ONLINE – PARENT EDUCATION &
FATHERHOOD & CO-PARENTING CLASS SCHEDULE
JULY 2023 – JUNE 2024

Our Positive Parenting Classes are appropriate for all types of parents with children of all ages – *mothers, fathers, expecting parents, foster and kinship care providers, adoptive parents, LGBTQ+ families* and *others involved in parenting roles*. Our curriculum is strength-based and is grounded in the protective factors for building strong families. It is designed to provide parents with an understanding of parenting skills and knowledge, particularly in the areas of child development, communication, positive parenting practices and self-awareness, while emphasizing the importance of self-care and parental resilience. *Classes are provided ONLINE VIA ZOOM in both English and Spanish. Serving Alameda County & beyond.*

TO REGISTER FOR CLASSES, PLEASE CALL OUR HELPLINE @ 1-800-829-3777

(Visit our website for more information about our programs and services – www.familypaths.org)

JULY 2023 – SEPTEMBER 2023				*Instructor*
July 6 – Sept 21	Thursdays	6:30pm – 8:30pm	12-Week	**Tamela Lloyd-Carraway**
July 26 – Sept 27	Wednesdays	6:30pm – 8:30pm	10-Week *(Spanish)*	**Tamara Centeno**
Aug 8 – Sept 12	Tuesdays	6:30pm – 8:30pm	6-Week	**Michael Lewis**

OCTOBER 2023 – DECEMBER 2023				
Oct 3 – Dec 19	Tuesdays	6:30pm – 8:30pm	12-Week	**Tamela Lloyd-Carraway**
Oct 16 – Nov 20 *(Spanish)*	Mondays	6:30pm – 8:30pm	6-Week *(Fatherhood & Co-parenting)*	**Juan Cuba**

JANUARY 2024 – MARCH 2024				
Jan 10 – March 13	Wednesdays	6:30pm – 8:30pm	10-Week	**Tamela Lloyd-Carraway**
Jan 9 – March 26	Tuesdays	6:30pm – 8:30pm	12-Week *(Spanish)*	**Tamara Centeno**

APRIL 2024 – JUNE 2024				
April 9 – June 25	Tuesdays	6:30pm – 8:30pm	12-Week	**Tamela Lloyd-Carraway**
April 17 – June 19	Wednesdays	6:30pm – 8:30pm	10-Week	**Juli Rositas**
May 6 – June 17 *(Memorial Day, 5/27)*	Mondays	6:30pm – 8:30pm	6-Week *(Spanish)*	**Tamara Centeno**
May 21 – June 25	Tuesdays	6:30pm – 8:30pm	6-Week *(Fatherhood & Co-parenting)*	**Michael Lewis**

FEES ARE ON A SLIDING SCALE – FREE FOR ALAMEDA COUNTY RESIDENTS WHO QUALIFY