

Foundations of Helping 0 – 5 Year Olds Thrive: A Three Part Series *with Ayumi Kurtz, MFT*

Provided by Family Paths (CEU Provider #62239) in conjunction with Chabot-Las Positas Community College District and Alameda County through Title IV-E Funding.

This workshop is free & open to those who work with children in the foster care system in Alameda County.

Participants are encouraged to attend all three trainings- as the trainings will build upon one another.

Training Description

This 3 part series will provide introductory information in working with children 0 to 5 and their families from a relational perspective and is designed for those interested in gaining familiarity with the foundation and principles of Early Childhood Mental Health with a focus on the practical applications in community and clinical settings. You will gain an understanding in: how early relationships and environment impact development, assessment of relational and developmental needs of young children and families, and mental health issues that could impact young children and families while examining the impacts of culture and diversity. **This training is targeted for providers who are interested or recently began working with children 0-5 years old and their families.**

Training objectives

- 1) Describe the foundation principles of ECMH
- 2) Summarize basics of relational work
- 3) Identify basic developmental milestones and concerns in young children
- 4) Demonstrate basic familiarity with dyadic treatment, including how to be, what to do, and what to focus
- 5) Identify reflective practices
- 6) Discuss cultural influences and impacts on families and clinicians, and
- 7) Increase a sense of competence and confidence in working with young children and families.

Registration is required.

Register at:

<https://www.eventbrite.com/e/foundations-of-helping-0-5-year-olds-thrive-registration-49071133080>

Please include any requests for accommodations for disability.

Breakfast, snacks and lunch provided.

The Trainer

Ayumi Kurtz is a licensed marriage and family therapist and has been working with children and families since 1998. She loves to work with young children and their caregivers from the relational perspective. She is committed and passionate about listening to unheard voices of the vulnerable population. She is endorsed as an Infant-Family Early Childhood Mental Health specialist and Reflective Facilitator II. Ayumi is on the review panel for the CA Center for Infant-Family and Childhood Mental Health. Ayumi also enjoys working as Mental Health Program Director at CAPE, Inc., (Community Association for Preschool Education). Ayumi has also been providing training, consultation, and supervision at non-profit agencies, community colleges and universities around the Bay area.

When

**All training times 9:00 am to 3:00 pm
(With a 1 hour lunch break)**

Part 1 - Friday September 14, 2018

Part 2 - Friday September 28, 2018

Part 3 - Friday October 12, 2018

Where

Family Paths
1727 Martin Luther King Jr. Way
Oakland, CA 94612

CEUs Each training meets the qualifications for 4.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. A one hour lunch and two 15 minute breaks are not included in the total CEU time awarded. CEUs will be awarded in person at the end of the training. Provided by Family Paths, Provider #62239 thru CAMFT CEPA. We will be unable to provide attendees with certificates of completion if more than 15 minutes of course content is missed.

If you have a complaint about the performance of Family Paths staff or instructors, and/or you feel you or someone else has been treated unfairly or discriminated against, you may call 510-893-9230 to file a complaint with the Program Administrator. See Training Grievance Policy for more details.

Course Outline

September 14, 2018: Understanding ECMH

- Introduction
- ECMH
 - ~What is ECMH & ECMH Work
 - ~Why ECMH is important
 - ~What is important in ECMH
 - ~What is unique about ECMH
- Introduction to “Relational work”
- Introduction to “Child Development”
- Practical Application: Starting the work

September 28, 2018: Assessment in ECMH

- Assessment
 - ~What is assessment?
 - ~Assessment components?
 - ~How is information processed?
- Assessment continues (making referrals)
 - ~Medical issues
 - ~Sensory issues
 - ~ASD issues
 - ~Trauma exposure
- Mental Health in young children...?
 - ~ Goal setting
- Practical Application: Clinical Examples

October 12, 2018: Treatment in ECMH

- Treatment
 - ~What do we focus?
 - ~What do we do?
 - ~Relational based strategies
 - ~Challenges
- Introduction to Reflective Practice
- Importance of Self-Care: Building support network
- Practical Application: Clinical Examples

Disability Accommodation Family Paths will make reasonable efforts during the training to accommodate qualified individuals with disabilities and/or medical conditions in accordance/compliance with the State Fair Employment and Housing Act (FEHA), Federal Americans with Disabilities Act (ADA) and applicable statutes. To request an accommodation due to a disability/medical condition during this training, please contact the Clinical Training Coordinator no later than 5 days before the training. The buildings where most of our trainings are conducted are wheelchair accessible and have disabled parking available.

Cancellation Policy We do not charge for our trainings at present and space is limited. **If you cannot attend we ask that you contact us as soon as possible in order to open up that seat to someone else.** If training is cancelled, participants are notified via email no later than one week prior to the training if possible. If a trainer has an emergency and notifies the training department in less than week, those registered for the training are notified as soon as possible. Training registrants are provided the makeup date that is scheduled for the training.

Training Grievance Policy Family Paths is committed to providing a work/learning environment in which all individuals are treated with respect and dignity. A participant of trainings has the right to seek a remedy for a dispute or disagreement through Family Paths policies for filing complaints/grievances for participants. Training participants may use available informal means to have decisions reconsidered before filing a formal complaint/grievance. No retaliation of any kind shall be taken against a participant for filing a complaint/grievance. In an effort to provide the highest quality services to participants in our trainings, you are encouraged to report immediately any concerns regarding your training experience to the Clinical Training Coordinator who will provide the complaint form. All participant complaints/grievances should be in writing (which may be in your own language) to the Clinical Training Coordinator, Family Paths, 1727 Martin Luther King Jr. Way, Suite #109 Oakland, CA 94612 or by email to Trainings@familypaths.org. Once a complaint or grievance has been submitted, you can expect a response no later than ten (10) business days. Upon receipt the Clinical Training Coordinator will conduct a formal review of the complaint/grievance and will attempt a timely resolution, taking appropriate corrective action if warranted by the investigation. If no resolution is forthcoming, or the problem is not satisfactorily resolved, the participant may direct any complaint/grievance to the Program Administrator, Family Paths/Clinical Director.

If you have a complaint about the performance of Family Paths staff or instructors, and/or you feel you or someone else has been treated unfairly or discriminated against, you may call 510-893-9230 to file a complaint with the Program Administrator. See Training Grievance Policy for more details.