

Family Paths



ANNUAL REPORT 2018

Dear Friends of Family Paths,


During this time of national and regional tragedy and trauma, we continue to see a rise in stress in our local community. Do you know that 50% of all lifetime cases of mental illness begin by the age of 14? Or in the U.S., a report of child abuse is made every 10 seconds? Our mission, to strengthen families by providing mental health and supportive services with respect, integrity, compassion and hope, addresses both of these crises.

Our programs are designed to help children, youth and caregivers heal wounds, identify strengths, learn new skills, and connect to vital resources. Our evidence-based/evidence-informed services, as well as innovative practices, address the critical mental health and parenting needs in Alameda County.

In order to meet these growing needs, we are fostering new collaborations with community partners, implementing groundbreaking father-specific services, strengthening our Family Partner integration, and increasing our community visibility. We are also continuing to build a strong trauma-informed agency in order to recruit and retain the most talented, dedicated, culturally diverse staff in the County.

I invite you to scroll down to read our full Annual Report (financials, supporter lists, more program highlights), and join me in being inspired by the impact that your support makes in the lives of others!

~ Barbra Silver, Executive Director



"Family Paths is always a great support to our family. Without your help we would not survive!"

WHO WE SERVE

THANKS TO YOU AND YOUR SUPPORT



FEMALES	64%
MALES	35.5%
TRANSGENDER	.5%

14%	CLIENTS AGE 0-7
37%	CLIENTS AGE 8-21
49%	CLIENTS AGE 21+



OAKLAND	44%
HAYWARD	21%
TRI-CITY	14%
SAN LEANDRO	5%
OTHER ALAMEDA COUNTY	13%
OUTSIDE ALAMEDA COUNTY	3%



CLIENTS BY PROGRAM

Families in Transition/Early Childhood Mental Health
366

CalWORKs	Parent Education	Head Start
75	305	73

Treatment, Intervention & Prevention Services
134

POSITIVE IMPACT BY THE NUMBERS



"FAMILY PATHS IS LEADING MY FAMILY ON A JOURNEY TOGETHER. WE'VE NEEDED SO MUCH HELP, AND IT'S BEEN SUCH A COMFORT HAVING OUR THERAPIST THROUGH OUR HEALING."

929 UNDUPLICATED CLIENTS SERVED

85% of youth have learned ways to calm down when they get upset.



83% of parents/caregivers have a better relationship with their child.

83% of parents/caregivers saw an improvement in their child's behavior.

6,100+

CALLS FIELDIED BY OUR FREE & ANONYMOUS 24-HOUR PARENT SUPPORT & RESOURCE HOTLINE.

1-800-829-3777



1000+ calls from Spanish speakers



50 FREE/LOW FEE PARENT YOGA CLASSES

25 FAMILIES HELPED BY OUR FAMILY PARTNER



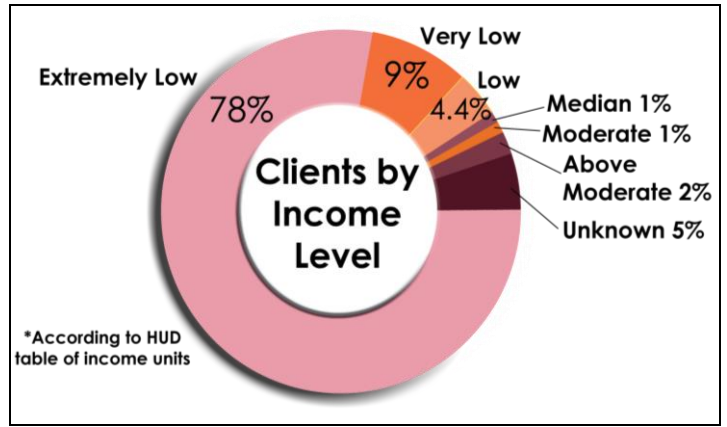
59 trainings given to staff & community

181 training hours **873** participants

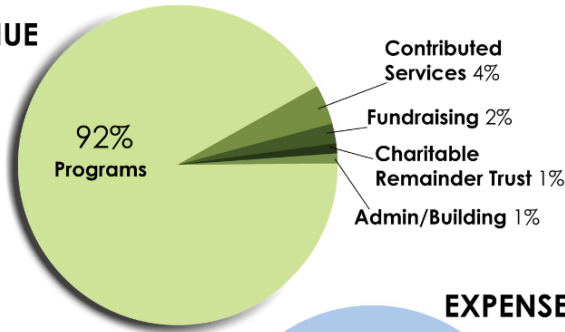
2017-2018 OVERVIEW

Revenue & Expenses

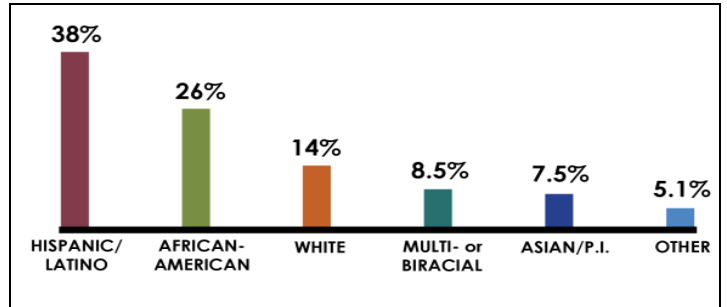
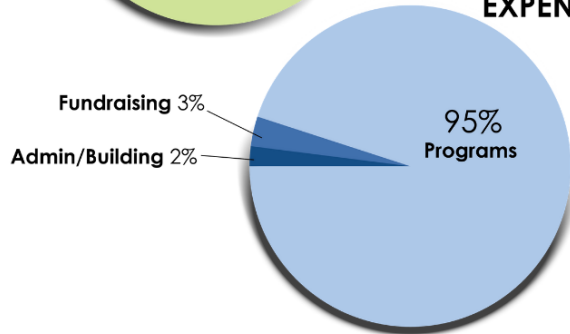
Program revenue includes city and county government contracts, VOC income, restricted grants, parent education & yoga income.



REVENUE



EXPENSES



WOMEN'S LEADERSHIP LUNCHEON 2018

Held Friday, September 21 at Oakland's Preservation Park, WLL 2018 welcomed more than 100 attendees to hear from Emcee CJ Hirschfield of Children's Fairyland and Keynote Speaker Piper Payne, Chief Mastering Engineer. Piper's keynote "Quality and Equality in Oakland's Evolving Music Ecosystem," shed light on social justice issues within the larger music industry. Her Oakland-based companies, Neato Mastering and Second Line Vinyl, are innovating change to improve conditions for women, artists and communities. Special thanks to all sponsors, in-kind donors and special musical guests Kendra McKinley, Oakland School for the Arts' Vocal Rush and MaJo. The event netted over \$13,000 in unrestricted funds.

REVENUE & SUPPORT	2017-2018
Contract Revenue	\$5,350,431
Program Revenue	\$79,427
Grants Revenue	\$61,610
Donations & Fundraising	\$61,757
In-Kind Service Revenue	\$263,251
Building Revenue	\$44,682
Charitable Remainder Trust	\$82,293
TOTAL REVENUE	\$5,943,451
EXPENSES	
Salaries & Benefits	\$4,630,034
Operating Expenses	\$1,002,339
Building Operations	\$145,388
TOTAL ORDINARY EXPENSES	\$5,777,761
CHANGE IN NET ASSETS	\$165,690
Net Assets at Beginning of Year	\$2,700,136
NET ASSETS AT END OF PERIOD	\$2,865,826

THANK YOU TO OUR DONORS & PARTNERS!

DIAMOND \$15,000-\$30,000

Greater Good Science Center ~ Learning By Giving Foundation

GOLD \$5,000-\$4,999

Bernard E. & Alba Witkin Charitable Foundation ~ First Foundation Bank ~ Ruth Arnhold Endowment Fund at the East Bay Community Foundation ~ Supervisor Richard Valle, Alameda County District 2

SILVER \$1,000-4,999

Bergen Chilcott Family Foundation ~ Bridge Bank ~ City Center Commercial ~ Drew & Jaimi Haydel ~ Evangeline Brown ~ Heidi Giordano & Elena Ortiz ~ Kaiser Permanente Lisa Valles ~ Martha Winnacker ~ Melissa Zucker ~ Scott Sanders ~ Wells Fargo Foundation

BRONZE \$400-\$999

ABC Security Services, Inc. ~ Alex Poulsen ~ Cynthia & Michael Attiyeh ~ David Madson ~ Denise Bradley-Tyson ~ Diana Paque & Ralph Sklar ~ Diana & Mitch Shiver ~ Heidi Queen ~ Eliza Khuner & Harry Kao ~ Emily Loeb ~ Ilene Levinson ~ Janet & Jim Van Huysse ~ Lyman Hollins ~ Mowat Mackie & Anderson LLP ~ Patricia Mann - The Mann Family Trust ~ Ronald C. Wornick Jewish Day School ~ Sarah Tolson Kim ~ Stephen & Sandra Janachowski ~ Steven Mack & LaToya Bradford ~ Ted Frey & Anne Spanier

FRIENDS OF FAMILY PATHS \$250-\$499

Amy Tharpe ~ Arnold Mammarella ~ Barbara West ~ Barry Rosen ~ Carla & Michael Foster ~ Chris & Roberta Lewis ~ Cole Kinney ~ David Stein & CJ Hirschfield ~ Destiny Drake DonateWell ~ Elizabeth Bremer ~ Ellen Auriti ~ Era Art Bar and Lounge ~ Everett & Catherine Moran ~ Jim Appel ~ John & Mary Reaugh ~ Kruti Patel ~ Molly Lorenz ~ Monica Burneikis & R. Zane Howard ~ Rollington Ferguson ~ Shannon Hackley ~ Shay Black & Erica Pagels ~ Steven Lovell & Dara Youngdale ~ Victor Silverman

GIFTS IN MEMORY OF

Benny Peter Jackson ~ Elma Desuyo ~ Gary Olshansky
Karen Pico ~ Kevin Irion ~ Lavondia Cleaver ~ Louise Levoy ~ Marcella Reeves ~ Pat & Gina Mallahan

GIFTS IN HONOR OF

Amy Wade ~ Annie Zinn ~ Barbra Silver ~ Carol Davis ~ Cliff Robinson ~ Denise Bradley-Tyson ~ Griffin Thona ~ Lewis Bremer & his family ~ Martha Winnacker ~ Nancy Morosohk ~ Parents of Erica Pagels ~ Phyllis & Scott Lorenz ~ Sarah Kim ~ Shay Black ~ Tanya Holland

GOVERNMENT FUNDERS & COMMUNITY PARTNERS

Alameda County Behavioral Health Care ~ Alameda County Social Services Agency ~ Chabot-Las Positas Community College District ~ City of Fremont ~ County of Alameda, District 2 Supervisor Richard Valle ~ Oakland Fund for Children and Youth ~ Oakland Head Start

EAH Housing ~ East Oakland Youth Development Center ~ First 5 Alameda County ~ Fremont Unified School District ~ Project Access Resource Centers ~ YMCA East Bay

HEARTFELT THANKS TO OUR INTERNS, VOLUNTEERS & IN-KIND DONORS

INTERNS

Aidan Pelly	Laura Grossman
Anna Hirsch	Leesha Mony
Bari Johnson-Glass	Meridith-Anne Baldwin
Gabriela Zuloaga	Mia Turner
Kim San Gabriel	Teague Craig
Kiona Medina	

VOLUNTEERS

Ashley Esquivel	Michelle Hartley
Aidan Merris	Nubia Flores
Anna Sukhovnin	Patricia Warfield
April Garcia	Patsy Soto
Cynthia Hollins	Shifra de Benedictus-Kessner
Holly Cooper	Shirley Avida
Katrina Mautner	Sui Yip
Kristina Abella	Treva Reid
Laurie Misra	Ursula McClure
Marie Corwin	Vanessa Hernandez
Marisa Gordon	Walter McGee

OUR IN-KIND DONORS

Alanna Rayford • Battaglini Estate Winery • Blue Heron Catering • Brother & Sisters Flower Shop • Brown Sugar Kitchen • Cathy Barragan • Children's Fairyland • Curry Up Now • Drew and Jaimi Haydel • Era Art Bar and Lounge • gina Breedlove • GlamSity Beauty Bar • Hopscotch • James Baker • Jennifer Johns • Kev Choice • Manifesta Salon • Minuteman Press • Nice Design • Ocho Candy • Reenie Raschke Photography • Tanya Holland • Tesser Call • Torpedo Sushi • Victor Harris • Yoshi's

PROGRAM HIGHLIGHTS

SUPPORTING FATHERS & FAMILIES



Thanks to the Greater Good Science Center for a \$50,000 grant to fund our new program, Fatherhood & Co-Parenting: Beyond Conflict. Family Paths' proposal was one of 16 chosen from over 200 international submissions. Program Manager, Julianne Rositas, and Clinical Director, Misa Trotman, now attend GGSC convenings with other developing innovative programs nationally and abroad. These meetings focus on providing grantees expert guidance from scientific advisors toward successful development and implementation of research-based programs that benefit the communities we serve. We are currently in the process of hiring a Fatherhood Specialist / Parent Educator to facilitate classes for our exciting new program that begins in spring 2019.

RECOGNITION & IMPACT



Family Paths' Finding Peace Within group is the recipient of the Alameda County Mental Health Advisory Board's 2018 Community Service Award in the Promising Innovative Program category. Longtime clinicians, Amy Attiyeh, MFT (left), and Phyllis Lorenz, MFT, co-founders and facilitators of Finding Peace Within, our skills group for women who have experienced trauma, have led this group for over a decade and served more than 200 women who are committed to getting the skills they need to heal and thrive.

DEDICATION TO SUPPORTING FAMILIES



In 2017, Veronica Cabrera (left with Program Manager Kimberly Porter-Leite) was promoted to be our new Family Partner, and in the first year of this service at Family Paths, she has supported 25 families, 17 of which are primarily Spanish speaking. Family Partners promote partnerships between families, mental health providers, health care providers and school personnel, and provide advocacy, support, and help with a variety of needs such as housing, immigration issues and IEP's (Individualized Education Plans). Veronica brings the perspective of a fellow parent while respecting the unique culture and history of each family and the integrity of the individual family's needs in the care and support of their child.

In a recent case, Veronica was asked by a mother if she could accompany her to an immigration court hearing where the mother was at risk of being deported. The family had decided that the father should stay with the children outside the courtroom to avoid the possible trauma of seeing their mother taken away, but this left the mother alone to face the judge with no support other than her lawyer. The mother was so grateful that Veronica could go with her in this tremendous moment of need. To the relief of the mother and her family, she got an extension to stay until 2020.

“We are eternally grateful for your support and guidance which has helped us tremendously through the stressful moments.” ~ Family Partner client