



## We need your help!

Help prevent child abuse and strengthen families. Become a .....

# Volunteer Parent Support Counselor

Family Paths' mission is to *strengthen family relationships by providing mental health and supportive services with respect, integrity, compassion and hope*. We are currently recruiting **Volunteers for our Parent Support Hotline** to help us continue to fulfill our mission.

Last year, with the help of hotline volunteers, we assisted over 5000 families with counseling support, parenting tips and strategies, information and referrals to needed community resources, and referrals to Family Paths' mental health services.

This is a rewarding volunteer opportunity for:

- ✓ **Students** (in the counseling, social work and other human service fields) who want to gain valuable work experience.
- ✓ **Mothers/Fathers/Caregivers** who want to support other parents/caregivers.
- ✓ **Retirees** who want to share their life experience & skills.
- ✓ **Others** who want to make a difference in the lives of parents and families.



***Bilingual and experience working with parents and families a plus, but not required.***

Our 24-hour Parent Support & Resource Hotline provides free and confidential counseling, information and referrals to anyone in need of parenting support.

**All our Volunteer Parent Support Counselors receive 30+ hours of training.**

If you are interested in this volunteer opportunity, please contact **Chantal Myllymaki** at 510-893-9230 ext. 278 or [cmyllymaki@familypaths.org](mailto:cmyllymaki@familypaths.org) for information about how to get started.