



**PARENT EDUCATION CLASSES
JULY 2017—JUNE 2018**

Our Positive Parenting Classes are appropriate for all types of families – *expecting parents, parents of children of all ages, foster and kinship care providers, adoptive parents, LGBT families and others involved in parenting roles. Our curriculum is designed to provide parents with an understanding of parenting skills and knowledge, particularly in the areas of child development, communication, positive parenting practices and self-awareness, while emphasizing the importance of self-care. Our goal is to provide parents with the tools they need to create a healthy, safe, and nurturing environment. **Classes are offered in both English and Spanish and in several locations throughout Alameda County. Free childcare is provided onsite.** Our classes are 12 weeks in length, unless noted otherwise) * **Denotes holiday in Session.***

JULY—SEPTEMBER 2017

				Instructor
July 3-Sep 25*	Mondays	7-9pm	OAKLAND	Chantal Myllymaki
July 11-Sep 26	Tuesdays	7-9pm	SAN LEANDRO	Debora Roca
July 12-Sep 13 (10 week)	Wednesdays	7-9pm	FREMONT-Spanish	Debora Roca

OCTOBER-DECEMBER 2017

Oct 2-Dec 18	Mondays	10am-12pm	OAKLAND	Chantal Myllymaki
Oct 3-Dec 19	Tuesdays	7-9pm	SAN LEANDRO	Debora Roca

JANUARY-MARCH 2018

Jan 9-Feb 13 (6 weeks)	Tuesdays	7-9pm	FREMONT	Debora Roca
Jan 9-Mar 27	Tuesdays	7-9pm	SAN LEANDRO	Chantal Myllymaki
Jan 3-Mar 28	Wednesdays	6:30-8:30pm	OAKLAND– Spanish	Debora Roca

APRIL-JUNE 2018

Apr 2-June 25*	Mondays	7-9pm	OAKLAND	Chantal Myllymaki
Apr 4-June 20	Wednesdays	7-9pm	SAN LEANDRO - Spanish	Debora Roca
Apr 5-May 10 (6 week)	Thursdays	7-9pm	FREMONT	Chantal Myllymaki

TO REGISTER FOR CLASSES, CALL OUR HOTLINE AT 800-829-3777.

Locations will be given at time of registration.