>Fremont Cribbage Club teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email:Accgr43@gmail.com American Cribbage Congress www.cribbage.org</p>	<p>Newark Demonstration Garden Join a group of Newark residents to spearhead a demonstration garden in Newark. We're currently selecting a site. We need your help! Angela at info@newarkparks.org https://www.facebook.com/groups/NewarkDemonstrationGarden/</p>	<p>New Dimension Chorus Men's 4 Part Vocal Harmony In the "Barbershop" style Thursdays at 7pm Calvary Luther Church 17200 Via Magdalena SanLorenzo Contact: ndchorus.org 510-332-2481</p>	<p>New Dimension Chorus Men's 4 Part Vocal Harmony In the "Barbershop" style Thursdays at 7pm Calvary Luther Church 17200 Via Magdalena SanLorenzo Contact: ndchorus.org 510-332-2481</p>		
<p>Learn Basics of Import/Export from SCORE, 5 hr. workshop Sat. Oct 8 8:15am -1:30pm Fremont Chamber of Commerce 39488 Stevenson Pl., Fremont For Details go to: http://www.eastbayscore.org/export-impor or Send \$55 check to East Bay SCORE, 492, 9th St, Ste 350, Oakland, CA 94607</p>	<p>FREMONT STAMP CLUB SINCE 1978 Meets 2nd Thurs. each month 7pm Cultural Arts Center 3375 Country Dr., Fremont Everyone is welcome. Beginners to Advanced. For questions or more information: www.fremontstampclub.org/ or call Dave: 510-487-5288</p>	<p>The Friendship Force of the San Francisco Bay Area Experience a country and its culture with local hosts, meet global visitors here. Travel to Japan in 2017. World Friendship Day 2/26/16. Many Bay Area social activities www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857</p>	<p>Newark Skatepark Join a group of Newark skaters and parents of skaters to spearhead a skatepark in Newark. We have a business plan. Now we need your help to execute on it! Angela at info@newarkparks.org https://www.facebook.com/groups/NewarkSkatepark/</p>	<p>Our Savior Preschool Come learn & play with us 858 Washington Blvd. Fremont Students: 2 1/2-5 years Part time classes 9am-12pm Full time classes 7am-6pm Licensed Facility #010204114 Call Marianne: 657-9269 oslpfremont@gmail.com www.oslps.com</p>		
<p>SAVE's Domestic Violence Support Groups FREE, compassionate support Domestic violence survivors Drop-in, no reservations needed Every Tues & Thurs 6:45-8:45 pm Every Friday 9:15 to 11 am 1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055 www.save-dv.org</p>	<p>SAVE's Empowerment Ctr. Services FREE for domestic violence survivors. Need support, a place to heal, or referrals? SAVE can help! Advocacy, workshops, counseling & more 24-hour Hotline: (510) 794-6055 Advocate: (510) 574-2256 1900 Mowry Ave., #201, Fremont www.save-dv.org</p>	<p>Serious Mental Illness Free 12 week course for caregivers of someone with a serious mental illness - Start Jan 7 9am-11:30am Registration Required Contact: Joe Rose 510-378-1578 Email: F2F@NAMIlacs.org http://www.NAMIlacs.org http://www.NAMI.org</p>	<p>Newark Parks Foundation The Foundation mobilizes financial and community support to deliver thriving, accessible, supported, and varied parks, open spaces, and recreational opportunities for a healthy and united Newark. Seeking Board of Directors and Honorary Board members. info@newarkparks.org</p>	<p>SONS OF ITALY Social Club for Italians And Friends 1st Friday of month (No meetings July/Aug/Dec) 5:30 social hour 6:30 potluck dinner (\$5) Newark Pavilion Bld. 2 (Thornton Ave & Cherry St.) Newark Info Mary 510-739-3881 www.giuseppemazzini.org</p>		
<p>Interested in Taking Off Pounds Sensibly Join our TOPS Support Team Thursdays - 10am 35660 Cedar Blvd., Newark We are a friendly and fun non-profit support group, sharing the same goals. co-ed group ALL are welcome! Contact Shirley at Shirley3163@sbcglobal.net</p>	<p>Newark Trash Pickup Crew Get to know your Newark neighbors Get a bit of exercise and help make Newark look great Join us! https://www.facebook.com/groups/newarkTrash/</p>	<p>English Conversation Cafe Improve your Conversation Skills Small groups with native speakers Tuesdays 7-8:30pm Next Session Starts Jan/20th Only \$20 for 10 weeks @Bridges Community Church 505 Driscoll Rd., Fremont ESL@bridgescc.org 510-651-2030</p>	<p>Vengan a participar en festividades de alegria para toda la familia Cosecha de Olivois Sabado, 5 dc noviembre 9am-1pm Dominican Sisters Motherhouse 43325 Mission Circle, Fremont acceso por off Mission Tierra Pl. Cafe chocolate caliente y barbarcoa gratis para los segadores</p>	<p>"Discover Your Voice" Tri-City Youth Chorus Grades 5-8 Sing Contemporary Music Learn Vocal Skills, Have Fun! Gifted Director Meets Thursdays at 4:15 No Auditions tricityyouthchorus.weebly.com</p>		
<p>Interested in Taking Off Pounds Sensibly Join our TOPS Support Team Thursdays - 10am 35660 Cedar Blvd., Newark We are a friendly and fun non-profit support group, sharing the same goals. co-ed group ALL are welcome! Contact Shirley at Shirley3163@sbcglobal.net</p>	<p>Newark Trash Pickup Crew Get to know your Newark neighbors Get a bit of exercise and help make Newark look great Join us! https://www.facebook.com/groups/newarkTrash/</p>	<p>English Conversation Cafe Improve your Conversation Skills Small groups with native speakers Tuesdays 7-8:30pm Next Session Starts Jan/20th Only \$20 for 10 weeks @Bridges Community Church 505 Driscoll Rd., Fremont ESL@bridgescc.org 510-651-2030</p>	<p>Vengan a participar en festividades de alegria para toda la familia Cosecha de Olivois Sabado, 5 dc noviembre 9am-1pm Dominican Sisters Motherhouse 43325 Mission Circle, Fremont acceso por off Mission Tierra Pl. Cafe chocolate caliente y barbarcoa gratis para los segadores</p>	<p>"Discover Your Voice" Tri-City Youth Chorus Grades 5-8 Sing Contemporary Music Learn Vocal Skills, Have Fun! Gifted Director Meets Thursdays at 4:15 No Auditions tricityyouthchorus.weebly.com</p>		

COMMUNITY BULLETIN BOARD

<p>Enjoy a FUN HEALTHY activity LEARN TO SQUARE DANCE KEEWAY SWINGERS SQUARE DANCE CLUB-BEGINNER'S CLASS starts Thursday, Sept 15 Niles Veterans' Memorial Bldg. 37154 2nd St. Fremont First 3 Thursdays are FREE 510-471-7278-408-263-0952 www.keewayswingers.com</p>	<p>"Neighborhood Village" Non-profit to help people stay in their homes as they age Eden Area Village is developing a non-profit membership group to serve Hayward, Castro Valley & San Lorenzo area. Public outreach meeting held 1st Friday each month - 2pm Hayward City Hall 777 B Street, Hayward</p>	<p>East Bay Self Employment Association Calling all Unemployed and Retired, Men & Women, for FREE COUNSELING one to one, on alternate self employment. Call : 408-306-0827</p>	<p>Attend Free Classes Become A Travel Trainer & teach others how to travel at wholesale Prices. Tax Benefits & Free Health Care Reserve your seating. Arleen 510 695 7278 insidertravel4u@gmail.com</p>	<p>Little Lamb Preschool Open House Sat. March 4 Drop-in Between 1-4pm Free Ice Cream Meet the Teachers Visit the Classrooms Registration Info Available www.littlelambpreschoolbcc.org</p>
<p>Tropics Mobile Home Park's BINGO Every Wednesday Flash games played at 6:30 pm Payout ranges from \$100 to \$300 Weekly Door Prizes Snack Bar Open at 5 pm 33000 Almaden Blvd. Union City</p>	<p>Runners of All Ages Do you love to run? It's more fun to run with a group! Join the Missin Peak Striders We meet at different locations in Fremont several times a week. For more info check us out www.mpstriders.com or email: abemaz@pacbell.net</p>	<p>Become a Passport to Adventure Historian Visit any of our nine Historic Locations to begin. Get your passport punched. Receive your Certificate. Ongoing program Follow us on facebook</p>	<p>SUCCULENTS FOR SALE Lots of variety located in Newark Multiple medleys. Arrangements. Home or office decor. Great Gifts Prices range from \$5-25 Discounts applied to large quantity purchases. Contact: 5foot1designs@gmail.com</p>	<p>Homer, Alaska 1988 Friends Looking to reconnect with friends from Summer 1988. Camped out in Homer Alaska. Please text identifying information to 408-835-1857</p>

Neighborhood block party



SUBMITTED BY RONALD Y NAKASONE

The residents and their families and friends of Mission Palms on Gallegos Avenue, between Washington Blvd and Pine Street and its adjacent streets, gathered on September 17 for their fifth annual neighborhood block party. The annual event is an effort for neighbors to get to know each other, after the neighborhood experienced a series of burglaries and other suspicious activities. These gatherings have fostered a sense of community solidarity.

Searchable online database available for expired checks

SUBMITTED BY
LAUREL ANDERSON/ ANNE CHANG

Businesses or individuals who have uncashed checks (legally referred to as County "warrants") from the County of Santa Clara can now use an online searchable database and electronically file claims to have checks reissued. The County's Finance Agency reports that currently 3,016

uncashed checks, totaling \$935,000 could now be claimed by the intended recipients.

The County issues warrants to companies or individuals who provide products and services every day. People may not realize that checks that are not cashed become stale after 180 days of being issued. The value of uncashed checks varies from less than a dollar to over \$10,000.

According to Government Code section 29802, warrants may be reissued if they are less than two and half years old from the date of the initial issuance. Once receiving a claim, the County's Finance Agency will reissue checks after reviewing the records, to ensure that warrants were not already reissued.

Businesses or individuals can visit www.sccgov.org/stalewarrants to follow up

on any uncashed checks and submit claims online. They can search through a database available at the County's Controller-Treasurer webpage, or download the full list of stale uncashed warrants.

Submitted claims may take up to 45 days to process. For questions about claims, vendors can call (408) 299-5264, or send an email to: uncashed.warrants@fin.sccgov.org

San Diego sued over stinky sea lion waste

AP WIRE SERVICE

SAN DIEGO (AP), San Diego's La Jolla Cove stinks, and the culprit is sea lion poop.

A lawsuit filed last week by La Valencia Hotel and George's at the Cove says the stench is driving away customers and poses a health risk. Their lawsuit, filed in San Diego County Superior Court, argues that the city hasn't done enough to deal with the problem.

Restaurant owner George Hauer told U-T San Diego (<http://bit.ly/1ctAolX>) that the city has assured him for two years that it was going to deal with the problem but hasn't come up with any solid plan.

We consider this to be a potential health hazard and a serious public nuisance, and we have faced the resulting financial hardships for too long," he said. "We've run out of patience."

The city can't comment specifically about the lawsuit, said Alex Roth, a spokesman for interim Mayor Todd Gloria.

"We are well aware this is a problem impacting businesses and quality of life in La Jolla," Roth said. "We are actively working toward a solution. No options are off the table."

Last year, businesses in the same area complained that guano from pelicans, gulls and other birds was raising a stink. The city eventually hired a company to spray a bacterial solution to dissolve the waste.

However, federal and state laws ban harassing, capturing or killing sea lions and birds at the cove.

Information from: U-T San Diego, <http://www.utsandiego.com>

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Family Paths assures parents they are not alone



BY JULIE HUSON
PHOTOS COURTESY OF
FAMILY PATHS

“Parent stress knows no socio-economic boundary,” says Kimberly Cohn of Family Paths, a mental health treatment and support organization. Located in Hayward and Oakland, this agency provides a wide range of services to Alameda County residents who find themselves in the often lonely struggle of coping with family concerns.

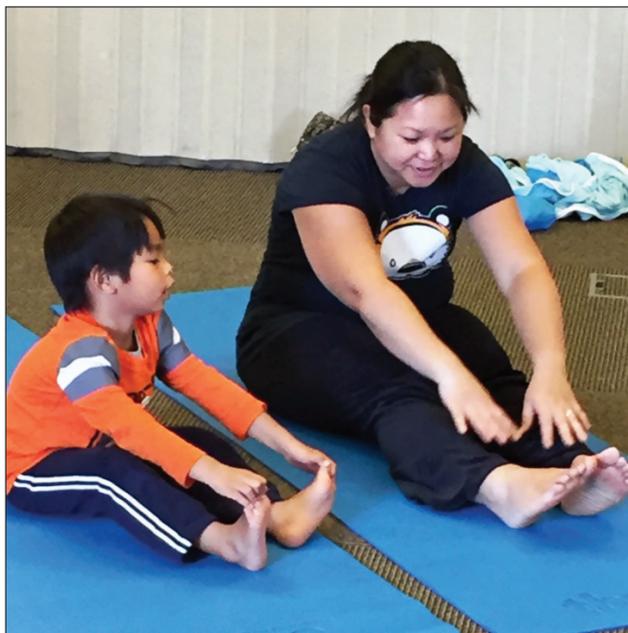
“We’ve certainly been seeing a spike in anxiety recently,” says Executive Director Barbra Silver. “Reports of hate crimes, violence, and childhood stress have all increased.” According to development manager and social

available through a language line. Calls to the hotline range from requests for parenting skills and child mental health assistance to custody and parental visitation concerns. Anxiety, divorce issues, and violence also top the list of reasons why southern Alameda County residents call seeking help. Forty percent of services provided by Family Paths in 2014-15 were to residents of Hayward, Fremont, Newark, San Leandro, and Union City.

One of the ways Family Paths has worked with families can be seen in the story of “Carla” (not her real name). Carla started seeing a Family Paths therapist at her elementary school because she was having emotional outbursts in class, getting into

exposure to significant domestic violence came to light. The Family Paths’ Families in Transition therapist worked with Carla using play and art therapy, and helped her parents understand the impact of the traumatic events she witnessed. As a result of treatment, Carla is noticeably more stable at school and her attendance has improved. Carla, along with her family, is just one success story shared by Family Paths staff to demonstrate the impact of their services.

Formerly known as “Parental Stress Service,” Family Paths has operated out of Hayward for over



children can take on these concerns, often displaying stress as behavior problems. Family Paths maintains a confidential policy on residency status.

Because trauma can also impact a child’s ability to focus in school, Family Paths’ therapists frequently work with play as a way to access the worries which can’t be articulated by young children. Cohn explains that trauma is stored in the brain as images because in extreme situations the frontal lobe of the brain shuts down. Trauma memories become stored in the mid-brain, and specially trained therapists work to encourage children to express what they can’t talk about by “building a picture” or “telling a story” in a large sand table housed in one of the treatment rooms at Family Paths’ offices. Sand tray therapy offers very young children an opportunity to express the trauma picture in their minds by allowing them to freely choose figurines, fences, houses, and other small items to create a picture landscape that can service as an access point for therapists.

Family Paths continues to reach out to residents of Alameda County with its confidential hotline, counseling, and referrals. Blanketing the region with cards emblazoned with the toll-free number is the understanding question, “Got PARENTING STRESS? You are not alone.”

Family Paths is located at 22320 Foothill Blvd., Suite 400, in Hayward. For more information, call (510) 893-9230 or visit www.familypaths.org. For the 24-hour Parent Support Hotline, call 800-829-3777.



worker Cohn, parents under pressure need to know about Family Paths and the multitude of ways it can connect them to affordable, effective counseling and educational support services.

Family Paths staff is intent on fulfilling the agency’s mission of providing supportive services with “respect, integrity, compassion, and hope.” The 24-hour Parent Support Hotline is the primary way families get connected. Cohn refers to this service as a “voice to voice portal” through which families can be directed to further support. The hotline is free of charge and staffed in English and Spanish. Access in other languages is also

physical fights with classmates, and missing school regularly. During therapist visits, which involved her parents, Carla’s

30 years. The agency recently moved to a pleasant, spacious office in the Plaza Center building on Foothill Boulevard. Silver wants clinicians and families to know that although the name changed years ago, this nor the new location has altered the reach and mission of providing support to families 24 hours a day. Additionally, Family Paths is

committed to recognizing and serving all families, including LGBTQIA, foster, relative caregivers, and adoptive families. Family Paths further embraces the Alameda County Fathers Corps’ Father-Friendly Principles and wants to emphasize the importance of men in the parenting journey.

Among the available services (many on a sliding scale fee basis) are mental health support for families and children, parenting classes and workshops, victims of crime therapeutic services, foster parenting services, CalWORKs case management, and even family yoga.

“We really don’t turn anyone away,” Silver attests. She recognizes that with the recent economic boom in the region, families are squeezed out of housing, sometimes into homelessness. Worries about possible policy decisions affecting immigration affects parents, and chil-



The Fremont Youth Symphony Orchestra



SUBMITTED BY JUDY LAM

The Fremont Youth Symphony Orchestra (FYSO) and the Virtuoso International Flute Ensemble (VIFE) are pleased to invite you to a joint performance on December 18 to benefit FYSO. FYSO was launched under the auspice of the Fremont Symphony Orchestra in September of this year.

We are delighted to present a program filled with the cheerful spirit of a medley of Christmas carols and favorites, as well as the “Arrival of the Queen of Sheba” by Handel, and selections from “The Creation” by Haydn including “The Heavens are Telling,” and Gabriel’s “Aria” featuring FYSO’s Associate Director Grace Lai, flute soloist. “The Creation” is considered by many to be Haydn’s masterpiece and comparable to Handel’s “Messiah.” The oratorio depicts and celebrates the creation of the world as described in the book of Genesis. The title is analogous to the launching of the new Fremont Youth Symphony Orchestra; we are excited to announce and introduce it to our community.

A bonus performance will be given by VIFE Chamber musicians in a surround sound performance of “Dawn Carol” by Margaret Lowe, as well as the “Fantasia on Greensleeves.”

Please join us Sunday, December 18; your support will greatly encourage our enthusiastic young musicians.

**VIFE & Fremont Youth Symphony Orchestra Concert
Sunday, Dec 18
3 p.m.
First United Methodist Church, Cole Hall
2950 Washington Blvd, Fremont
(510) 936-0570
www.fremontsymphony.org/youth
Admission by voluntary donation**