This has been a rewarding year for Family Paths as we developed new community partnerships and launched and continued our innovative programs to strengthen families. Our focus, as always, is to provide culturally and linguistically appropriate trauma-informed practice to all the families we work with. To help achieve that goal we provided 164 hours of specialized training to 772 staff and volunteers - both from Family Paths and 23 other community based organizations. Throughout the year, we worked with over 1000 children and caregivers in our various programs and received nearly 5000 calls on our Parent Support Hotline.

And with all that, we also moved to a wonderful new building in Hayward, deepened connections to local elected officials, and took on new opportunities to broaden the scope of our work.

I am proud to report that Family Paths is spearheading the roll out of the Abriendo Puertas/Opening Doors Evidence Based Parent Education program in Alameda County (see p.6). With the partnership of the Oakland Fund for Children and Youth, Oakland Head Start, The Bernard E. & Alba Witkin Charitable Foundation, First 5 Alameda County, and the Oakland Public Education Fund, with funding provided by the David and Lucile Packard Foundation, we will be sharing this innovative program with parents, and training other providers throughout the region.

We are also creating new partnerships with the Alameda County and Santa Clara County Offices of Education to better coordinate our services to school age children and their parents, and we are working in alliance with the Fathers Corps of the Alameda County Public Health Department to increase our support of fathers in our programming (see p.7). I am also happy to report that our Family Yoga Project continues to be a huge success – reaching parents and children in libraries and creating opportunities for caregivers to manage stress, and little ones to develop fun new ways to calm and focus. The project received attention from the California Library Association and we were invited to present on movement in children’s programming at their statewide conference (see p.7).

Appreciations to all of you who contribute to our efforts with all of these projects, helping us create moments of triumph and transformation for the families and children who come to us for support.

Barbra Silver, MFT
Executive Director

$160,000
in pro-bono services provided by our programs 2015-2016

5,000
calls received by our free and anonymous 24-Hour Parent Support Hotline

93%
of adults in our programs said they were doing better at handling daily life
Family Paths’ 5th Annual Women’s Leadership Luncheon

Family Paths’ 5th Annual Women’s Leadership Luncheon was held on a stunning autumn day at Oakland’s Lake Merritt Sailboat House. The sold-out crowd of 125 attendees and honored guests contributed generously to help us reach our net goal of $20,000 in critical unrestricted funds for Family Paths!

This year we were honored to partner with CJ Hirschfield, Executive Director of Children’s Fairyland Oakland as our emcee, and Tanya Holland, chef/owner of West Oakland’s acclaimed Brown Sugar Kitchen (BSK) as our keynote speaker. Additionally, as a champion sponsor of the event, Tanya secured donations of auction items from many of the east bay’s best woman-owned restaurants and also coordinated the menu with Blue Heron Catering, who expertly executed BSK recipes for the exquisite down-home lunch. (See more about Blue Heron’s contributions on the back page.)

Several elected officials gave their time and support including State Assembly member, the Honorable Tony Thurmond, the Honorable Oakland City Councilmember Abel Guillen (Dist. 2); BART Director, the Honorable Robert Rayburn (Dist. 4) and Oakland’s Former 2-term City Auditor, the Honorable Courtney Ruby. Assembly member Thurmond offered inspiring opening remarks for the luncheon’s second consecutive year in Oakland. Assembly member Thurmond spoke to the opportunities afforded by economic prosperity in today’s Oakland and the value in supporting diverse community resources, from mental health service organizations like Family Paths, to gathering hubs like Brown Sugar Kitchen; each unique in their offerings and both integral to the overall health of the east bay community.

Assembly member Thurmond then presented Tanya with an official proclamation celebrating her various contributions to this community as a restaurateur, food equity and social justice advocate, and business leader.

Tanya’s keynote, “Nurturing the Soul of Oakland,” spoke of her family ties to the south and memories of her parents’ dinner parties as inspiration for her destination eatery and community space, Brown Sugar Kitchen. BSK has been featured widely in all major food publications and TV networks. A local restaurateur of

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international acclaim, chef Tanya has been recognized in national media including the New York Times and Sunset Magazine, and internationally on Kazakhstan television, where she traveled as Culinary Diplomat for the US State Department in 2015.

In her dynamic keynote, Tanya spoke with humor, poignancy and humility to the paradox of her many accomplishments and accolades amidst issues of sexism, racism and barriers to equity, which she called the “good, the bad and the ugly.” She expressed appreciation for organizations like Family Paths that provide access to mental health and supportive services while reducing stigma for those in need, noting that anyone can benefit from some additional support at one time or another.

Family Paths extends our heartfelt thanks to CJ Hirschfield, Tanya Holland and all of our generous attendees, sponsors and in-kind donors: Kaiser Permanente, Lane Partners, First Foundation, Bridge Bank, Donahue Fitzgerald, Blue Heron Catering, LUNA, OCHO Candy, Chronicle Books, City Slicker Farms, ABC Security, Schmitz Ranch, Children’s Fairyland, and Brown Sugar Kitchen.

We can’t wait to lunch with you again at WLL 2017! We have already begun securing sponsors for our prestigious 2017 event. If you would like to partner with us or have suggestions for keynote speaker or venue, please contact Development Manager, Kimberly Cohn: 510 893-9230 X 262.

Following the luncheon program at the Sailboat House, a lively VIP book signing with Tanya Holland took place on the deck overlooking a shimmering Lake Merritt. Willard Ogan, Family Paths’ Board President, made a welcoming toast to kick-off the after party, inviting all VIP ticket holders, sponsors and their guests to enjoy additional BSK treats and specialty drinks provided by Blue Heron Catering. In his remarks, President Ogan spoke about his dedication and support of Family Paths, including reaching out and giving back to the east bay community. We are so grateful to him and the rest of our amazing volunteer board members – all of whom were in attendance for this special event – for their leadership on behalf of the children and families we serve!
## Annual Report 2015-2016

### Revenue and Support

<table>
<thead>
<tr>
<th>Revenue Source</th>
<th>2015-2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contract Revenue</td>
<td>$5,060,146</td>
</tr>
<tr>
<td>Program Revenue</td>
<td>46,675</td>
</tr>
<tr>
<td>Grants Revenue</td>
<td>71,900</td>
</tr>
<tr>
<td>Donations and Fundraising</td>
<td>50,260</td>
</tr>
<tr>
<td>In-Kind Service Revenue</td>
<td>160,698</td>
</tr>
<tr>
<td>Building Income</td>
<td>59,895</td>
</tr>
<tr>
<td>Charitable Remainder Trust</td>
<td>(7,017)</td>
</tr>
</tbody>
</table>

**Total Revenue**: $5,442,557

### Expenses

<table>
<thead>
<tr>
<th>Expense Category</th>
<th>2015-2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salaries and Benefits</td>
<td>$4,303,804</td>
</tr>
<tr>
<td>Operating Expenses</td>
<td>957,631</td>
</tr>
<tr>
<td>Building Operations</td>
<td>127,780</td>
</tr>
</tbody>
</table>

**Total Ordinary Expenses**: $5,389,215

### Change in Net Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>2015-2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net Assets at Beginning of Year</td>
<td>2,508,084</td>
</tr>
</tbody>
</table>

**Change in Net Assets**: $53,341

**Net Assets at End of Period**: $2,561,425

### Client Demographics

- **African American**: 33%
- **Asian**: 4%
- **Hispanic / Latino**: 30%
- **Multiracial or Biracial**: 14%
- **Native American / Alaskan Native**: 2%
- **Other**: 3%
- **Pacific Islander**: 1%
- **Unknown**: 1%
- **White**: 12%

- **Total Clients**: 1068

### Clients by Income Level*

- **Extremely Low**: 80%
- **Very Low**: 8%
- **Low**: 5%
- **Median**: 1%
- **Moderate**: 2%
- **Unknown**: 4%

*According to HUD table of income units.

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*Family Yoga Project participants.*

*Family Yoga Project participant at Elmhurst Branch, Oakland Public Library.*

*Parent Education Class Graduates, Fremont.*
THANK YOU TO OUR DONORS!

THANK YOU TO OUR DONORS!

**DIAMOND $15,000 - $30,000**
- Bernard E. & Alba Witkin Charitable Foundation
- Kaiser Permanente Northern California Community Benefit Programs

**GOLD $5,000 - $14,999**
- Children’s Support League of the East Bay
- Despeaux Good Works Fund via East Bay Community Foundation
- East Bay Gives via East Bay Community Foundation
- Ruth Arnhold Endowment Fund via East Bay Community Foundation
- Yoga Dana Foundation

**SILVER $1,000 - $4,999**
- Drew & Jaimi Haydel
- Eliza Khuner
- First 5 Alameda County
- Jane Weisbin
- Katie Fisher
- Martha Winnacker
- Michael Man & Lynette Pang
- Oakand Rotary Endowment
- Patricia M. Stull
- Ted Frey & Anne Spanier
- The Bergen Chilcott Family Foundation

**BRONZE $500 - $999**
- ABC Security Service Inc
- Anne Dixon
- Anonymous
- Apple Inc, The Benevity Community Impact Fund
- Ascritus William
- Brady/Kates Living Trust
- Cynthia Attyeh
- Debbi & John Sack
- Elena Ortiz & Heidi Giordano
- Kaye Filkin
- Kimbo Prichard & Natasha Boissier
- Steven R. Mack
- The Goldman School of Public Policy UC Berkeley
- The Mann Family Trust / Patricia Mann

**Friends of Family Paths $250 - $499**
- Art Desuyo & John Finn
- Barbara West
- Barbra Silver
- Catharine Moran
- Charles Cardwell
- Donna Gionoulis
- Elizabeth Bremer
- Gail & Rick Stephens Fund
- Gloria Rosson
- James Black
- Jean Zoch
- Jim & Janet Van Huyssen
- John E. & Mary M. Reaugh
- Kathryn Berinick
- Kerstin Fischer
- Kimberly Cohn
- LaToya Bradford
- Lois Gray
- Louise Anderson
- Lucy Rudolph
- Mariano Curiat
- Mitchell K. & Diana Shiver
- Nike Inc, The Benevity Community Impact Fund
- Peter & Maria Brooks
- Phyllis Lorenz
- Rene D’Valery
- Robert Holden
- Rollington Ferguson
- Scott Hawkins
- Steven P. Lovell & Dara Youngdale
- Thomas & Karen Pico
- Willard Ogan
- William O. Fisher
- Yvette A. Renteria

**Special Gifts**

**GIFT IN MEMORY OF**
- Bruce Morosohk
- D.B. Quesada, Sr.
- Elma L. Desuyo
- Felicidad Quesada
- Ruben Lucero

**GIFTS IN HONOR OF**
- Barbra Silver
- Debbi Sack
- Elena Ortiz & Heidi Giordano
- Joyce Lamar
- Marcella Reeves
- Nancy Morosohk
- Rene D’Valery
- Shay Black
- Vincenza Baldino

**Government/Community Partnerships**

**GOVERNMENT PARTNERS**
- Alameda County Behavioral Health Care Social Services Agency
- Alameda County Social Services Agency
- Chabot-Las Positas Community College District
- City of Fremont
- City of San Leandro
- Oakland Fund for Children and Youth
- Oakland Head Start
- Santa Clara County Office of Education
- Stanislaus County

**COMMUNITY PARTNERS**
- Bernard E. & Alba Witkin Charitable Foundation
- Children’s Support League of the East Bay
- Despeaux Good Works Fund via East Bay Community Foundation
- East Bay Community Foundation
- Foundation-East Bay Gives
- Kaiser Permanente Northern California Community Benefit Programs
- Lane Partners
- Ruth Arnhold Endowment Fund via East Bay Community Foundation
- The Yoga Dana Foundation
- Vincent Academy

Thank you to our Interns and Volunteers

- Alyia Freeman
- Anabel Garcia
- Bari Johnson-Glass
- Bhavani Bindigianavile
- Cesar Machaca
- Christy Booth
- Dahlia Case
- Darren Gonzalez
- Davis Gerrard
- Dorrell Moncreese
- Elena Fleury
- Erica Pagels
- Jasmine Villanueva
- John Lewin
- Kailey Kowolics
- Katherine Schoolland
- Katie Perez
- Kim San Gabriel
- Laurie Misra
- Margarita Rodriguez
- Marie Corwin
- Marjory Keenan
- Miriam Geiger
- Nora Privitera
- Paulina Montes
- Rebecca Crump
- Roxas Tumeneng
- Ruben Corda
- Sara Khabiri
- Shannell Roberts
- Shauna Bergh
- Susie Oryzak
- Temeka Burnett
- Teresa Miller
- Vincesana Baldino

**THANK YOU TO OUR IN-KIND DONORS!**

- ABC Security Service, Inc.
- A.C.T
- Blue Heron Catering
- Children’s Fairyland
- Kaplan Architects
- Kume Foot Spa & Tea Bar
- Friends of the Gardens at Lake Merritt
- Oakland Public Works
- Organic Bliss Spa
- Southwest Airlines
- Sweet Bar Bakery

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**Special Gifts**

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- Bruce Morosohk
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- Joyce Lamar
- Marcella Reeves
- Nancy Morosohk
- Rene D’Valery
- Shay Black
- Vincenza Baldino
Oakland Starting Smart and Strong Initiative

Family Paths is proud to be part of the Oakland Starting Smart and Strong Initiative, an active collaborative of nonprofits and local government agencies working to improve early care and education in Oakland. This is a ten-year effort focused on creating universal access to high-quality early learning with the goal that every Oakland child starts kindergarten ready to learn, grow, and thrive.

Learn more at http://www.oaklandsmartandstrong.oaklandedfund.org/
Engaging Dads through Fathers Corps

For the past two years, Family Paths’ staff members have participated in the Alameda County Fathers Corps — a county-wide team of male service providers trained to help strengthen families by fostering constructive engagement of fathers in the care and upbringing of their children.

In the training series, participants are learning about the impact that a father has on his child and are given tools that fathers can use to better understand their children’s temperament, personality, and how to best respond to them. They are also learning how to heal and repair broken relationships due to divorce, estrangement, or incarceration. The goal is to learn how to support fathers in moving through their own multi-generational traumas and pain so that they can create a new and healthy relationship with their child—perhaps in a very different way than they themselves experienced.

Family Paths has made it a priority to be involved in the Fathers Corps mission by embracing the ‘Father Friendly Principles’ and making sure that we, as an agency, are being responsible and sensitive providers who are keeping fathers in mind in the work that we do.

Learn more at http://www.first5alameda.org alameda-county-fathers-corps

Family Yoga Project presents at the California Library Association Conference

Family Paths was honored to present our Family Yoga Project at the California Library Association conference on Friday, November 3 in Sacramento. The theme of the panel was how to incorporate play and movement into library programs. Through our collaborations with several branches of the Oakland Public libraries, our bilingual yoga teacher, Misty Finney, received the invitation to demonstrate the healing qualities of yoga when working with children and parents.

We are currently seeking sponsors to expand our yoga program. If you’re interested in supporting our growing program to include more libraries and older age groups via corporate, individual or anonymous sponsorship, please contact Kimberly Cohn, Development Manager, 510 893-9230 X 262. Learn more: http://familypaths.org/what-we-do/yoga-for-parentsfamilies

Rachelle Lopez, Youth Services Librarian, Ontario City Library, with Misty Finney, one of our yoga teachers.

“Estas clases me ayudaron a dar le mas cariño a mis hijos y entenderlos mejor.”

“These classes helped me give more affection to my children and understand them better.”
Special thanks to Debbie Pfisterer, CEO and caterer extraordinaire of Blue Heron Catering of Oakland and The Cannery Café in Hayward, for your champion partnership with Family Paths throughout the year! Your core values, personal touch and excellent catering services have elevated our special events to a whole new level. Thank you, Debbie, Chef Jeff and everyone at BHC for your generous support!

www.blueheroncatering.com

Mission Statement
Family Paths strengthens family relationships by providing mental health treatment and supportive services with respect, integrity, compassion and hope.

Family Support Services
The Parent Support Hotline is staffed 24 hours every day by professional and volunteer counselors to assist parents and caregivers with over-the-phone counseling, crisis intervention, assistance in finding community resources, and referrals to Family Paths’ services.

For more information please call:
24-Hour Parent Support Hotline and Foster Parent Advice Line
1-800-829-3777

Looking ahead…2017 marks our 45th Anniversary
Stay tuned for your invitation to celebrate with us!